

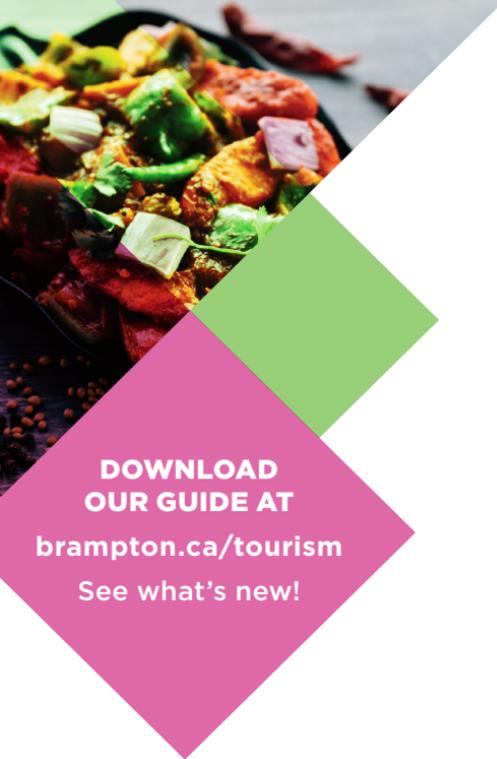


A LOCAL
GUIDE
TO A
WORLD OF
FLAVOURS

- BRAMPTON'S
BEST BITES
- CELEBRITY
RECOMMENDATIONS
- CHEF'S FAVOURITES
- GLOBAL GOURMET
- HIDDEN GEMS

BRAMPTON
FOOD GUIDE

GLOBALLY INSPIRED AND LOCALLY ROOTED,
TOUR THE TASTES OF THE WORLD IN OUR CITY.



Tour the Tastes of the World in Our City

Brampton is home to Canada's ninth largest population featuring a vibrant and multi-cultural community. It comes as no surprise then that this diversity is reflected in the cuisines available throughout the City.

Brampton's diverse multicultural population is proud to share their unique tastes from around the globe. Not only are there many local hidden gems that focus on delivering the tastes of home, there is also a significant number of young talented chefs, drawing on their cultural roots to create innovative dishes.

Many first generation Canadians grew up with home-cooked meals as parents longed for tastes of back home, alongside the new flavours that could be found all around them. The flavours of these two palates is something up and coming chefs have drawn inspiration from and is present in the incredible fusion dishes available within the city.

Brampton residents certainly enjoy the abundance of diverse foods served in the city and we hope you enjoy these offerings too.

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OUR GUIDE AT**

brampton.ca/tourism

See what's new!

CITY OF BRAMPTON STRATEGIC COMMUNICATIONS, CULTURE AND EVENTS

2 Wellington St. W.
Brampton, ON L6Y 4R2
brampton.ca/tourism

VISITOR INQUIRIES

905.874.3601
tourism@brampton.ca

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Alternative formats available by request.

ON THE COVER

Cover

Thinusha Restaurant/Joel Din

WELCOME

Message from the Mayor

On behalf of Brampton City Council, welcome to our city!

Food unites us all. As one of Canada's most diverse cities, Brampton offers a unique culinary experience rich in authentic taste with flavours from around the globe. Here you will be able to explore an international cuisine, while supporting independent businesses.

From local farmers' markets and family-owned businesses with recipes passed down through generations, to young entrepreneurs experimenting and perfecting their fusion dishes, there is something to satisfy everyone's palate in the city.

I invite you to experience our culinary offerings. I know that you will have a tasty time in our beautiful city.

Thank you,



PATRICK BROWN
Mayor, City of Brampton

**Please check City website www.brampton.ca for the latest safety measures during the COVID-19 pandemic.*





FOOD TOUR

SURESH DOSS

Food and Drink Writer,
Producer and Director

Brampton's downtown food scene continues to evolve at breakneck pace, with exciting new food entrepreneurs serving delicious tastes of the world in tiny settings. In one walkable tour, you can sample the best of what Brampton has to offer - global tastes from vibrant personalities.
@Suresh

Downtown Brampton

LA FAVORITA

A small convenience and snack store with big spirit. Step in and you will immediately feel transported to Latin America, from the aisles stocked with classic Latin pantry staples, to the prepared foods and sauces in the fridges. This is the kind of place that presents new discoveries with each visit. Stop in for empanadas—the owners curate up to five styles from all over Latin America! Try them with the house made hot sauce.

