Sports Administration Complex
8930 McLaughlin Rd. S., Building E
Home to many affiliated youth sport organizations!
Looking for more information, but not sure where to go?
City of Brampton staff are available to answer questions
on behalf of designated youth sport groups.

Hours of Operation:
Monday to Thursday - 9:00 am to 8:30 pm
Friday - 9:00 am to 4:30 pm
Saturday - 9:00 am to 2:00 pm
Sunday Closed

For more information please call 905-874-2876 or e-mail youthsports@brampton.ca

Brampton Sport Alliance
The Brampton Sport Alliance’s (BSA) mandate is to provide a voice for youth sports
groups to be heard, to provide a forum for youth sports groups to communicate
and to share solutions to common challenges facing volunteer-based youth sport organizations in Brampton.
The Brampton Sport Alliance represents 20 affiliated youth sport organizations. The members
of the BSA are outlined in the following pages.

SWIM
with Brampton's Community Swim Club

Cobra Swim Club leads in competitive & developmental levels of swimming
Jr. Swim Club, Brampton Cobra Masters
Community group pool rentals, school programs
A place for every swimmer

247 McMurphy Ave S., Brampton
(905) 452-6272
www.cobraswimclub.com

BMFA is always looking for Coaches & Sponsors
For more information, call 647.998.2632
or visit www.bmfa.net

Brampton Minor Football Association
Offers programs from 6 - 19 year olds

Tyke (6-8 year old), Atom (9-10 year old) & Pewee (11-12 year old)
Spring/Summer runs from February to August
Bantam (13-14 year old), JV (15-16 year old) & Varsity (17-19 year old)
Spring/Summer runs from February to August
Tyke (6-8 year old), Atom (9-10 year old) & Pewee (11-12 year old) & Bantam (13-14 year old)
Fall runs from August to November
House League (Age TBD) season runs from August to November

Brampton Youth Volleyball
Ages 5 - 17

Emphasis will be on Skill Development, gameplay, good sportsmanship and cooperation in a non-competitive setting.

Winter - Indoor League · Summer - Beach Volleyball

Email: info@bramptonyouthvolleyball.ca
Website: www.bramptonyouthvolleyball.ca
www.peelselects.org

Proud affiliate of the OVA Spikes Volleyball Program.

Young Dragons Taekwondo is a WTF style South Korean based amalgamation of Chinese, Japanese and traditional Korean fighting styles. Classes are both fun and challenging with an emphasis on physical fitness, mental focus and character development for all ages.

Our philosophy is based on five principles:
- Courtesy
- Integrity
- Perseverance
- Self-control
- Indomitable spirit

Our certified instructors are committed to ensuring that all students reach their full potential in both taekwondo and in life!

Locations:
Terry Miller Recreation Centre | 1295 Williams Pkwy E. Brampton, ON L6S 3JB
Cassie Campbell Community Centre | 1050 Sandalwood Pkwy W. Brampton, ON, L7A 0K9
Affiliated with Taekwondo Canada

Contact: 905.601.8923 | youngdragons@bell.net
Visit us at: www.youngdragonstaekwondo.com

www.peelselects.org
Brampton Racers Track Club

Affiliation: Minor Track Association of Ontario
Club Membership: Annual
Phone: 905 783 7555
E-mail: bramptonracerstrackclub@gmail.com
Website: www.bramptonracerstrackclub.com

Brampton Girls Softball Association

Houseleague, Rep & Select programs Available
Provides competitive softball for hundreds of girls and young women in Brampton.
We take great pride in our programs, the quality and quantity of our volunteer base and most importantly our players.

www.bgsa.ca  Hot Line: 905-459-6187

Brampton Racers Track Club

TORA MARTIAL ARTS INC.
JUDO • KARATE • AIKIDO • BRAZILIAN JU-JITSU
OVER 45 YEARS SERVING THE CITY OF BRAMPTON
◆ Discipline
◆ Strength
◆ Respect
◆ Fitness
◆ Fun

◆ NON PROFIT ALL VOLUNTEER
◆ FOUR SEPARATE CLUBS IN ONE LOCATION
◆ AIKIDO • JUDO • KARATE • BJJ
◆ 15 BLACK BELT INSTRUCTORS
◆ DEDICATED TO BRINGING EXCELLENCE IN MARTIAL ARTS TO CHILDREN OF BRAMPTON
◆ AT THE LOWEST POSSIBLE COST
◆ OVER 3,000 SQUARE FEET OF MAT AREA
◆ AT TERRY MILLER RECREATION CENTRE

1295 Williams Parkway East • Brampton • ON • L6S 3J8
416-827-5836 • www.torajudo.com

SKATE CANADA
BRAMPTON-CHINGUACOUSY

SCBC is committed to providing the Brampton community with an environment dedicated to fun, fitness and achievement in the sport of skating.

Learn-to-Skate – Figure Skating – Adult Skating
Ice Dance – Synchronized Skating

Cassie Campbell Community Centre
1050 Sandalwood Pkwy West
(905) 450-5581 | info@skatescbc.ca

www.skatescbc.ca

FAST PITCH

www.bbmsa.ca

ALL BOYS AND GIRLS from 5 - 20 yrs for a Summer of FUN!
Join a team and play from May to September.
FREE Uniforms, Mid Season House League Tournament, Little Champs Day Tournament at end of season, with Banquet and Trophies.
Select teams / Girls Welcome

For more information, call
(905) 790-9111
www.bbmsa.ca
Brams United Girls Soccer Club

Programs for all ages in Canada's leading female soccer club!

Recreational (U4-18)  All Abilities (U5-15)  Competitive (U8-18)  All-Star (U8-18)  Parent and Tot (Boys & Girls U2-3)

Visit our website at www.bramsunited.ca

905-452-8189 | customerservice@bramsunited.ca

Online registration begins in May for children 4 and older

For more information visit:
www.bramptonhockey.com
or call 905-453-3243

The Brampton Minor Basketball Association (BMBA) provides young athletes both boys & girls from ages 5 to 18 an opportunity to participate and compete in the game of Basketball. Our programs emphasize teamwork, reinforces positive influences, hard work, and the ability to excel on and off the court.

Our Programs:

- Jr. NBA Small Ball
  Ages 5 to 7

- BMBA House League Program
  Summer League opens in March
  Fall/Winter League opens in September

- Select Program
  For committed athletes looking to compete

- Rep/AAU Programs
  Visit site for upcoming team tryout dates

- BMBA Development Camps
  To improve your overall game.

www.bramptonbasketball.com
Contact: info@bramptonbasketball.com

@BramptonBasketball
@BramptonBall

Brampton Minor Ball Hockey

416.801.4433
info@bramptonballhockey.com

Brampton Canadettes Girls Hockey Association offers a great environment for girls to play Canada’s game. Offering focused development, house league and representative programs up to AA for all skill and age levels in female hockey.

Fun • Teamwork • Development • Scholarships
www.bramptoncanadettes.com or call 905-874-1788

Brampton Soccer Club

Stronger Together!

Brampton Soccer Club is committed to the development of each male and female player. We strive to develop high quality soccer players with character who are responsible members of our Brampton communities.

