

# Comprehensive Opioid Strategy for **Peel Region**

Dr. Kate Bingham, Associate Medical Officer of Health  
Region of Peel-Public Health  
November 20, 2018

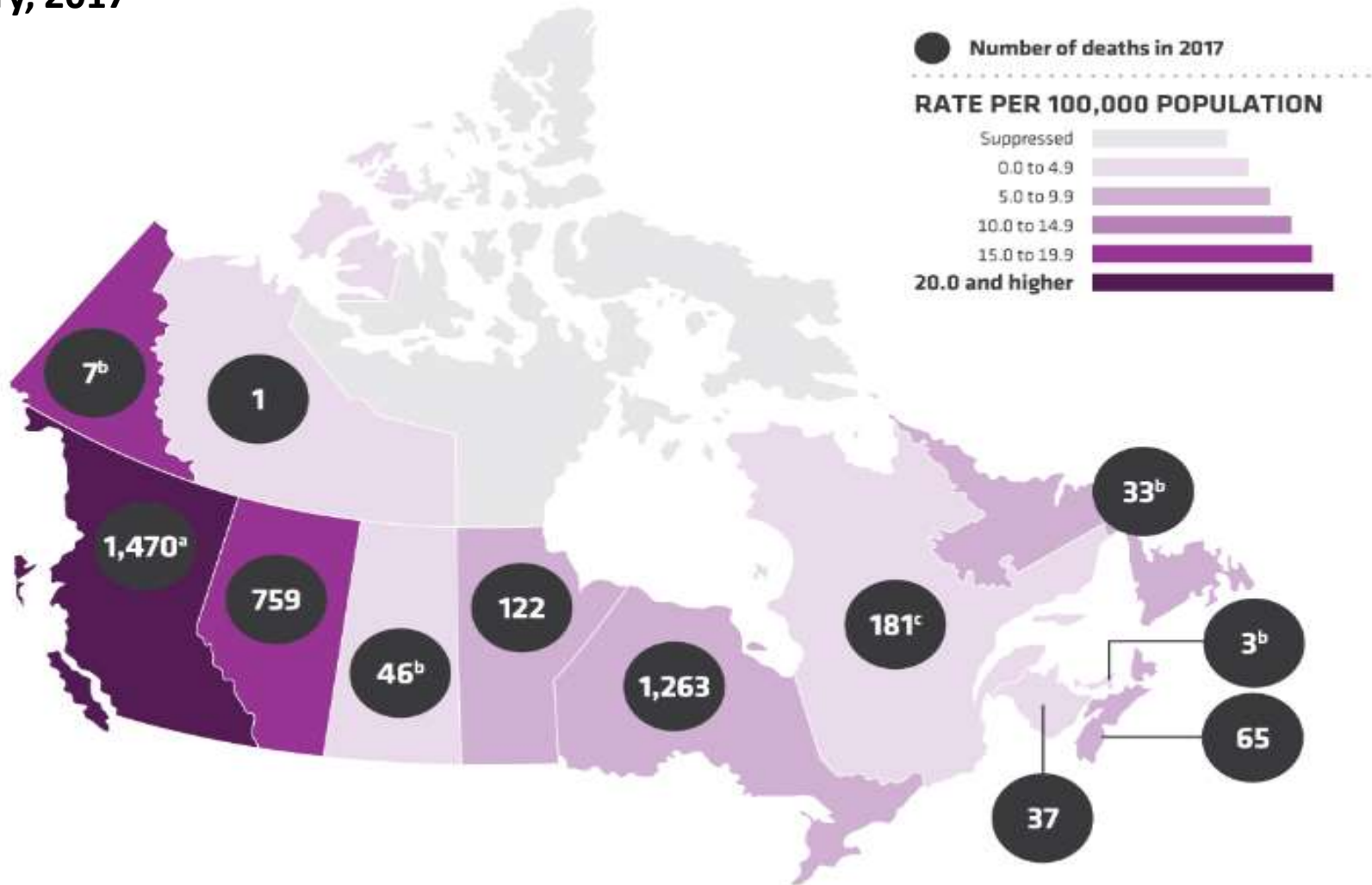
# Opioid Use

- Steady increase in prescriptions for opioids over last 20 years
  - Canada is the world's second largest per capita consumer of opioids
- Emergence of highly potent illicit opioids, such as illicit fentanyl
- Parallel increase in opioid-associated deaths
- Many deaths involve younger adults, resulting in many potential years of life lost