18 Queen St. W.
finderschoice.com/lafavorita
905.460.1346

SEGOVIA COFFEE

This independently owned café is at the heart of coffee culture in Brampton. Run by a Nicaraguan family, Arabica beans are sourced from the Segovia-Matagalpa mountains, where the unique climate and soil conditions give the coffee a distinct chocolate note. Pair your brew of choice with any of the house treats, from brigadeiros (bonbons) to alfajores (dulce de leche cookies).

46 Main St. N.
segoviacoffee.ca
905.456.3131 / @segoviacoffee

DAS BREZEL HAUS

Imagine a bakery dedicated entirely to making a variety of gourmet pretzels. Expect just that at this tiny blink-and-

miss-it spot where you'll find a menu of savory and sweet pretzels. Purists will love the classic pretzel with salt, but if you're feeling adventurous, I recommend the Philly soft style, topped with cinnamon sugar and rock salt. The pretzel bites are also very good.

25 Main St. N.
dasbrezelhaus.com
647.273.1498 / @dasbrezelhaus

QUEEN GYPSY

This bohemian themed restaurant has quickly become an institution in the City. What started off as a stand at the Farmers' Market is now a restaurant, where locals go for a taste of Eastern European cooking paired with a well thought-out craft drink selection. The laid back boho vibes set the tone for classic home-style cooking and warm service.

10 Main St. S.
queengypsybrampton.ca
905.457.2001 / @queen.gypsee

LITTLE SHOP OF ICE CREAM

Some of the best cool treats in Brampton can be found at this tiny hole-in-the-wall food stand located in Garden Square. A rotating menu of ice cream flavours rotate monthly. Don't be fooled by the menu, Little Shop is widely praised for their grilled cheese menu.

Try the jalapeño sandwich.
1 Theatre Lane
facebook.com/littleshopoficecream
905.454.0101 / @littleshopbrampton

It is widely recognized that Brampton is one of the most multicultural cities in Canada. Take a drive down Kennedy Road and you'll see this firsthand, as strip malls host thriving independent businesses run by immigrant communities. If there is one road you need to eat through to get a real taste of Brampton's bustling food scene, this is it.

Kennedy Road

VINAYAGAR VILAS

Brampton is home to a sizable Sri Lankan community, so you'll see a few Tamil restaurants on Kennedy Road. This is where locals go for a taste of vegetarian and vegan cooking. There's no shortage of things to try from short eats (stuffed fritters), vegetarian curries and even home-style string hoppers.

85 Kennedy Rd. S. Unit 31
vinayagarvilas.webstarts.com
905.796.2411

CHE THUY NGA

In this small family-run plaza spot, you'll find some of the best Vietnamese banh mi sandwiches outside of South East Asia. French style baguettes are used, with all the stuffings made in house, from the cured meats to the pickled vegetables. The husband-and-wife team also make an assortment of Vietnamese rice-based desserts.

143 Clarence St. Unit 7
905.451.8080 / @chethuynghanhmi

YARL DOSA CORNER

One of Brampton's long standing restaurants, Yarl is a staple amongst locals seeking South Indian cooking. This vegetarian place specializes in dosas, rice

Suresh Doss is a food, drink, travel writer based out of Toronto. His essays on food and drink can be found through a variety of radio, print and online channels for the last 19 years. Suresh is the food guide for CBC Toronto Metro Morning, where he highlights various places to eat throughout the GTA and beyond. He regularly runs food tours throughout the GTA, aimed at highlighting multicultural suburban pockets.



BRAMPTON EATS

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FOOD TOUR

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crepes crisped on a large griddle and served with an assortment of veggie dips and chutneys.

83 Kennedy Rd. S.
yarl dosa.com
905.455.4473 / @yarl dosa

PEPPER SHACK

This is a must stop for a taste of home-style Caribbean cooking, from jerk chicken to pepper shrimp. Run by a husband and wife team, look for daily specials like crawfish cooked in spices, or jerked fish. The sides are not to be missed. Limited seating so it's best for takeout.

143 Clarence St. Unit 14
mypeppershack.ca
905.216.9468 / @pepper_shack

VILLAGE OF INDIA SWEETS

You can't crawl through Brampton without visiting a Desi sweet shop. This one is my favourite, a crowd pleaser known for an assortment of milk and sugar based treats. The selection can be overwhelming but you'll find the staff very helpful. Order an assorted box and enjoy it with some hot chai.