We are proud to be one of the select clubs in Ontario to hold an OPDL license, and continue to develop top talent in Brampton.

Recreational (U4-U18) • Rep Programs (U8-U18) • OPDL (U13-U15)

www.bramptonsc.com • 905-459-8989
Affiliated with Athletics Ontario and Athletics Canada. This Club operates year round indoors and outdoors. We compete at national, provincial and local levels. New athletes welcomed. Minimum Age 14+. Athletes may earn scholarships to colleges. Please contact Frank Bucca at (905) 793-4068 or email: bramptontrackclub@rogers.com www.bramptontrackclub.com

Bosss
Brampton Ontario
SPEED SKATING

Learn to Speed Skate, Recreational & Competitive Programs

bramptonss@hotmail.com
www.bramptonspeedskating.ca

Brampton Minor Lacrosse
Canada’s National Summer Sport

Offering recreational and representative programs in Box Lacrosse, Field Lacrosse and Girls’ Field Lacrosse to children aged 4 to 20.

A PART OF IT!

ALL REGISTRATIONS DONE ONLINE
www.bramptonlacrosse.ca

Bramalea Boxing Club

Recreational or competitive programs for boys and girls through its certified coaches.

www.bramaleaboxingclub.com
info@bramaleaboxingclub.com

April 4, 2020
SPORTS DAY IN BRAMPTON

Learn about youth sports opportunities in Brampton Free Sport Program Try-Its
Cassie Campbell Community Centre | Brampton Soccer Centre
Visit us online for more event details brampton.ca/recreation

Planning an upcoming event, meeting or recreation activity and looking for the perfect venue?

905-874-BOOK

Your Direct Link To Facility Rentals
facilityrentals@brampton.ca

Brampton
Flower City
SPORTS ATTIRE
Comfortable clothing/fitness wear including indoor running shoes is recommended for all sports classes. More specific sports attire or equipment requirements may be mentioned in the specific sports program descriptions.

DROP-IN PROGRAMS
For up-to-date drop-in program schedules and fees please visit www.brampton.ca/dropinfilter

ARCHERY

ARCHERY LEVEL 1
This program is for participants who would like to learn how to use a bow and arrow. Participants will learn parts of the bow and arrow, proper shooting technique including stances, release, follow-through and anchor points.

Required Materials: This program occurs outdoors regardless of the weather. Please wear comfortable outdoor/weather appropriate clothing.

Age: 8 – 13
Class Length: 1 Hour

Professor’s Lake Recreation Centre
Wed 5:45 pm May 27 4 $27.32 1011306
Sun 9:45 am May 31 4 $27.32 1011400

ARCHERY LEVEL 1
Required Materials: This program occurs outdoors regardless of the weather. Please wear comfortable outdoor/weather appropriate clothing.

Age: 14+
Class Length: 1 Hour

Gore Meadows Community Centre
Sat 12:00 pm Apr 4 4 $45.20 1012641
Sat 12:00 pm May 9 4 $45.20 1012643

Professor’s Lake Recreation Centre
Wed 7:00 pm May 27 4 $45.20 1011317
Sun 11:00 am May 31 4 $45.20 1011407

BADMINTON

BADMINTON SKILLS AND DRILLS
This program will teach the fundamentals of badminton. Participants will learn the rules, positioning, serving, backhand, forehand and overhand stroke. Technical skills will be taught through instruction as well as game play. Badminton racquets and shuttlecocks will be provided if needed.

Required Materials: Clean indoor running shoes.

Age: 10 – 13
Class Length: 1 Hour

Eldorado Park
Tue 5:15 pm May 12 4 $27.32 1007756
Gore Meadows Community Centre
Sat 10:45 am Apr 4 4 $27.32 1012638
Sat 10:45 am May 9 4 $27.32 1012639

BASKETBALL

BASKETBALL SKILLS AND DRILLS
This program will teach the fundamentals of basketball. Participants will learn the rules, offensive and defensive positioning, dribbling, shooting and passing. Technical skills will be taught through instruction as well as game play.

Required Materials: Clean indoor running shoes.

Age: 14 – 17
Class Length: 1 Hour

Terry Miller Recreation Centre
Fri 7:15 pm Apr 24 9 $80.64 1007379

LISTINGS LEGEND

Day, Time, and Date identify when the course begins
No. indicates how many classes are part of the course.
Cost is the price
Code is needed for registering
BASKETBALL SKILLS AND DRILLS - FEMALE ONLY

For female participants only.

**Required Materials:** Clean indoor running shoes

**Age:** 10 – 13

**Class Length:** 1 Hour

Cassie Campbell Community Centre
Mon 7:00 pm Mar 30 10 $68.30 1010632
South Fletcher’s Sportsplex
Sun 2:00 pm Apr 5 11 $75.13 1013946

**BASKETBALL SKILLS AND DRILLS LEVEL 1**

This program will teach the fundamental movement skills of basketball. Participants will learn the basics of dribbling, shooting, passing and positioning. Technical skills will be taught through instruction and game play. Required Materials: Clean indoor running shoes

**Age:** 4 – 6

**Class Length:** 1 Hour

Brampton Soccer Centre
Fri 5:00 pm Apr 24 9 $61.47 1015666
Sat 9:00 am Apr 25 9 $61.47 1015667

Cassie Campbell Community Centre
Tue 4:30 pm Mar 31 12 $81.96 1012499
Thu 4:30 pm May 7 7 $47.81 1010648

Century Gardens Recreation Centre
Wed 6:00 pm Apr 1 10 $68.30 1019984
Sun 10:00 am Apr 5 11 $75.13 1009539

Gore Meadows Community Centre
Tue 6:45 pm Mar 31 12 $81.96 1012587
Sun 9:30 am Apr 5 10 $68.30 1012590

Greenbriar Recreation Centre
Mon 5:30 pm Mar 30 10 $68.30 1006418
Wed 5:30 pm Apr 1 12 $81.96 1006419
Sat 12:00 pm Apr 4 12 $81.96 1006420

South Fletcher’s Sportsplex
Mon 5:00 pm Mar 30 10 $68.30 1013934
Sun 10:00 am Apr 5 11 $75.13 1013935

**BASKETBALL SKILLS AND DRILLS LEVEL 1**

**Required Materials:** Clean indoor running shoes

**Age:** 10 – 13

**Class Length:** 1 Hour

Brampton Soccer Centre
Fri 6:00 pm Apr 3 10 $68.30 1011413
Sun 6:00 pm Apr 5 11 $75.13 1011434

South Fletcher’s Sportsplex
Mon 6:00 pm Mar 30 10 $68.30 1013936
Fri 5:00 pm Apr 5 11 $75.13 1013937