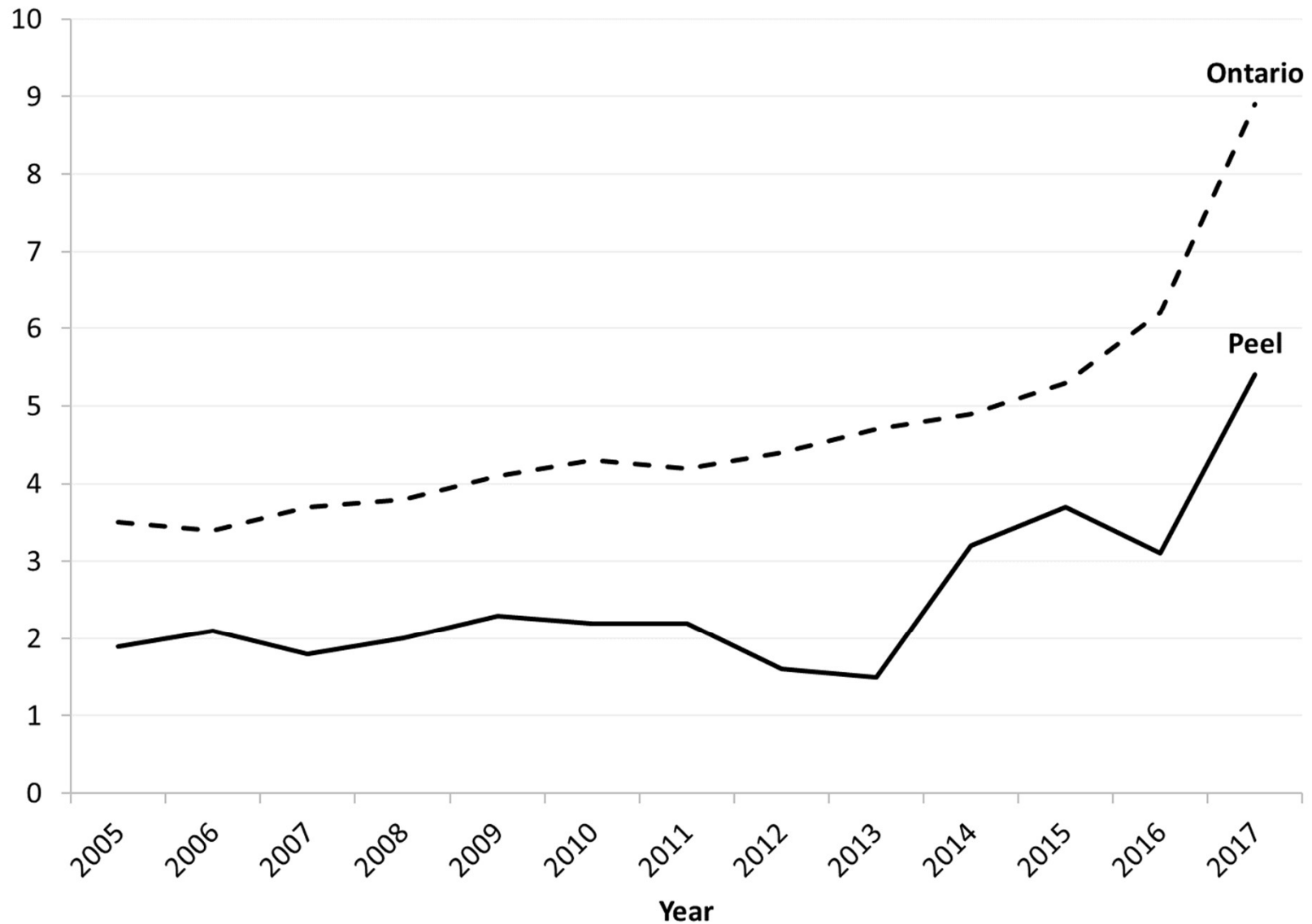
# Opioid-Related Deaths, 2017

Number and rate (per 100,000 population) of apparent opioid-related deaths by province or territory, 2017