114 Kennedy Rd. S.
villageofindia.ca
905.450.3333 / @thevillageofindia



FOOD TOUR

EDEN HAGOS

Founder **BLACK FOODIE**

Brampton is packed with so many African and Caribbean gems. I find that many of the restaurants here offer home style food and menu items that are difficult to find elsewhere — it's almost as if I've stepped into a grandmother's kitchen bursting with mouth-watering aromas. I love that I'm always welcomed like family. It's truly an experience that makes you feel like you've stepped into another world. If you want the best puff puff, porridge or jerk, a trip to Brampton is a must!

@edenthefoodie @blackfoodie.co

BLACK FOODIE Guide to Brampton

SOUPERLICIOUS

If you're craving a hearty bowl of soup, head over to Souperlicious, an efficient shop serving Caribbean staples like corn soup and cow foot soup with pumpkin and spinners — small cylindrical dumplings that spin around in soup broth as they cook. Pro tip: swing by on Saturday to pick up an order of conch soup. 380 Bovaird Dr. E.

905.840.3197 / @souperlicioushq



XAYMACA RESTAURANT

Move over jerk chicken, Jamaican seafood has more than enough to offer! To fill up on the Island's pescatarian offerings, visit Xaymaca Restaurant, a family-owned business that features items like brown stew salmon — a rich dish with complex layers of flavour, red snapper served with escovitch — a tangy medley of pickled vegetables and spicy pepper shrimp.

30 Kennedy Rd. S.
xaymacarestaurant.com
905.874.8128 / @xaymacarestaurant

RD'S SOUTHERN BBQ 1

Brampton's best-kept secret is RD's Southern BBQ, also known Creole Bucanier. It's one of the few Southern spots in Ontario that serves jambalaya, gumbo, and shrimp po' boys done right. Whatever you order, add a to-go cup of sweet tea to your feast for a true taste of the South.

71 Rosedale Ave. W. Unit 5
rdsbbq.com
905.670.2255 / @rdsbbq



KEJJIS

For those seeking a true taste of Nigeria, comfort can be found at Kejjis. This busy restaurant serves up traditional dishes like efo riro, a savoury vegetable stew and smoky jollof rice but are best known for their flaky meat pies (filled with beef, chicken, or veggies) that sell out almost every day.

5 McMurphy Ave. N. Unit 8
kejjis.com
905.874.8444 / @kejjis

FOOD TOUR



BRAMPTON EATS

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MJ'S BBQ & SUYA 2

MJ's BBQ is a great spot for suya, one of the essential Nigerian foods you must try before you die. A grilled street food consisting of beef cubes marinated in a blend of peanuts, chilli peppers, ginger and spices, suya hits the spot in every way. If you're really hungry, order it with a side of jollof.

361 Parkhurst Sq. Unit 5
mjsbbqandsuya.com
905.494.1003 / @mjsbbqandsuya



DON'S CARIBBEAN JERK

Don's Caribbean Jerk is known throughout Brampton for big flavours and filling dishes. All of their spices and ingredients like scallions, pimento and scotch bonnet peppers are sourced directly from Jamaica, so order their home style jerk dinner and then treat your sweet tooth to their coconut drops, peanut cake or sweet potato pudding.

3078 Mayfield Rd. Unit 17
905.970.1717 / @donscaribbeanjerk

CARIBBEAN MARKET 3

True foodies know that the strongest relationship you should have is with your local grocer. If you're into diving into West African cuisine, get friendly with 3m's Grocery Store. Here you can find ingredients like custard powder, fufu, and palm oil as well as the sublime agege bread, a loaf of cloud-like goodness that'll make anyone's day.

5 McMurphy Ave. N. Unit 7
3ms.african.caribbean.
market.business.site
905.455.4500 / @the3msafricanmarket

JUNIOR'S JAMAICAN JOINT

For a crash course in Jamaican essentials, try Junior's Jamaican Joint. Not only do they serve traditional drinks like peanut punch and Irish Moss, a condensed milk drink made with seaweed, their menu also features ackee and saltfish (Jamaica's national dish!) and delicious BBQ fried chicken. Feeling adventurous? Go for the Mannish Water, a rich goat meat soup.

333 Fairhill Ave.
jrsjamaicanjoint.com
905.495.6617 / @juniorsjamaicanjoint

FOOD
TOURKIEFER
NAZARETH

Founder Mr. Social Eats

I LOVE burgers to a point that I might just be obsessed! A burger is a well-balanced meal with a variety of flavour and I am proud to say that the restaurants in Brampton do it well. As an influencer in the hospitality industry, my eyes are always searching for 'The Best'. Here are my top burger joints in the city.

Brampton Burger Tour



THE BURGER BROS

This is my go-to spot! They not only make great beef burgers and chicken sandwiches but now they've added seafood to the mix too. They have burgers that are so juicy that your reaction to taking one bite...is to take another. Quality ingredients, grilled to perfection and served with a smile. Absolutely delicious. They are the essence of a great burger!