**BASKETBALL SKILLS AND DRILLS LEVEL 2**

**Required Materials:** Clean indoor running shoes

**Age:** 6 – 8

**Class Length:** 1 Hour

Brampton Soccer Centre
Fri 6:00 pm Apr 24 9 $61.47 1015673

Century Gardens Recreation Centre
Wed 6:00 pm Apr 1 11 $75.13 1009129

Gore Meadows Community Centre
Sat 9:30 am Apr 4 11 $75.13 1012630

Jim Archdekin Recreation Centre
Sun 7:00 pm Apr 5 11 $75.13 1011475

Mount Pleasant
Mon 6:00 pm Mar 30 9 $61.47 1012618
Sat 10:00 am Apr 4 12 $81.96 1012628

South Fletcher’s Sportsplex
Fri 6:00 pm Apr 3 11 $75.13 1013949
Sun 11:00 am Apr 5 11 $75.13 1013948

**BASKETBALL SKILLS AND DRILLS LEVEL 2**

**Required Materials:** Clean indoor running shoes

**Age:** 8 – 10

**Class Length:** 1 Hour

Brampton Soccer Centre
Fri 7:00 pm Apr 24 9 $61.47 1015674

Century Gardens Recreation Centre
Wed 6:00 pm Apr 1 11 $75.13 1009130
Thu 7:00 pm Apr 2 12 $81.96 1009213

Gore Meadows Community Centre
Thu 5:45 pm Apr 2 12 $81.96 1012617

Mount Pleasant
Mon 7:00 pm Mar 30 9 $61.47 1012622
Sat 11:00 am Apr 4 12 $81.96 1012633

South Fletcher’s Sportsplex
Sun 12:00 pm Apr 5 11 $75.13 1013951

Terry Miller
Sun 9:00 am Apr 26 9 $61.47 1007378

**BASKETBALL SKILLS AND DRILLS LEVEL 2**

**Required Materials:** Clean indoor running shoes

**Age:** 10 – 13

**Class Length:** 1 Hour

Brampton Soccer Centre
Fri 7:00 pm Apr 24 9 $61.47 1015672

Cassie Campbell Community Centre
Mon 7:00 pm Mar 30 10 $68.30 1010639
Wed 6:30 pm Apr 1 12 $81.96 1010641

Century Gardens Recreation Centre
Tue 7:00 pm Mar 31 12 $81.96 1009127

Jim Archdekin Recreation Centre
Fri 7:00 pm Apr 3 10 $68.30 1011447

Terry Miller
Mon 6:00 pm Mar 30 10 $68.30 1007373
Fri 6:15 pm Apr 29 9 $61.47 1007376
Sun 4:15 pm Apr 26 9 $61.47 1007375

**BASKETBALL SKILLS AND DRILLS LEVEL 2**

**Required Materials:** Clean indoor running shoes

**Age:** 6 – 8

**Class Length:** 1 Hour

Brampton Soccer Centre
Fri 6:00 pm Apr 24 9 $61.47 1015675

Century Gardens Recreation Centre
Wed 6:00 pm Apr 1 11 $75.13 1009128
Thu 7:00 pm Apr 2 12 $81.96 1009216

Gore Meadows Community Centre
Thu 5:45 pm Apr 2 12 $81.96 1012617

Mount Pleasant
Mon 7:00 pm Mar 30 9 $61.47 1012622
Sat 11:00 am Apr 4 12 $81.96 1012633

South Fletcher’s Sportsplex
Sun 12:00 pm Apr 5 11 $75.13 1013951

Terry Miller
Sun 9:00 am Apr 26 9 $61.47 1007378

**BASKETBALL SKILLS AND DRILLS LEVEL 2**

**Required Materials:** Clean indoor running shoes

**Age:** 10 – 13

**Class Length:** 1 Hour

Brampton Soccer Centre
Sat 11:00 am Apr 25 9 $61.47 1015675

Century Gardens Recreation Centre
Wed 7:00 pm Apr 1 11 $75.13 1009128
Thu 7:00 pm Apr 2 12 $81.96 1009216

Gore Meadows Community Centre
Tue 5:30 pm Mar 31 12 $81.96 1012583
Thu 6:45 pm Apr 2 12 $81.96 1012585

Mount Pleasant
Mon 8:00 pm Mar 30 9 $61.47 1012625
Sat 12:00 pm Apr 4 12 $81.96 1012636

South Fletcher’s Sportsplex
Sun 1:00 pm Apr 5 11 $75.13 1013953

Terry Miller
Sun 10:00 am Apr 26 9 $61.47 1007380
CRICKET

CRICKET SKILLS AND DRILLS
This program will teach the fundamentals of cricket. Participants will learn the rules, offensive and defensive positioning, batting, bowling and fielding. Technical skills will be taught through instruction as well as game play.

Required Materials: Running shoes
Age: 8 – 13
Class Length: 1 Hour

South Fletcher’s Sportsplex
Wed 7:00 pm Apr 1 12 $81.96 1022187

FLOOR HOCKEY

FLOOR HOCKEY SKILLS AND DRILLS
This program will teach the fundamentals of floor hockey. Participants will learn the rules, offensive and defensive positioning, passing, shooting and ball control. Technical skills will be taught through instruction as well as game play.

Required Materials: Participants must wear Canadian Standards Association (CSA) certified hockey helmet with a full facemask. Clean indoor running shoes.
Age: 4 – 6
Class Length: 1 Hour

South Fletcher’s Sportsplex
Thu 5:00 pm Apr 2 12 $81.96 1013955

GOLF

GOLF ETIQUETTE
This course will remove the fear from entering a golf course for the first time. It will provide an overview of golf course etiquette to golfers. Topics that are included are: on-course etiquette, rules and golf course management. Participants will learn through class discussion and on course practice.

Required Materials: Full set of golf clubs
Age: 18+
Class Length: 1 Hour

Peel Village Golf Course
Tue 7:00 pm May 26 4 $105 1015845

GOLF LEAGUE - FEMALE ONLY
Participants of all abilities are welcome. This league is designed to provide players with a fun golfing atmosphere and social experience. This program fee is for the season end banquet & prizes.

Required Materials: All participants require golf appropriate clothing including hemmed or cuffed pants and golf shoes. Golf club rental equipment is an option for an additional fee. Rentals are subject to availability.

Additional Fees: Green fees are paid weekly.
Age: 18+
Class Length: 1 Hour

Peel Village Golf Course
Mon 5:30 pm May 25 13 $67.80 1008715

GOLF LEAGUE - MALE ONLY
Participants of all abilities are welcome. This league is designed to provide players with a fun golfing atmosphere and social experience. This program fee is for the season end banquet & prizes.

Required Materials: All participants require golf appropriate clothing including collared shirt, hemmed or cuffed pants and golf shoes. Golf club rental equipment is an option for an additional fee. Rentals are subject to availability.

Additional Fees: Green fees are paid weekly.
Age: 18+
Class Length: 1 Hour

Peel Village Golf Course
Thu 5:30 pm May 28 13 $67.80 1008727
GYMNASTICS
This introductory program develops and advances gymnastic skills using the rings, vault, beam, bars and a large mat area. Previous experience is not required.

Age: 14 – 17
Class Length: 1.5 Hours

Ken Giles Recreation Centre
Tue 7:00 pm Mar 31 12 $276 1016684

GYMNASTICS ACRONASTICS
Build on increasing flexibility and strength while exploring different Acro tricks such as bridges, head stands, cartwheels and walkovers. Learn precision acrobatic and gymnastic elements with an emphasis on strength and flexibility! Explore the fundamentals of Acro which includes mat exercises, tricks and conditioning.