# Opioid-Related Deaths, 2003-2017

Crude mortality rate (deaths per 100,000 population)

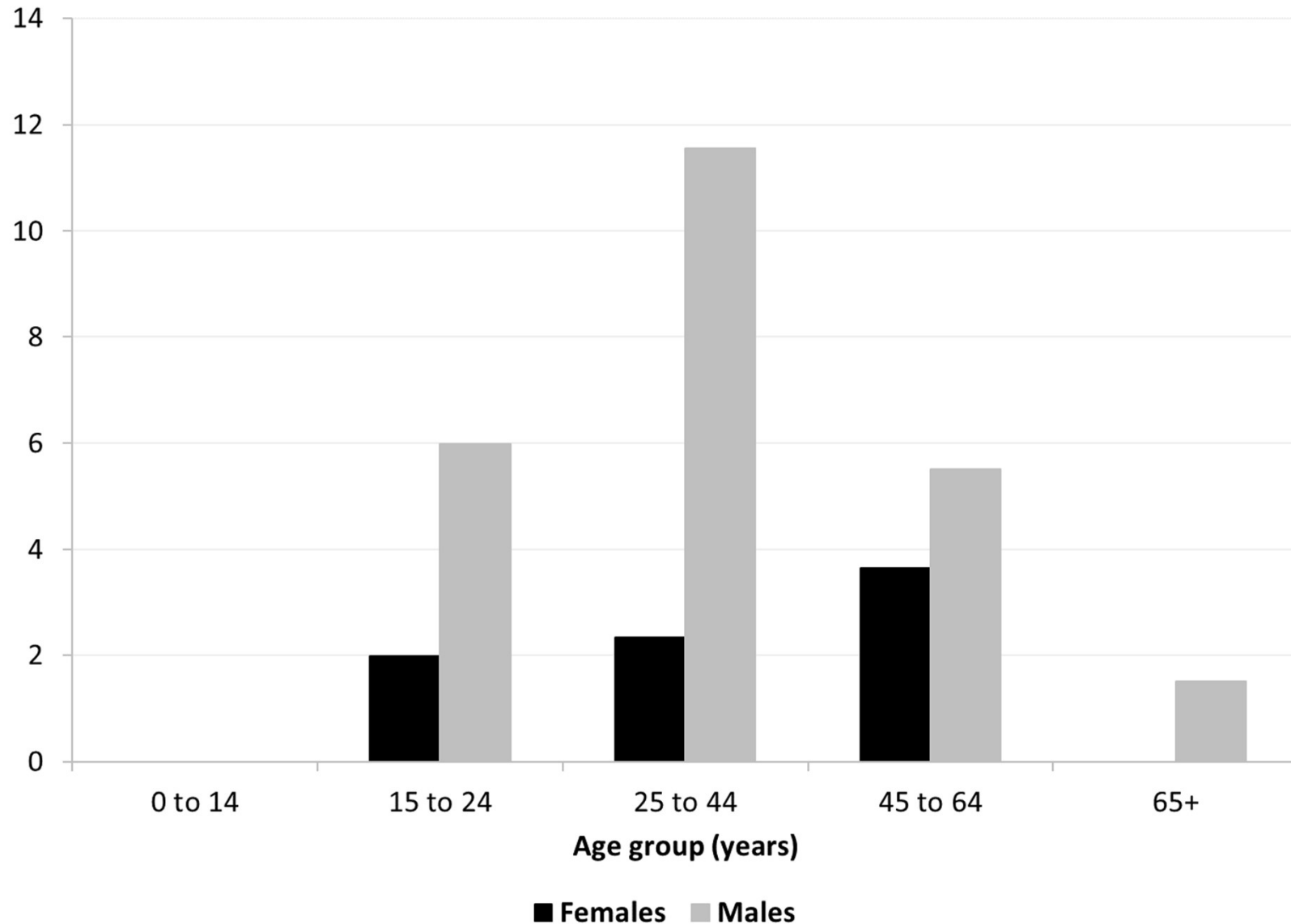


Note: Data for 2017 are preliminary and subject to change.

