



Preparing For Emergencies

Be Prepared...Have a Plan

Make sure everyone in your family knows what to do before, during and after an emergency. Set up a family meeting to discuss how you can best prepare for an emergency. Have a plan. If you live alone, develop a plan for yourself with links to neighbours and friends.

Keep Emergency Numbers Handy

Keep a list of key telephone numbers and addresses near the phone. In an emergency situation, use the phone for emergency calls only. Select a person in another area to be your family's contact person if you get separated during an emergency. Ensure that everyone has this person's name and telephone number at all times.

Develop a Home Escape Plan

Develop an escape plan by drawing a floor plan of your residence. Using a black or blue pen, show the location of doors, windows, stairways and large furniture. Use a separate page for each floor. Indicate the location of emergency supplies, fire extinguishers, smoke alarms, collapsible ladders, first aid kits and utility shut-off points. Next, use a coloured pen to draw a broken line charting at least two escape routes from each room. Finally, mark a place outside of the home where household members should meet in case of emergency.



Multilingual Services - Translation

If you live in an apartment, show everyone in your family where to find the emergency exit. Show them where the fire alarm is, and explain when and how to use it. In a fire or other emergency, never use the elevators, as they may not work if the power goes out. For further information on high-rise safety, contact your local Fire and Emergency Services. Practise emergency evacuation drills with all household members at least twice every year. Keep your home escape plan visible where babysitters or children can see it. For further information on developing a Home Escape Plan, contact your local Fire and Emergency Services – Fire Prevention Division.

Prepare a Family Emergency Kit

An emergency kit will provide your family with essentials if you are evacuated from your home or confined to your home during an emergency event. The emergency kit should contain enough supplies for 3 days. Make sure everyone knows where to find the family emergency kit. The emergency kit should include:

- Medication and first aid supplies
- Water
- Non-perishable food
- Flashlights and batteries
- Blankets and warm clothing

For more information or to book a presentation to your community organization, call 905-874-2911