Age: 8 – 10
Class Length: 1.5 Hours

Ken Giles Recreation Centre
Wed 5:00 pm Apr 1 12 $244.20 1016814
Sat 9:00 am Apr 4 12 $244.20 1016815

GYMNASTICS BEGINNER
Body awareness, co-ordination, flexibility and strength will be developed using balance beams, vault, uneven bars and a large mat area. Program includes active games and fun play.

Age: 3 – 4
Class Length: 1 Hour

Ken Giles Recreation Centre
Mon 5:00 pm Mar 30 10 $169.20 1016685
Mon 6:00 pm Mar 30 10 $169.20 1016686
Tue 1:00 pm Mar 31 12 $203.04 1016687
Tue 2:00 pm Mar 31 12 $203.04 1016688
Tue 5:00 pm Mar 31 12 $203.04 1016689
Tue 6:00 pm Mar 31 12 $203.04 1016690
Wed 4:30 pm Apr 1 12 $203.04 1016691
Wed 5:00 pm Apr 1 12 $203.04 1016692
Thu 5:00 pm Apr 2 12 $203.04 1016693
Thu 6:00 pm Apr 2 12 $203.04 1016694
Fri 5:00 pm Apr 3 11 $186.12 1016695
Fri 6:00 pm Apr 3 11 $186.12 1016696
Fri 7:00 pm Apr 3 11 $186.12 1016697
Sat 9:00 am Apr 4 12 $203.04 1016698
Sat 10:00 am Apr 4 12 $203.04 1016699
Sat 11:00 am Apr 4 12 $203.04 1016700
Sat 12:30 pm Apr 4 12 $203.04 1016701
Sat 1:30 pm Apr 4 12 $203.04 1016702
Sat 2:30 pm Apr 4 12 $203.04 1016703
Sun 9:00 am Apr 5 11 $186.12 1016704
Sun 10:00 am Apr 5 11 $186.12 1016705
Sun 11:00 am Apr 5 11 $186.12 1016706
Sun 12:30 pm Apr 5 11 $186.12 1016707
Sun 1:30 pm Apr 5 11 $186.12 1016708

GYMNASTICS CHEERLEADING
This program focuses on stretching, stunts, formations, tricks, cheers and chants! Participants will coordinate various routines that showcase their flexibility, coordination and strength.

Age: 6 – 10
Class Length: 1 Hour

Ken Giles Recreation Centre
Sat 2:00 pm Apr 4 12 $203.04 1016821

GYMNASTICS LEVEL 1
These programs will use the balance beam, vault, uneven bars and the large mat area with a strong emphasis on technique. A variety of fun games and activities will be incorporated into each class.

Age: 6 – 13
Class Length: 1.5 Hours

Ken Giles Recreation Centre
Mon 5:00 pm Mar 30 10 $203.50 1016733
Mon 6:30 pm Mar 30 10 $203.50 1016734
Tue 5:00 pm Mar 31 12 $244.20 1016735
Tue 7:00 pm Mar 31 12 $244.20 1016736
Wed 6:00 pm Apr 1 12 $244.20 1016737
Thu 5:00 pm Apr 2 12 $244.20 1016738
Thu 6:30 pm Apr 2 12 $244.20 1016739
Fri 5:00 pm Apr 3 11 $223.85 1016740
Sat 9:00 am Apr 4 12 $244.20 1016741
Sat 10:30 am Apr 4 12 $244.20 1016742
Sun 9:00 am Apr 5 11 $223.85 1016744
Sun 10:30 am Apr 5 11 $223.85 1016745
Sun 12:30 pm Apr 5 11 $223.85 1016746
Sun 2:00 pm Apr 5 11 $223.85 1016747

GYMNASTICS LEVEL 2
These programs will use the balance beam, vault, uneven bars and the large mat area with a strong emphasis on technique. A variety of fun games and activities will be incorporated into each class. Each level must be completed before proceeding to the next.

Prerequisite: Gymnastics Level 1
Age: 6 – 13
Class Length: 1.5 Hours

Ken Giles Recreation Centre
Mon 5:00 pm Mar 30 10 $203.50 1016748
Tue 5:00 pm Mar 31 12 $244.20 1016749
Tue 6:30 pm Mar 31 12 $244.20 1016750
Wed 6:30 pm Apr 1 12 $244.20 1016751
Thu 5:00 pm Apr 2 12 $244.20 1016752
Thu 6:30 pm Apr 2 12 $244.20 1016817
Thu 7:00 pm Apr 2 12 $244.20 1016753
Fri 6:30 pm Apr 3 11 $223.85 1016754
Sat 9:00 am Apr 4 12 $244.20 1016755
Sat 10:30 am Apr 4 12 $244.20 1016756
Sun 10:30 am Apr 5 11 $223.85 1016757
Sun 12:30 pm Apr 5 11 $223.85 1016758

GYMNASTICS LEVEL 3
These programs will use the balance beam, vault, uneven bars and the large mat area with a strong emphasis on technique. A variety of fun games and activities will be incorporated into each class. Each level must be completed before proceeding to the next.

Prerequisite: Gymnastics Level 2
Age: 6 – 13
Class Length: 1.5 Hours

Ken Giles Recreation Centre
Mon 5:00 pm Mar 30 10 $203.50 1016760
Mon 7:00 pm Mar 30 10 $203.50 1016759
Tue 5:00 pm Mar 31 12 $244.20 1016761
REGISTERED PROGRAMS

Gymnastics Level 7
These programs will use the balance beam, vault, uneven bars and the large mat area with a strong emphasis on technique. A variety of fun games and activities will be incorporated into each class. Each level must be completed before proceeding to the next.
Prerequisite: Gymnastics Level 6
Age: 6 – 13
Class Length: 1.5 Hours
Ken Giles Recreation Centre
Thu 7:00 pm Mar 31 12 $244.20 1016807
Sat 12:30 pm Apr 4 12 $244.20 1016820

Gymnastics Level 6
These programs will use the balance beam, vault, uneven bars and the large mat area with a strong emphasis on technique. A variety of fun games and activities will be incorporated into each class. Each level must be completed before proceeding to the next.
Prerequisite: Gymnastics Level 5
Age: 6 – 13
Class Length: 1.5 Hours
Ken Giles Recreation Centre
Mon 5:00 pm Mar 30 10 $203.50 1016795
Mon 6:30 pm Mar 30 10 $203.50 1016796
Wed 6:30 pm Mar 31 12 $244.20 1016797
Wed 6:30 pm Apr 1 12 $244.20 1016798
Thu 5:00 pm Apr 2 12 $244.20 1016799
Fri 5:00 pm Apr 3 11 $223.85 1016800
Sat 12:30 pm Apr 4 12 $244.20 1016821

