

SENIORS' MONTH | CALENDAR OF EVENTS | 2019

Monday June 3

<p>Walking Program 8 - 9 am Flower City Seniors Centre</p>	<p>Mind, Body and Soul 10:30 - 11:25 am South Fletcher's</p>	<p>Aqua Rebab 3 - 4 pm Chinguacousy Wellness Centre</p>
<p>Aquafit - Deep Water 8:30 - 9:30 am South Fletcher's</p>	<p>Public Skate 11 am - 12:50 pm South Fletcher's</p>	<p>Volleyball 7 pm - 10 pm Flower City Seniors Centre</p>
<p>Billiards 9 am - 9 pm Flower City Seniors Centre</p>	<p>Easy Fit 11:15 am - 12:10 pm Chinguacousy Wellness Centre</p>	
<p>Pickleball 9 am - 12 pm Flower City Seniors Centre</p>	<p>Zumba™ Gold 11:30 am - 12:25 pm Gore Meadows Community Centre</p>	
<p>Genealogy Online 9 - 11 am Flower City Seniors Centre Lawn Bowling</p>	<p>Public Swim 18+ 11:30 am - 1 pm Chris Gibson Recreation Centre</p>	
<p>Aquafit - Shallow Water 9:30 - 10:30 am South Fletcher's</p>	<p>Fitness Class - Fit Express 12:15 - 12:45 pm Earnscliffe Recreation Centre</p>	
<p>Drop-in Basketball 9:30 - 11 am South Fletcher's</p>	<p>Dominoes 1 - 6 pm Flower City Seniors Centre</p>	
<p>Walking Soccer 10 - 11:30 am Brampton Soccer Centre</p>	<p>Contract Bridge 1 - 4 pm Flower City Seniors Centre</p>	

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Tuesday June 4

<p>Walking Program 7:30 - 8:30 am Flower City Seniors Centre</p>	<p>Chess Club 10 am - 4 pm Flower City Seniors Centre</p>	<p>Easy Fit 5:30 - 6:25 pm Chinguacousy Wellness Centre</p>
<p>Aquafit - Shallow Water 8:30 - 9:30 am South Fletcher's</p>	<p>Zumba™ Gold 10:30 - 11:25 am South Fletcher's</p>	<p>Table Tennis 7 - 10 pm Flower City Seniors Centre</p>
<p>Badminton 8:30 am - 12 pm Flower City Seniors Centre</p>	<p>Fitness drop-in 11 am - 3 pm Cassie Campbell</p>	<p>Scrabble 7 - 10 pm Flower City Seniors Centre</p>
<p>Aquafit - Moderate Intensity 9 - 10 am Chris Gibson Recreation Centre</p>	<p>Public Swim 18+ 11:30 am - 1 pm Chris Gibson Recreation Centre</p>	<p>Pickleball 7 - 10:30 pm Flower City Seniors Centre</p>
<p>Billiards 9 am - 9 pm Flower City Seniors Centre</p>	<p>Pickleball 11:30 am - 1 pm Gore Meadows Community Centre</p>	
<p>Crafter's Club 9 am - 2 pm Flower City Seniors Centre</p>	<p>Cribbage 1 - 4 pm Flower City Seniors Centre</p>	
<p>Fitness Class - Super Sculpt 9:30 - 10:25 am Earnscliffe Recreation Centre</p>	<p>Euchre 1 - 4 pm Flower City Seniors Centre</p>	
<p>Pickleball 9:30 - 11 am Century Gardens Recreation Centre</p>	<p>Social Cards 1:30 - 4:30 pm Flower City Seniors Centre</p>	
<p>Drop-in Volleyball 9:30 - 11 am South Fletcher's</p>	<p>Basketball 5 - 6:30 pm Flower City Seniors Centre</p>	

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Wednesday June 5

<p>Walking Program 8 - 9 am Flower City Seniors Centre</p>	<p>Drop-in Basketball 9:30 - 11 am South Fletcher's</p>	<p>Social Cards 1 - 4 pm Flower City Seniors Centre</p>
<p>Aquafit - Shallow Water 8:30 - 9:30 am South Fletcher's</p>	<p>Carpet Bowling 10 am - 12 pm Flower City Seniors Centre</p>	<p>Wood Burning and Wood Carving 1 - 4 pm Flower City Seniors Centre</p>
<p>Billiards 9 am - 9 pm Flower City Seniors Centre</p>	<p>Aquafit - Low Intensity 10:15 - 11:15 am Chris Gibson Recreation Centre</p>	<p>Dance Practice 3 - 5 pm Flower City Seniors Centre</p>
<p>Crafter's Club 9 am - 2 pm Flower City Seniors Centre</p>	<p>Fitness Class - Burn N' Firm 10:30 - 11:25 am Earnscliffe Recreation Centre</p>	<p>Pickleball 4:30 - 6:45 pm Flower City Seniors Centre</p>
<p>Wood Burning and Wood Carving 9 am - 12 pm Flower City Seniors Centre</p>	<p>On The Ball 10:30 - 11:25 am South Fletcher's</p>	<p>Bid Euchre 7 - 10 pm Flower City Seniors Centre</p>
<p>Mah Jong 9 am - 12 pm Flower City Seniors Centre</p>	<p>Public Skate 11 am - 12:50 pm South Fletcher's</p>	<p>Euchre 7 - 10 pm Flower City Seniors Centre</p>
<p>Pickleball 9 am - 12 pm Brampton Soccer Centre</p>	<p>Public Swim 18+ 11:30 am - 1 pm Chris Gibson Recreation Centre</p>	<p>Fine Tune Folk Club 7 - 10 pm Flower City Seniors Centre</p>
<p>Aquafit - Moderate Intensity 9:30 - 10:30 am Ellen Mitchell Recreation Centre</p>	<p>Shuffleboard 1 - 4 pm Flower City Seniors Centre</p>	<p>Badminton 7 - 10:30 pm Flower City Seniors Centre</p>
<p>Circuit 9:30 - 10 am Century Gardens Recreation Centre</p>	<p>Social Duplicate Bridge 1 - 4:30 pm Flower City Seniors Centre</p>	