73 George St. S.

theburgerbros.ca

905.216.3663 / @theburgerbros.ca



GLADIATOR BURGER

A new burger joint who knows what they are doing. Every time I step foot into Gladiator Burger I am overwhelmed by the monstrous burgers they make. They are serving some of

the most delicious and gourmet burgers in the City. Constantly adding new and mouth watering items to the menu.

16 Lisa St.

gladiatorburger.ca

905.216.0666 / @gladiatorburger

THE WORKS

Trendy, creative and just an explosion of flavour in every bite. The Works amazes me with the creativity and the combination of flavours they use in their burgers. Your first reaction... 'WOW' every single time. The perfect spot to take a date, catch up with friends or bring the family to enjoy a night out. Re-created. Re-imagined. Re-crafted.

8 Queen St. E.

worksburger.com

905.456.1200 / @theworks_brampton

THE BRISKIT 1

A hidden gem that will blow you away and have you dreaming about their food constantly. Although they mostly serve sandwiches, I felt like they needed to be included because they are truly underrated! They make every item with love and care and you can really taste it in their food. Gourmet slow-cooked sandwiches (GSCS) that you need to try!

160 Wilkinson Rd.

thebriskit.com

905.455.9444 / @briskitgscs

Why Kiefer loves eating in Brampton:

Growing up in Brampton, I've had the opportunity to eat at many restaurants within the city. As a food influencer, the one thing I can say is that I love eating in Brampton because of the diversity. I have had the opportunity of tasting flavours from all over the world without stepping out of my city!

@mrsocialeats



HOLY SHAKES

Gourmet Fusion Milkshakes. There is no place like Holy Shakes in the City. For someone with a pretty big sweet tooth, they satisfy all my cravings. With over 60 different menu items, they have me coming back over and over again so I can try them all. From gourmet fusion milkshakes to freak shakes to cookie dough jars... they will have you addicted.

10 Gillingham Dr. Unit 113

holyshakes.ca

905.497.8573 / @holyshakesontario

TONINO'S PIZZERIA
AND PANINI

Authentic Italian food. Tonino's fresh ingredients, professional staff and spectacular customer service make you feel like you are part of the family, being served mouth-watering Italian classics.

10088 McLaughlin Rd.

toninospizza.ca

905.495.7737 / @toninospizzeria

J. RED & CO. 2

Contemporary pizza, pasta and so much more! J. Red & Co. is easily my favourite date spot in the city. Drool-worthy food, delicious drinks and delightful entertainment. Dining at J. Red is a fancy experience, always impressed with their food and service. I literally have not had one thing I did not like on their menu. Big shout out to their Cauliflower Bites!

341 Main St. N.

jredandco.com

905.866.5733 / @jredandco



FOOD FIGHT BBQ BAR

At Food Fight BBQ, they specialize in authentic slow smoked BBQ with a Toronto twist! Brisket, ribs, poutines and ridiculous burgers - they always bring the heat, go by to join the fight!

100 Maritime Ontario Blvd.

foodfightbbq.com

905.799.5959 / @foodfightbbq



ANDRIA BARRETT

President, Canadian Black Chamber of Commerce and Nutritionist

Why Andria loves eating in Brampton: I'm all about food. As a nutritionist, I love experimenting with ingredients and flavours and introducing new foods to my clients. You can find just about every type of ingredient and spice in the city of Brampton. The food scene in Brampton is very diverse and delicious. Here's a list of some of my favourite places.

@TheAndriaBarrett



TINNEL'S 1

When I need a patty, this is where you can find me. They have chicken, beef and vegetable patties spiced just right. Paired with a large salad and I'm good to go. The patties are comprised of an exclusive mixture including fresh herbs, spices and the famous spicy Scotch Bonnet peppers. They also offer jerk chicken, oxtail and curried goat meals.

53 Kennedy Rd. N.

tinnelsspatties.com

905.454.8882 / @tinnelsspatties

ONYXX SPORTS BAR & GRILL

Here, it's all about the portions and they have the BEST wings in the City. Dragon stout BBQ wings are my favourite. This locally owned restaurant is a little bit Caribbean and a little bit bar food. Great place to watch the basketball playoffs too.