Gymnastics Level 5
These programs will use the balance beam, vault, uneven bars and the large mat area with a strong emphasis on technique. A variety of fun games and activities will be incorporated into each class. Each level must be completed before proceeding to the next.
Prerequisite: Gymnastics Level 4
Age: 6 – 13
Class Length: 1.5 Hours
Ken Giles Recreation Centre
Mon 5:00 pm March 30 10 $203.50 1016789
Mon 6:30 pm Mar 30 10 $203.50 1016790
Wed 6:30 pm Mar 31 12 $244.20 1016791
Wed 7:00 pm Apr 1 12 $244.20 1016792
Thu 7:00 pm Apr 2 12 $244.20 1016793
Sat 11:00 am Apr 4 12 $244.20 1016794
Sun 10:00 am Apr 5 11 $186.12 1016786
Sun 12:30 pm Apr 5 11 $186.12 1016787

Gymnastics Level 4
These programs will use the balance beam, vault, uneven bars and the large mat area with a strong emphasis on technique. A variety of fun games and activities will be incorporated into each class. Each level must be completed before proceeding to the next.
Prerequisite: Gymnastics Level 3
Age: 6 – 13
Class Length: 1.5 Hours
Ken Giles Recreation Centre
Mon 5:00 pm March 30 10 $203.50 1016783
Mon 6:30 pm Mar 30 10 $203.50 1016784
Fri 5:00 pm Mar 31 11 $223.85 1016785
Sat 1:00 pm Apr 4 12 $244.20 1016797
Sun 11:00 am Apr 5 11 $186.12 1016786
Sun 12:30 pm Apr 5 11 $186.12 1016787

Gymnastics Level 3
These programs will use the balance beam, vault, uneven bars and the large mat area with a strong emphasis on technique. A variety of fun games and activities will be incorporated into each class. Each level must be completed before proceeding to the next.
Prerequisite: Gymnastics Level 2
Age: 6 – 13
Class Length: 1.5 Hours
Ken Giles Recreation Centre
Mon 5:00 pm Mar 30 10 $203.50 1016779
Mon 6:30 pm Mar 30 10 $203.50 1016780
Thu 6:30 pm Mar 31 11 $244.20 1016781
Fri 6:30 pm Apr 3 11 $223.85 1016782
Sat 12:30 pm Apr 4 12 $244.20 1016783
Sat 2:00 pm Apr 4 12 $244.20 1016784
Sun 2:00 pm Apr 5 11 $223.85 1016785

Gymnastics Level 2
These programs will use the balance beam, vault, uneven bars and the large mat area with a strong emphasis on technique. A variety of fun games and activities will be incorporated into each class. Each level must be completed before proceeding to the next.
Prerequisite: Gymnastics Level 1
Age: 6 – 13
Class Length: 1.5 Hours
Ken Giles Recreation Centre
Mon 5:00 pm March 30 10 $203.50 1016773
Mon 6:30 pm Mar 30 10 $203.50 1016774
Wed 5:00 pm Apr 1 12 $244.20 1016775
Thu 5:00 pm Apr 2 12 $244.20 1016776
Thu 7:00 pm Apr 2 12 $244.20 1016777
Fri 5:00 pm Apr 3 11 $223.85 1016778
Sat 9:00 am Apr 4 12 $244.20 1016779
Sat 10:30 am Apr 4 12 $244.20 1016780

Ken Giles Recreation Centre
Mon 7:00 pm Mar 30 10 $169.20 1016774
Wed 7:00 pm Apr 1 12 $203.04 1016775
Sat 10:00 am Apr 4 12 $203.04 1016776
Sun 11:00 am Apr 5 11 $186.12 1016777
Sun 1:30 pm Apr 5 11 $186.12 1016778

Gymnastics Trampoline
Age: 10 – 13
Class Length: 1 Hour
Ken Giles Recreation Centre
Mon 5:00 pm Mar 30 10 $169.20 1016788
Mon 7:00 pm Mar 30 10 $169.20 1016789
Tue 7:00 pm Mar 31 12 $203.04 1016790
Wed 6:00 pm Apr 1 12 $203.04 1016792
Wed 7:00 pm Apr 1 12 $203.04 1016791
Thu 7:00 pm Apr 2 12 $203.04 1016793
Sat 11:00 am Apr 4 12 $203.04 1016794
Sun 10:00 am Apr 5 11 $186.12 1016786
Sun 12:30 pm Apr 5 11 $186.12 1016787

Gymnastics Tumbling
Develop body awareness, flexibility and strength. Learn basic to intermediate tumbling on a spring floor and tumble track.
Age: 6 – 9
Class Length: 1.5 Hours
Ken Giles Recreation Centre
Thu 7:00 pm Apr 2 12 $203.04 1016818

KICKBOXING

Kickboxing Skills and Drills
This program will teach the fundamentals of kickboxing. Participants will learn the rules, how to throw basic punches and kicks, shadow box and skip. Focus on technique while developing balance, coordination, agility and flexibility.
Required Materials: Hand wraps and gloves are recommended
Age: 10 – 13
Class Length: 1 Hour
Century Gardens Recreation Centre
Tue 6:00 pm Mar 31 12 $81.96 1009551

ROCK CLIMBING

Learn the fundamentals of rock climbing, including basic foot work, different hand holds, proper balance, reading cliffs, and much more. This class also incorporates
climbing safety, basic movements and fun games.

**Required Materials:** Clean indoor closed toe running shoes, and a wavier must be signed. Prerequisite: Must be minimum 30lbs, maximum 310lbs in weight.

**Age:** 6 – 10  
**Class Length:** 50 Minutes

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**ROCK CLIMBING**  
**Age:** 14 – 17  
**Class Length:** 50 Minutes

**Ken Giles Recreation Centre**  
- **Wed:** 8:00 pm Apr 1 6 $91.92 1014377  
- **Sat:** 2:30 pm Apr 4 6 $91.92 1014379  
- **Wed:** 8:00 pm May 13 6 $91.92 1014378  
- **Sat:** 2:30 pm May 16 6 $91.92 1014380

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**SOCCER**

**SOCCER SKILLS AND DRILLS - PARENT AND TOT**  
This program will teach the fundamentals of soccer. Participants will learn the rules, offensive and defensive positioning, passing, shooting and dribbling. Technical skills will be taught through instruction as well as game play. Active parent / guardian participation is required.  
**Required Materials:** Running shoes and shin pads are recommended

**Age:** 2 – 4  
**Class Length:** 1 Hour

**Brampton Soccer Centre**  
- **Mon:** 11:30am Mar 30 10 $68.30 1020213  
- **Wed:** 11:30am Apr 1 12 $81.96 1020212

**Chris Gibson Recreation Centre**  
- **Wed:** 5:30 pm Apr 1 12 $81.96 1012064  
- **Sat:** 9:30 am Apr 4 12 $81.96 1012061

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**SOCCER SKILLS AND DRILLS LEVEL 1**  
This program will teach the fundamental movement skills of soccer. Participants will learn the basics of ball control, passing and shooting. Technical skills will be taught through instruction and game play.  
**Required Materials:** Running shoes, shin pads are recommended