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Thursday June 6

<p>Walking Program 8 - 9 am Flower City Seniors Centre</p>	<p>Aquafit 9:30 - 10:30 am Century Gardens Recreation Centre</p>	<p>Badminton 4 - 6:30 pm Flower City Seniors Centre</p>
<p>Aquafit - Shallow Water 8:30 - 9:30 am South Fletcher's</p>	<p>Creative Writing 9:30 - 11:30 am Flower City Seniors Centre</p>	<p>Bid-Euchre 7 - 10 pm Flower City Seniors Centre</p>
<p>Aquafit 8:30 - 9:30 am Century Gardens Recreation Centre</p>	<p>Drop-in Volley Ball 9:30 - 11 am South Fletcher's</p>	<p>Musicfest Rehearsal 7- 10 pm Flower City Seniors Cent</p>
<p>Aquafit - Moderate Intensity 9 - 10 am Chris Gibson Recreation Centre</p>	<p>Fitness Class - Easy Fit 10:30 - 11:25 am Earnscliffe Recreation Centre</p>	<p>Volleyball 7 - 10 pm Flower City Seniors Centre</p>
<p>Quilting 9 am- 12 pm Flower City Seniors Centre</p>	<p>Fitness drop-in 11 am - 3 pm Cassie Campbell Community Centre</p>	<p>Pickleball 7 - 10:30 pm Flower City Seniors Centre</p>
<p>Billiards 9 am - 9 pm Flower City Seniors Centre</p>	<p>Pickleball 11:30 am - 1 pm Gore Meadows Community Centre</p>	
<p>Table Tennis 9 - 11:30 am Flower City Seniors Centre</p>	<p>Public Swim 18+ 11:30 am - 1 pm Chris Gibson Recreation Centre</p>	
<p>Wood Burning and Wood Carving 9 am - 12 pm Flower City Seniors Centre</p>	<p>Beading 12 - 2:30 pm Flower City Seniors Centre - Lawn Bowling</p>	
<p>Shallow Water Aquafit - Low Intensity 9:15 - 10:15 am Balmoral Recreation Centre</p>	<p>Tai Chi 1 - 2:30 pm Flower City Seniors Centre</p>	
<p>Stretch and Strengthen 9:15 - 10:15 am Brampton Soccer Centre</p>	<p>Pickleball 1 - 2:30 pm Gore Meadows Community Centre</p>	

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Friday June 7

<p>Walking Program 7:30 - 8:30 am Flower City Seniors Centre</p>	<p>Aquafit - Low Intensity 10:15 - 11:15 am Chris Gibson Recreation Centre</p>	<p>Wood Burning and Wood Carving 1 - 4 pm Flower City Seniors Centre</p>
<p>Aquafit - Deep Water 8:30 - 9:30 am South Fletcher's</p>	<p>Zumba™ Gold 10:30 - 11:25 am South Fletcher's</p>	<p>Badminton 6 - 10:30 pm Flower City Seniors Centre</p>
<p>Billiards 9 am - 9 pm Flower City Seniors Centre</p>	<p>Public Skate 11 am - 12:50 pm South Fletcher's</p>	<p>Bid Euchre 7 - 10 pm Flower City Seniors Centre</p>
<p>Wood Burning and Wood Carving 9 am - 12 pm Flower City Seniors Centre</p>	<p>Jam Session 11:15 am - 1:15 pm Flower City SC - Lawn Bowling</p>	<p>Euchre 7 - 10 pm Flower City Seniors Centre</p>
<p>Crafter's Club 9 - 11 am Knightsbridge</p>	<p>Fitness Class - Tai Chi 12 - 12:55 pm Earnscliffe Recreation Centre</p>	<p>Public Swim 18+ 8 - 9 pm Chris Gibson Recreation Centre</p>
<p>Shallow Water Aquafit Medium Intensity 9 - 10am Earnscliffe Recreation Centre</p>	<p>Contract Bridge 12:45 - 3:45 pm Flower City Seniors Centre</p>	
<p>Aquafit - Shallow Water 9:30 - 10:30 am South Fletcher's</p>	<p>Tai Chi 1 - 2:30 pm Flower City Seniors Centre</p>	
<p>Aquafit - Moderate Intensity 9:30 - 10:30 am Ellen Mitchell Recreation Centre</p>	<p>Movie Matinee 1 - 3 pm Flower City Seniors Centre</p>	
<p>Drop-in Basketball 9:30 - 11am South Fletcher's</p>	<p>Watercolours Painting 1 - 3 pm Flower City Seniors Centre Lawn Bowling</p>	

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Saturday June 8	Sunday June 9
<p>Billiards 9 am - 5 pm Flower City Seniors Centre</p>	<p>Billiards 9 am - 4 pm Flower City Seniors Centre</p>
<p>Volleyball 9 am - 12 pm Flower City Seniors Centre</p>	<p>Movie Matinee 1 - 3 pm Flower City Seniors Centre</p>
<p>Dance Practice 12:30 - 2:30 pm Flower City Seniors Centre</p>	
<p>Public Swim 18+ 1 - 2 pm Chris Gibson Recreation Centre</p>	
<p>Dance Practice 2 - 4 pm Flower City Seniors Centre</p>	