70 Maritime Ontario Blvd. Unit 79

onyxxsportsbar.com

905.458.6699 / @onyxxsportsbar

NINE18

The food is great, the price is good and they have great ambiance. Restaurant NINE18 is complete with a wraparound, covered, heated terrace overlooking the luxurious Turnberry Golf Club, with a full service bar and lounge and landscaped garden terrace tent that was voted best patio in Brampton. Whether you are looking for a quick bite, an evening out or dessert and coffee by the fireplace, NINE18 is the perfect spot!

10100 Heart Lake Rd.

nine18.ca

905.500.0918 / @nine18restaurant

DANFORTH FOOD MARKET

This is THE place to shop for groceries from the Caribbean. King fish, breadfruit, plantain, thyme, yellow yam and all the spices to remind you of being in the Islands. Danforth Food Market stocks a wide variety of Caribbean, Barbadian, Jamaican, Trinidadian and Guyanese food as well as food from other Caribbean islands.

144 Kennedy Rd. S.

danforthfoodmarket.com

289.298.0399 / @danforth_food_market

KIRAN RAI

Actor and Creative Director

Why Kiran loves eating in Brampton:

Every time you step into the city, it's a chance to explore any cuisine from around the world. What makes Brampton even more special is fusion food, mixing cultural dishes together - creating an entirely new experience.

@kay__ray

2



NEW CHINA GARDEN

The vegetarian manchurian is so delicious - you won't want to put it down. Add that with chilli paneer and it is the perfect place to try Hakka food. They specialize in Indian Style Hakka Chinese Cuisine and have been serving the community for over 10 years. Their cooks prepare dishes that are guaranteed to intrigue your taste buds. They pride themselves with exceptional service and excellent presentation.

200 County Court Blvd. Units 8-9

newchinagarden.ca

905.796.7988

ALIMA'S ROTI AND PASTRY 2

I LOVE their doubles - it's the right amount of sweet and spicy. A great place to try authentic Caribbean food. Alima's is a favourite destination for people in the Greater Toronto Area, and way beyond, who appreciate authentic Caribbean Roti and Pastry. They are a take-out service, offering Roti Wraps,

Parathas, Dhalpuris and an impressive array of Guyanese and Trinidadian pastries and traditional loaf breads.

13 Kenview Blvd.

alimas.ca

905.791.7684 / @alimasrotiandpastry

KHALSA PIZZA

Khalsa has the BEST veggie pepperoni pizza I've ever had! They have vegan options as well. It is a family owned business established in 2008.

470 Chrysler Dr.

khalsapizza.com

905.799.1800 / @khalsapizza

ANTICA OSTERIA

If you're looking for a great dine-in experience, this hidden gem is the perfect spot for a date night. There are lots of seafood pastas and Italian classics like Osso Bucco.

3088 Mayfield Rd.

anticaosteria.ca

905.495.5555 / @anticaosteriarestaurant



JASON ROSSO

Chef and Owner J. Red & Co.

Why Chef Jason loves eating in Brampton:

I've been fortunate enough to travel to many places in the world, and without fail I always say the food of this cuisine is better in Brampton. We are fortunate to have so many authentic world cuisines.

@jredandco



KING TANDOORI

Known for grilled fish and succulent tandoori meats, King Tandoori is one of Brampton's most popular restaurants. The family owned franchise has two locations in the City. Everything is made-to order using imaginative recipes and the chef's years of culinary experience in Chandigarhand Punjab.

107 Kennedy Rd. S.
270 Rutherford Rd. S.

kingtandoori.com

905.463.2000 /

@kingtandooribarangrill

TOSHI SUSHI 1

This authentic Japanese restaurant located in Brampton is widely known for its famous homestyle teriyaki and generous servings of sushi.

107 Gillingham Dr. Unit 107

toshi.ca

905.451.1428



THINUSHA

This simple eatery serving Sri Lankan cuisine draws long takeout lines filled with those craving heat and flavour. Sri Lanka was a trading port for the Dutch, Malay and Arab populations, thus its cuisine integrates roasted spices and coconut milk with non-native ingredients. It's also known for sweet relishes, pickles, bitter melon and heavily spiced, thinner curries.

107 Kennedy Rd. S.

905.454.4224 / @thinusha_takeout

ROYAL KABOB

Afghani food is well known for tender meats and kebabs, and milder Middle Eastern spices. Many dishes use dried fruits and nuts, and are served with rice, all adding to a mix of textures and fragrances. Flavours are influenced by Indian chillis, saffron, garam masala, pepper and Iranian coriander and mint.

284 Queen St. E.

905.450.9924 / @Royalkabobafghan

HAVIAH MIGHTY

Artist

Why Haviah loves eating in Brampton: Brampton is an ideal place to eat, both for the sake of convenience and the variety it offers. As someone who is in need of gluten-free, vegetarian options, there is a great amount of choices within the city of Brampton, especially in comparison to the many places that I've travelled to.