**Age:** 4 – 6  
**Class Length:** 1 Hour

**Brampton Soccer Centre**  
- **Mon:** 5:00 pm Mar 30 10 $68.30 1016316  
- **Mon:** 6:00 pm Mar 30 10 $68.30 1016317  
- **Tue:** 5:00 pm Mar 31 12 $81.96 1016318

**Century Gardens Recreation Centre**  
- **Wed:** 5:00 pm Apr 1 12 $81.96 1016319  
- **Sun:** 10:15 am Apr 5 11 $75.13 1016320  
- **Sat:** 9:15 am Apr 11 11 $75.13 1016321  
- **Sun:** 10:15 am Apr 11 11 $75.13 1016322

**Gore Meadows Community Centre**  
- **Mon:** 5:15 pm Apr 3 11 $75.13 1016332  
- **Mon:** 7:00 pm Apr 4 12 $81.96 1016330

**South Fletcher’s Sportsplex**  
- **Mon:** 7:00 pm Apr 5 10 $68.30 1012576  
- **Sun:** 9:30 am Apr 5 10 $68.30 1012578

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**SOCCER SKILLS AND DRILLS LEVEL 2**  
**Required Materials:** Running shoes, shin pads are recommended

**Age:** 6 – 8  
**Class Length:** 1 Hour

**Brampton Soccer Centre**  
- **Mon:** 5:15 pm Mar 30 10 $68.30 1016330  
- **Fri:** 6:15 pm Apr 3 11 $75.13 1016332  
- **Mon:** 6:45 pm Apr 3 10 $68.30 1012576

**Century Gardens Recreation Centre**  
- **Sun:** 9:30 am Apr 5 10 $68.30 1012578

**Century Gardens Recreation Centre**  
**South Fletcher’s Sportsplex**

**Gore Meadows Community Centre**  
**South Fletcher’s Sportsplex**  
**Brampton Soccer Centre**
REGISTERED PROGRAMS

SOCCER SKILLS AND DRILLS
LEVEL 1
This program will teach the fundamental movement skills of soccer. Participants will learn the basics of ball control, passing and shooting. Technical skills will be taught through instruction and game play.
Required Materials: Running shoes, shin pads are recommended.
Age: 14 – 17
Class Length: 1 Hour

Brampton Soccer Centre
Thu 7:15 pm Apr 2 12 $107.52 1016346

SOCCER SKILLS AND DRILLS
LEVEL 2
This program will teach the fundamental movement skills of soccer. Participants will learn the basics of ball control, passing and shooting. Technical skills will be taught through instruction and game play.
Required Materials: Running shoes, shin pads are recommended.
Age: 6 – 8
Class Length: 1 Hour

Brampton Soccer Centre
Wed 7:00 pm Apr 1 12 $81.96 1016336
Thu 6:00 pm Apr 2 12 $81.96 1016337
Fri 5:15 pm Apr 3 11 $75.13 1016338
Sat 9:15 am Apr 11 11 $75.13 1016339
Century Gardens Recreation Centre
Wed 7:00 pm Apr 1 11 $75.13 1009189
South Fletcher’s Sportsplex
Sat 1:00 pm Apr 4 12 $81.96 1014032

SPORTS

SPORTS
Learn the basic fundamentals of baseball, basketball, dodgeball, soccer and many more sports. This program is geared to enhance physical skills and team play in a non-competitive environment. Sports will vary depending on location.
Required Materials: Clean indoor running shoes
Age: 3 – 6
Class Length: 1 Hour

Gore Meadows Community Centre
Mon 5:30 pm Mar 30 10 $68.30 1012563
Fri 10:00 am Apr 3 11 $75.13 1012565
Sat 10:45 am Apr 4 11 $75.13 1012567

Greenbriar Recreation Centre
Sat 10:30 am Apr 4 12 $81.96 1006436
South Fletcher’s Sportsplex
Wed 5:00 pm Apr 1 12 $81.96 1013959

SPORTS - PARENT AND TOT
This program will introduce participants to a variety of sports. Participants may learn the basic fundamentals of baseball, basketball, dodgeball, soccer and many more. Sports will vary depending on location. This program is geared to enhance physical skills and team play in a non-competitive environment.
Required Materials: Running shoes.
Please note: Active parent/guardian engagement is required for all program activities and there is a maximum of two children per parent/guardian.
Age: 3 – 6
Class Length: 1 Hour

Chris Gibson Recreation Centre
Wed 6:45 pm Apr 1 12 $81.96 101070
Greenbriar Recreation Centre
Sat 9:30 am Apr 4 12 $81.96 1006435

TABLE TENNIS

TABLE TENNIS SKILLS AND DRILLS
LEVEL 1
This program will teach the fundamentals of Table Tennis. Participants will learn the rules, proper gripping, forehand, backhand, serving and scoring. Technical skills will be taught through instructors as well as game play.
Required Materials: running shoes. Table Tennis paddle optional.
Age: 6 – 10
Class Length: 1 Hour

Gore Meadows Community Centre
Wed 5:30 pm Apr 1 12 $81.96 1011441

 TENNIS

TENNIS LEAGUE NON- COMPETITIVE
Participants will be playing singles in round robin matches. Fee includes tennis balls and court fees.
Prerequisite: Tennis Level 3 Ability.
Required Materials: All participants must bring their own racquet.
Age: 10 – 13
Class Length: 2 Hours

Morris Kerbel Park
Sat 4:30 pm May 16 6 $111.96 1015216

TENNIS LEAGUE NON- COMPETITIVE
Prerequisite: Tennis Level 3 Ability.
Required Materials: All participants must bring their own racquet.
Age: 14 – 17
Class Length: 2 Hours

Morris Kerbel Park
Sat 4:30 pm May 16 6 $126.48 1015217

TENNIS LEVEL 1
This program is for players with no previous tennis experience. Participants will enjoy learning the fundamentals of tennis including rules, scoring, grips, strokes, serving and volleying.
Required Materials: All participants must bring their own racquet.
Age: 6 – 10
Class Length: 1 Hour

Cassie Campbell Community Centre
Mon 6:00 pm May 11 5 $46.65 1011690
Tue 5:00 pm May 12 6 $55.98 1011697
Thu 5:00 pm May 14 6 $55.98 1011733
Sat 9:00 am May 16 6 $55.98 1011738
Earnscliffe Recreation Centre
Thu 6:00 pm May 14 6 $55.98 1011748
Sat 8:00 am May 16 6 $55.98 1011750
TENNIS LEVEL 1
Required Materials: All participants must bring their own racquet.
Age: 10 – 13
Class Length: 1 Hour

Cassie Campbell Community Centre
Mon 7:00 pm May 11 5 $46.65 1011691
Thu 6:00 pm May 14 6 $55.98 1011734
Sat 8:00 am May 16 6 $55.98 1011737

Earnscliffe Recreation Centre
Sat 11:00 am May 16 6 $55.98 1011753

TENNIS LEVEL 1
Required Materials: All participants must bring their own racquet.
Age: 14 - 17
Class Length: 1 Hour