Source: Ontario Agency for Health Protection and Promotion (Public Health Ontario). Interactive Opioid Tool. Toronto, ON: Queen's Printer for Ontario; 2018. Available from: <http://www.publichealthontario.ca/en/DataAndAnalytics/Opioids/Opioids.aspx>

# Opioid-Related Deaths, 2014-2017

Crude mortality rate (deaths per 100,000 population)



Note: Data for 2017 are preliminary and subject to change.

Source: Ontario Agency for Health Protection and Promotion (Public Health Ontario). Interactive Opioid Tool. Toronto, ON: Queen's Printer for Ontario; 2018. Available from: <http://www.publichealthontario.ca/en/DataAndAnalytics/Opioids/Opioids.aspx>

# FEDERAL APPROACH ON CANADA'S OPIOID CRISIS



## PUBLIC HEALTH EMERGENCY RESPONSE

ENABLING A COORDINATED PAN-CANADIAN RESPONSE TO THE OPIOID CRISIS

Data, surveillance and research | Public communications | P/T and stakeholder engagement | Surge capacity, mobilization and support

### PREVENTION

PREVENTING  
PROBLEMATIC OPIOID USE

Implement the Health Portfolio's  
Problematic Prescription  
Drug Use Strategy

Improve prescribing practices

Better inform Canadians  
about the risks of opioids

### TREATMENT

SUPPORTING INNOVATIVE  
APPROACHES TO TREATMENTS

Better access for rural and remote  
First Nations communities

Improve access to medication-assisted  
treatments for opioid use disorder

Improve treatment options  
for pain management

Share knowledge on treatments  
for opioid use disorder

Increase cooperation between the criminal  
justice system and social services sector  
(e.g., Drug Treatment Courts)

### HARM REDUCTION

SUPPORTING A RANGE OF TOOLS  
AND MEASURES FOR INDIVIDUALS  
AND COMMUNITIES

Support the establishment of  
supervised consumption sites

Facilitate access to naloxone

Ensure timely laboratory drug analysis  
information is shared between partners

Support legislation to protect  
individuals who seek emergency  
assistance for overdose

Reduce public health consequences  
of problematic substance use

### ENFORCEMENT

ADDRESSING ILLEGAL  
DRUG PRODUCTION, SUPPLY  
AND DISTRIBUTION

Continue enforcement on the importation,  
exportation and trafficking of illegal opioids

Pursue legislative, regulatory, policy  
and programmatic changes to better  
control substances and equipment

Collect, assess and share information  
with law enforcement agencies  
domestically and internationally

Support education and training  
for law enforcement



### AN APPROACH SUPPORTED BY STRONG EVIDENCE

Better identifying trends, targeting interventions, monitoring impacts and supporting evidence-based decisions

- Facilitate timely and comparable data collection and methodologies
- Consult experts and support research and knowledge sharing

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# Provincial Approach

- Announcement to invest in mental health and opioid addiction treatment services
- Recently implemented a new Consumption and Treatment Services model
  - Replacing previous overdose prevention sites
  - Requiring specific provincial program criteria in addition to meeting federal Supervised Consumption Sites program requirements
  - Limited funding



# Peel's Local Response

- Peel Public Health prioritized actions related to:
  - Understanding opioid misuse and overdose in Peel
  - Urgent response planning
  - Harm reduction program enhancements
  - Building partnerships to develop a coordinated local strategy





# Harm Reduction Program Enhancement Mobile Outreach Services

**Monday - Saturday: 4:00pm – 11:00pm**

- Needles and injection equipment
- Safer Inhalation Equipment
- Safer piercing kits
- Naloxone kits and overdose prevention education
- Disposal of used needles
- Condoms and lube
- Information on safer drug and steroid use
- Education and referrals

All services are **FREE** and **CONFIDENTIAL** – No Health Card Needed



PEEL WORKS **NEP** > NEEDLE EXCHANGE PROGRAM



# SCS Needs Assessment and Feasibility Study in Peel

- Evidence review on Supervised Consumption Sites (SCS) – effective intervention

## Purpose of Feasibility Study

- Explore the perspectives of the drug and substance-using community, general community members, and key informants on the acceptability, feasibility and preferences of supervised consumption services in Peel.
  - Demographics
  - Routes of drug administration
  - Location and number of SCS
  - Associated services
  - Benefits and concerns
  - Description of the local need for SCS