@haviahmighty



COPPER BRANCH 2

An entirely vegan menu with gluten-free options. Discovered this spot in Quebec and was excited to get a Brampton location shortly after. They've got smoothies, flavourful bowls, soups and tacos, basically something for whatever mood you are in.

46 Peel Centre Dr. Unit B

eatcopperbranch.com

905.791.6464 / @copperbranchbrampton



FRESHLY THAI

The food is fresh and flavourful, and the staff are polite. A family run business bringing authentic vegan friendly and gluten free Thai food to Downtown Brampton! Known for their pad Thai, red curry, and coconut rice.

48 Queens St. W.

freshlythai.com

905.453.1515 / @freshlythai



PEPPER ON THE SIDE ROTI AND DOUBLES

If you like roti and doubles, this is the spot! Their menu brings the warmth of West Indies to the heart of Brampton. This family owned business has thoughtfully curated recipes and unique house-blends of curries and spices that have been passed down from generation to generation.

10671 Chinguacousy Rd.

pepperontheside.com

905.497.4189 / @Pepperontheside

NOODLES2GO

Really tasty, quick, enjoyable, and gluten-free/vegetarian options. They've also got dim sum and family meal specials.

3068 Mayfield Rd.

noodlestogo.ca

905.970.9988



ROYCE LI

Pastry Chef and High School Teacher

Why Chef Royce loves eating in Brampton: Brampton is filled with hidden gems that give me the opportunity to explore cuisines from all over the world. I especially like that there are so many independent businesses, which give us the opportunity to support our local community when dining out.

@royce_li



ANNALAKSHMI

This South Indian vegetarian eatery has endless options of savoury and healthy vegetarian delights. In addition to its specialty, crispy crepe-like dosas, Annalakshmi serves rice and lentil-based pancakes and fritters such as uttapam, vada and idlies accompanied by coconut and tomato chutneys.

10086 Hurontario St. Unit 3

annalakshmi.ca

905.230.3672 / @al.annalakshmi

POS BUENO!

Pos Bueno! is a Mexican restaurant and bar that has its origins in the state of Aguascalientes, Mexico. The menu offered at Pos Bueno! includes a variety of traditional dishes from different areas of Mexico.

53 George St. S.

posbuenorestaurantbar.com

647.767.0464 / @posbuenomexicanfood



SALVADORIAN GRILL

Salvadorian Grill is a vendor at the Brampton Farmers' Market. You'll find them Downtown on Saturdays all summer long, serving up delicious pupusas topped with pickled cabbages and salsa, quesadillas, burritos all made fresh to order and other Salvadorian specialties. The family-run business is a favourite for local shoppers and vendors alike. They do catering too.

@salvadoriangrill

RADICA'S HOT AND SPICY 1

Radica's features amazing dishes from Trinidad and Tobago. Traditional Indian dishes include rotis and doubles. This year, a full line of Trini Chinese dishes was added at the new location in Brampton in the move from Unit 2 to Unit 3. Must tries are the doubles, the boneless goat roti, the pepper lamb and the pepper shrimp.

263 Queen St. E. Unit 3

radicashotnspicy.com

905.487.0888 / @radicashotandspicy

CHEF RICK MATHARU

Chef Owner of Rick's Good Eats

Why Chef Rick loves eating in Brampton:

Eating in Brampton is an adventure! You can travel the world on an authentic culinary experience without ever leaving this beautiful city.

@rickmatharu @ricksgoodeats



GET GRILL

Get Grill combines the sweet flavours of Asian cuisine with bold African chillis to bring about a one-of-a-kind menu option we call Afro-Asian. Come in today and try one of our very flavourful wraps... We promise a taste for every palate!

7910 Hurontario St.

getgrill.com

905.497.2211 / @getgrill

PHO DAU BO 2

Pho Dau Bo is a family operated franchise known for their famous Vietnamese noodle soup, a rich and savoury beef broth served over noodles and your choice of meats. Their menu also includes bún, which means vermicelli noodles; that are usually served with grilled pork, alongside a vegetable medley of cucumber, pickled radish/carrot, fresh lettuce, mints, and of course fish sauce!

20 Gillingham Dr. Unit 610

phodaub Brampton.com

905.796.9992 / @phodaub Brampton

GUDDU'S CHILLI CHICKEN

Guddu's Chilli Chicken proudly serves Indian Style Hakka Chinese cuisine in Brampton for over 10 years. Chilli Chicken Dry, Manchurian Veggie and our Veggie Hakka Noodles are known for their traditional Hakka comfort food flavours and spices.