Cassie Campbell Community Centre
Wed 6:00 pm May 13 6 $63.24 1011729

Earnscliffe Recreation Centre
Thu 8:00 pm May 14 6 $63.24 1011754

TENNIS LEVEL 2
Players will continue to build on skills developed in Level 1. This program will have an emphasis on consistency and ball controls. Players will work on their skills through instruction, single games and double games.
Prerequisite: Tennis Level 1.
Required Materials: All participants must bring their own racquet.
Age: 18+
Class Length: 1 Hour

Cassie Campbell Community Centre
Tue 6:00 pm May 12 6 $85.44 1011698
Thu 8:00 pm May 14 6 $85.44 1011736

Earnscliffe Recreation Centre
Sat 9:00 am May 16 6 $55.98 1011751

CITY OF BRAMPTON TENNIS COURTS

PUBLIC TENNIS COURT REGULATIONS
Tennis courts are for tennis use only during the tennis season (April 15 – November 1). If weather permits, the season may be extended.
• Maximum 30 minutes of play when others are waiting.
• Public players must leave tennis-courts when recreation programs are in operation.
• Please use the honour system and be courteous to your fellow players.
• Tennis courts lit until 11:00 pm where applicable - By-law 161-89.
• For more information on public tennis facilities please call 905.458.6555 or email racquetinfo@brampton.ca

<table>
<thead>
<tr>
<th>FACILITY NAME</th>
<th>LIGHTS</th>
<th>NUMBER OF COURTS</th>
<th>NEAREST INTERSECTION</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Allen Kerbel Park</td>
<td>No</td>
<td>2</td>
<td>E of Main St. on Brickyard Way</td>
</tr>
<tr>
<td>2. Cassie Campbell</td>
<td>Yes</td>
<td>4</td>
<td>W of Chinguacousy Rd on Sandalwood Pkwy</td>
</tr>
<tr>
<td>3. Centennial Park</td>
<td>No</td>
<td>3</td>
<td>S of Queen St. E on Centre St. S</td>
</tr>
<tr>
<td>4. Clark Boulevard Park</td>
<td>No</td>
<td>2</td>
<td>E of Dixie Rd. on Clark Blvd.</td>
</tr>
<tr>
<td>5. County Court Park</td>
<td>Yes</td>
<td>2</td>
<td>E of Main St. S on County Court Blvd.</td>
</tr>
<tr>
<td>6. DMG Chinguacousy Park</td>
<td>Yes</td>
<td>2</td>
<td>N of Queen St E/W of Bramalea Rd.</td>
</tr>
<tr>
<td>7. Drinkwater Community Park</td>
<td>Yes</td>
<td>3</td>
<td>E of Chinguacousy Rd. on Drinkwater Rd.</td>
</tr>
<tr>
<td>8. Earnscliffe Park</td>
<td>Yes</td>
<td>3</td>
<td>S of Clark Blvd. on Eastbourne Dr.</td>
</tr>
<tr>
<td>9. English Street Park</td>
<td>No</td>
<td>2</td>
<td>W of Isabella St. on English St.</td>
</tr>
<tr>
<td>10. Kenpark Avenue Park</td>
<td>No</td>
<td>2</td>
<td>NE of Kennedy Rd/Christie Dr. on Hacienda Ct.</td>
</tr>
<tr>
<td>11. Knightsbridge Park</td>
<td>No</td>
<td>2</td>
<td>W of Bramalea Rd. on Knightsbridge Rd.</td>
</tr>
<tr>
<td>12. Morris Kerbel Park</td>
<td>Yes</td>
<td>4</td>
<td>N of Bovaird Dr. on Conestoga Dr.</td>
</tr>
<tr>
<td>13. Northwood Park</td>
<td>No</td>
<td>2</td>
<td>On Parkway Ave/N of Queen St. W</td>
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<td>15. Richvale Park</td>
<td>Yes</td>
<td>2</td>
<td>E of Kennedy Rd. on Richvale Rd.</td>
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<tr>
<td>16. Sandalwood Park</td>
<td>Yes</td>
<td>2</td>
<td>SW Intersection of Sandalwood Pkwy/Conestoga Dr.</td>
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<td>17. Steacy Park</td>
<td>Yes</td>
<td>3</td>
<td>S of Harold St. on Main St. S</td>
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<tr>
<td>18. Valleybrook Park</td>
<td>Yes</td>
<td>2</td>
<td>N of Williams Pkwy. on Centre St. N</td>
</tr>
<tr>
<td>19. White Spruce Park</td>
<td>Yes</td>
<td>2</td>
<td>N of Bovaird Dr. on Heart Lake Rd.</td>
</tr>
</tbody>
</table>
REGISTERED PROGRAMS

**TENNIS LEVEL 2**
Prerequisite: Tennis Level 1.
Required Materials: All participants must bring their own racquet.
Age: 10 – 13
Class Length: 1 Hour

Cassie Campbell Community Centre
Thu 7:00 pm May 14 6 $55.98 1011735
Earnscliffe Recreation Centre
Sat 10:00 am May 16 6 $55.98 1011739

**TENNIS LEVEL 2**
Prerequisite: Tennis Level 1.
Required Materials: All participants must bring their own racquet.
Age: 14 – 17
Class Length: 1 Hour

Cassie Campbell Community Centre
Wed 6:00 pm May 13 6 $63.24 1011730
Earnscliffe Recreation Centre
Thu 8:00 pm May 14 6 $63.24 1011755

**TENNIS LEVEL 3**
Players will learn intermediate techniques such as topspin, depth, placement, return and reception skills. Players will work on their skills through instruction, single games and double games.
Prerequisite: Tennis Level 2.
Required Materials: All participants must bring their own racquet.
Age: 6 – 10
Class Length: 1 Hour

Cassie Campbell Community Centre
Mon 5:00 pm May 11 5 $55.98 1011752

**TENNIS LEVEL 3**
Prerequisite: Tennis Level 2.
Required Materials: All participants must bring their own racquet.
Age: 10 – 13
Class Length: 1 Hour

Earnscliffe Recreation Centre
Thu 5:00 pm May 14 6 $55.98 1011747

**TENNIS LEVEL 3**
Prerequisite: Tennis Level 2.
Required Materials: All participants must bring their own racquet.
Age: 14 – 17
Class Length: 1 Hour

Cassie Campbell Community Centre
Tue 7:00 pm May 12 6 $63.24 1011720
Earnscliffe Recreation Centre
Mon 5:00 pm May 11 5 $52.70 1011743

**TENNIS LEVEL 3**
Prerequisite: Tennis Level 2.
Required Materials: All participants must bring their own racquet.
Age: 18+
Class Length: 1 Hour

Earnscliffe Recreation Centre
Thu 7:00 pm May 7 6 $85.44 1011749

**TENNIS LEVEL 4**
This advanced program will emphasize strategy, tactics and more difficult tennis skills such as the use of spin and slice. Players will work on their skills through instruction, single games and double games.
Prerequisite: Tennis Level 3.
Required Materials: All participants must bring their own racquet.
Age: 10 – 13
Class Length: 1 Hour

Cassie Campbell Community Centre
Mon 6:00 pm May 13 6 $63.24 1011730
Earnscliffe Recreation Centre
Thu 8:00 pm May 14 6 $63.24 1011755

**TENNIS LEVEL 4**
Prerequisite: Tennis Level 3.
Required Materials: All participants must bring their own racquet.
Age: 14 – 17
Class Length: 1 Hour

Cassie Campbell Community Centre
Mon 5:00 pm May 11 5 $55.98 1011752

**TENNIS - PARENT AND CHILD**
This program is for players with no previous tennis experience. Participants will enjoy learning the fundamentals of tennis including rules, scoring, grips, strokes, serving and volleying. Both parent and child must register for this program.
Required Materials: All participants must bring their own racquet.
Age: 6+
Class Length: 1 Hour

Professor’s Lake Recreation Centre
Sat 10:30 am May 30 4 $62.12 1011543

**Volleyball**
**Volleyball Skills and Drills**
This program will teach the fundamentals of volleyball. Participants will learn the rules, positioning, serving, forearm passes and overhead passes. Technical skills will be taught through instruction as well as game play.
Required Materials: Clean indoor running shoes
Age: 6 – 10
Class Length: 1 Hour

Century Gardens Recreation Centre
Mon 6:00 pm Mar 30 10 $68.30 1009050
Gore Meadows Community Centre
Sun 1:15 pm Apr 5 10 $68.30 1012635

**WATER ACTIVITIES**
**Canoeing and Kayaking**
This program will introduce you to the basic skills of kayaking. Participants will learn efficient paddling, proper balance in the boat, and how to stay safe on the water. This is a great introduction and confidence builder for those preparing for the open waters. All equipment will be provided.
Prerequisite: No swimming ability required, but participants must be comfortable in deep water with a lifejacket.
Required Materials: This program occurs outdoors regardless of the weather.
Please wear comfortable outdoor/weather appropriate clothing.
Age: 8 – 13
Class Length: 1 Hour

Professor’s Lake Recreation Centre
Sat 10:30 am May 30 4 $62.12 1011543

**Canoeing and Kayaking**
Prerequisite: No swimming ability required, but participants must be comfortable in deep water with a lifejacket.
Required Materials: This program occurs outdoors regardless of the weather.
Please wear comfortable outdoor/weather appropriate clothing.

**Age:** 14+
**Class Length:** 1 Hour

**Professor’s Lake Recreation Centre**
Sat 11:45 am May 30 $94.72 1011545

**KAYAK WORKOUT**
Kayaking provides both a fantastic core workout and cardio training. Through a variety of paddling drills and training sets, you will get a great workout, learn efficient paddling techniques and have fun! All equipment will be provided.

**Prerequisite:** Participants should have canoe or kayak experience. No swimming ability required, but participants must be comfortable in deep water with a lifejacket.

**Required Materials:** This program occurs outdoors regardless of the weather; please dress appropriately.

**Age:** 14+
**Class Length:** 1 Hour

**Professor’s Lake Recreation Centre**
Sat 11:30 am May 30 $71.04 1011536

**STAND UP PADDLEBOARD**
This introductory course will teach the basics of stand up paddleboarding. Your instructor will lead you through comfortable progressions to balance, paddle and steer a stand up paddleboard. All equipment will be provided.

**Prerequisite:** No swimming ability required, but participants must be comfortable in deep water with a lifejacket.

**Required Materials:** This program occurs outdoors regardless of the weather; please dress appropriately in clothing that can get wet.

**Age:** 14+
**Class Length:** 1 Hour

**Professor’s Lake Recreation Centre**
Sat 9:15 am May 30 $94.72 1011542

**STAND UP PADDLEBOARD MIND, BODY AND SOUL**
Take time to stretch and relax on a paddleboard, in a class that integrates various movements from Yoga, Pilates, Tai Chi, breathing and relaxation exercises. This class will strengthen your core, improve your balance and provide a full body workout.

**Prerequisite:** Stand Up Paddleboard experience or previous classes. No swimming ability required, but participants must be comfortable in deep water with a lifejacket.

**Required Materials:** This program occurs outdoors regardless of the weather; please dress appropriately in clothing that can get wet.

**Age:** 14+
**Class Length:** 1 Hour

**Professor’s Lake Recreation Centre**
Sat 9:00 am May 30 $71.04 1011513

**RACQUET MEMBERSHIPS**

**RACQUETS ONLY MEMBERSHIP**
This membership includes CITY-WIDE use of Squash and Racquetball. For indoor tennis rates, please refer to Tennis Memberships. Saturday Night Special available after 5 pm. Monthly payments available on Annual Memberships.

<table>
<thead>
<tr>
<th>LIST OF FACILITIES</th>
<th>SQUASH</th>
<th>RACQUETBALL</th>
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</thead>
<tbody>
<tr>
<td>Chris Gibson Recreation Centre</td>
<td>905.874.2820</td>
<td>*</td>
</tr>
<tr>
<td>Ellen Mitchell Recreation Centre</td>
<td>905.791.4811</td>
<td>*</td>
</tr>
<tr>
<td>Jim Archdekin Recreation Centre</td>
<td>905.840.1023</td>
<td>*</td>
</tr>
<tr>
<td>Loafer’s Lake Recreation Centre*</td>
<td>905.846.2370</td>
<td>*</td>
</tr>
<tr>
<td>Terry Miller Recreation Centre</td>
<td>905.791.8211</td>
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<table>
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<tr>
<th>MEMBERSHIP TYPE</th>
<th>TICKET PRICE</th>
<th>SATURDAY NIGHT SPECIAL</th>
<th>PACKAGE OF 10</th>
<th>ANNUAL</th>
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<tr>
<td>Teen 14 – 17</td>
<td>$6.50</td>
<td>$3.00</td>
<td>$58.50</td>
<td>$160.56</td>
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<td>Full time</td>
<td>$7.10</td>
<td>$3.00</td>
<td>$63.90</td>
<td>$197.61</td>
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<tr>
<td>Student**</td>
<td>$9.00</td>
<td>$5.00</td>
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<tr>
<td>18 – 54</td>
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<td>$3.00</td>
<td>$51.80</td>
<td>$160.56</td>
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*Please be advised the Loafer’s Lake Recreation Centre is closed for construction and is scheduled to reopen in fall 2020.

**Students may be asked for proof of full-time studies.**

**DROP-IN SPORTS ADMISSION RATES**

<table>
<thead>
<tr>
<th>CURLING</th>
<th>BADMINTON, BASKETBALL, DODGEBALL, SOCCER, VOLLEYBALL</th>
<th>WATER SPORTS (UNDERWATER HOCKEY &amp; UNDERWATER RUGBY)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Child/Youth 13 &amp; under</td>
<td>$2.00</td>
<td>$2.00</td>
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<tr>
<td>Teen 14 – 17</td>
<td>$2.25</td>
<td>$2.25</td>
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<tr>
<td>Adult 18 – 54</td>
<td>$9.00</td>
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<tr>
<td>Adult 55+</td>
<td>$5.00</td>
<td>$3.75</td>
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</tbody>
</table>

PAGE 66

BRAMPTON.CA/RECREATION