205 Van Kirk Dr. Unit 3

chillichicken.ca

905.846.5060



SONNY'S DRIVE IN

Sonny's Drive In offers only the BEST, from the award winning 'Fresh Cut Fries' to their legendary Onion Rings. Sonny's is one of the last Ma & Pa places to offer a charcoal broiled hamburger! Established in 1965, Sonny's Drive In has been a destination favourite ever since!

21 Kennedy Rd. N.

905.459.8744



**TOP
4**

THE BEST OF BRAMPTON BITES

JAMIE'S CRACKED CORN 1

Using large, GMO-free kernels with fewer husks, Jamie's Cracked Corn gets popped in real kettles, in small batches. jamiescrackedcorn.com
647.767.2676 / @jamiescrackedcorn

MACARONZ 2

A Pastry Shoppe and Tea Salon specializing in French Macarons, French inspired pastries and afternoon tea. macaronz.com
647.929.5932 / @macaronz

SALEM'S LOTT SCARY HOT SAUCES 3

Created by Brampton based musician Jeff Salem, these award winning gourmet hot sauces are all gluten-free, vegan, dairy free, nut free, low sodium and low sugar. Jeff gained knowledge in his global travel to create a line of tasty hot sauces that have just the right amount of kick. salemshothotsauces.com
416.564.9802 / @salemshotsauces

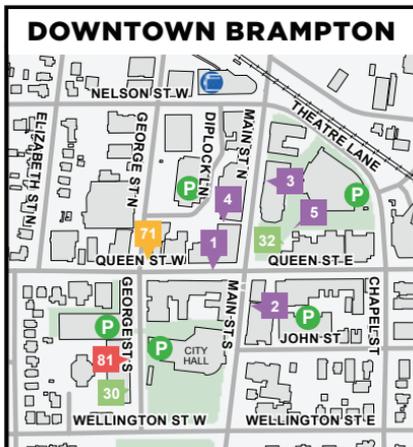
TROPIX JAMAICAN COCONUT DROPS 4

Tropix Jamaican Coconut Drops are a vegan and gluten-free snack made from fresh coconuts. They are available in an array of flavours such as chocolate, pumpkin seed, and cranberry. tropix.ca
416.873.6808 / @tropix.coconutdrops



FOOD MAP INDEX

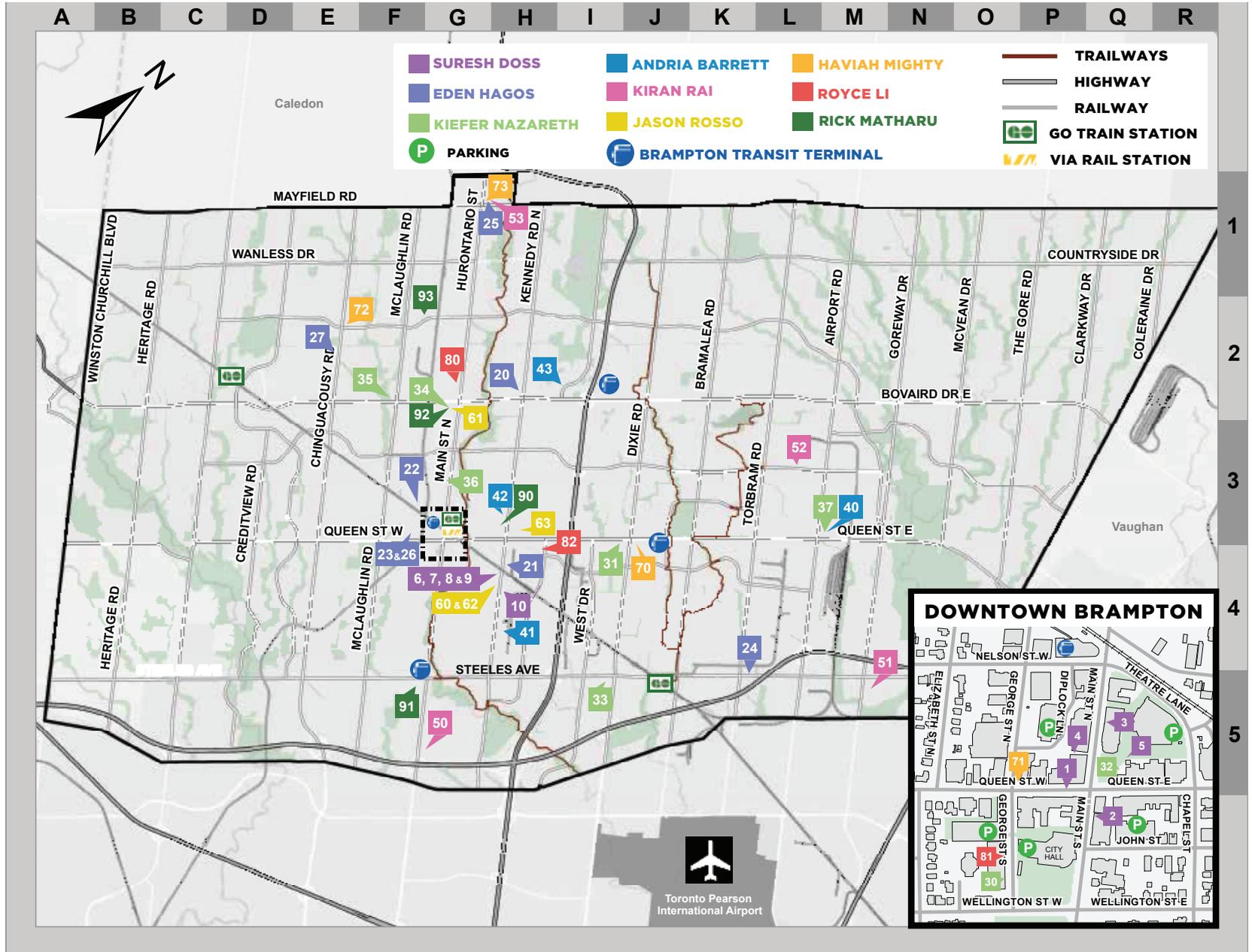
ID	RESTAURANT NAME	GRID	ID	RESTAURANT NAME	GRID
SURESH DOSS (PAGES 4-5)			ANDRIA BARRETT (PAGE 10)		
1	LA FAVORITA	DOWNTOWN	40	ONYXX SPORTS BAR & GRILL	M3
2	QUEEN GYPSY	DOWNTOWN	41	DANFORTH FOOD MARKET	H4
3	SEGOVIA COFFEE	DOWNTOWN	42	TINNELLS PATTIES	H3
4	DAS BREZEL HAUS	DOWNTOWN	43	RESTAURANT NINE18	I2
5	LITTLE SHOP OF ICE CREAM	DOWNTOWN	KIRAN RAY (PAGE 11)		
6	YARL DOSA CORNER	H4	50	NEW CHINA GARDEN	G5
7	PEPPER SHACK	H4	51	ALIMA'S ROTI AND PASTRY	M5
8	CHE THUY NGA	H4	52	KHALSA PIZZA	L3
9	VINAYAGAR VILLAS	H4	53	ANTICA OSTERIA ITALIAN EATERY	H1
10	VILLAGE OF INDIA SWEETS	H4	JASON ROSSO (PAGE 12)		
EDEN HAGOS (PAGES 6-7)			60	KING TANDOORI	H4
20	SOUPERLICIOUS	H2	61	TOSHI SUSHI	G2
21	XAYMACA RESTAURANT	H4	62	THINUSHA	H4
22	RD'S SOUTHERN BBQ	F3	63	ROYAL KABOB	H3
23	KEJJIS	F3	HAVIAH MIGHTY (PAGE 13)		
24	MJ'S BBQ & SUYA	K4	70	COPPER BRANCH	J4
25	DON'S CARIBBEAN JERK	H1	71	FRESHLY THAI	DOWNTOWN
26	3MS AFRICAN CARIBBEAN MARKET	F3	72	PEPPER ON THE SIDE	E2
27	JUNIOR'S JAMAICAN JOINT	E2	73	NOODLES TO GO	H1
KIEFER NAZARETH (PAGES 8-9)			ROYCE LI (PAGE 14)		
30	THE BURGER BROS	DOWNTOWN	80	ANNALAKSHMI	G2
31	GLADIATOR BURGER	I4	81	POS BUENO	DOWNTOWN
32	THE WORKS	DOWNTOWN	82	RADICA'S HOT AND SPICY	H4
33	BRISKIT	I5	RICK MATHARU (PAGE 15)		
34	HOLY SHAKES	G2	90	SONNY'S DRIVE IN	H3
35	TONINOS PIZZERIA	F2	91	GET GRILL	F5
36	J. RED & CO.	G3	92	PHO DAU BO	G2
37	FOOD FIGHT BBQ	M3	93	GUDDU'S CHILLI CHICKEN	F2



See next page for the full Brampton Map

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