# Opioid Strategy for Peel



## Objectives

- Ensure cross-sectoral collaboration and coordination of priorities, policies and interventions to prevent and reduce harms related to opioid use for Peel residents
- Guide long-term local solutions to prevent harmful opioid use, ensure access to effective treatment for opioid use disorders and prevent and reduce harms related to opioid use in Peel

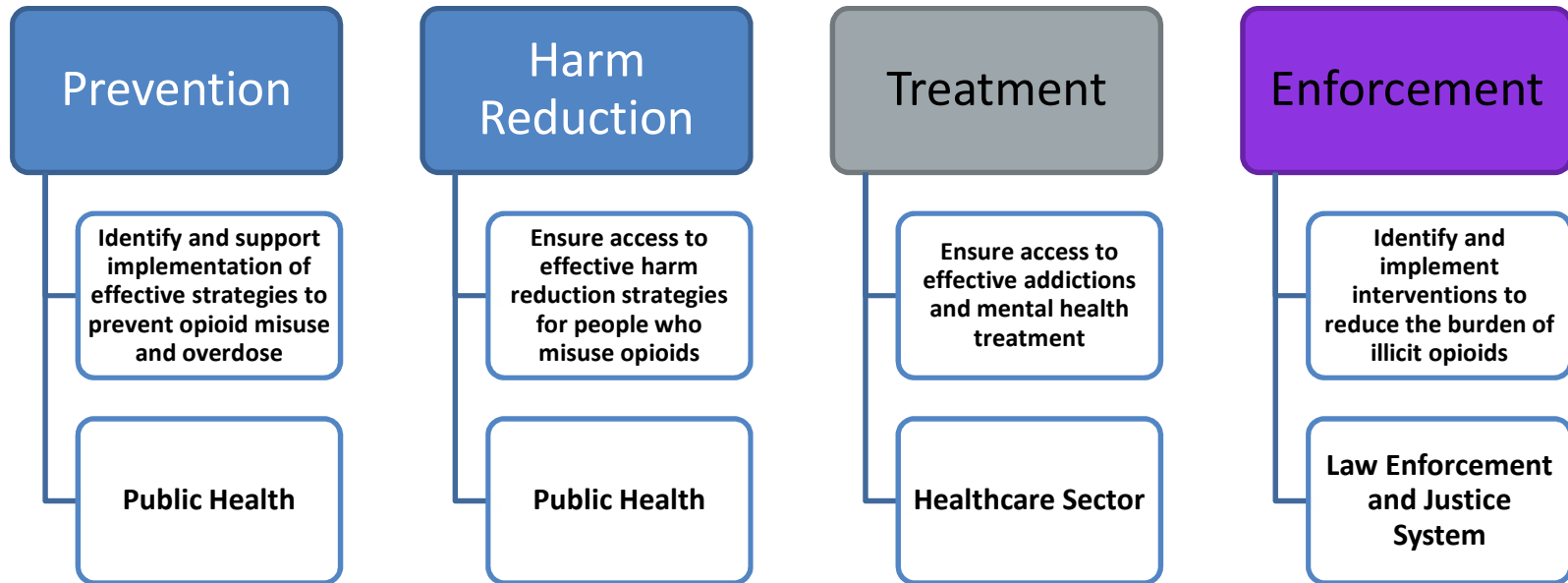


## Principles

- Meaningful incorporation of the lived experience of people who have been most affected by the opioid epidemic
- Community engagement and consultation
- Decisions and interventions based on best available evidence
- Considerations of health equity
- Multi-sectoral collaboration

# Four Pillar Approach

Opioid Strategy for Peel: Preventing and reducing harms related to opioid use  
*In alignment with Federal, Provincial and related Regional strategies*



Surveillance and Health Status Data

Urgent Response Planning and Coordination

Policy and Advocacy

# Strategy Development Governance

## Advisory Level

- Responsible for **executive** organizational support of the Strategy, **advising** on the development of the Strategy for Peel and **achievement** of Strategy objectives



## Steering Level

- Responsible for **directing** the Strategy and **resolving strategic issues** to advance Strategy **development** and **achievement** of Strategy objectives



## Working Group Level

**For each of the four pillars – Prevention, Harm Reduction, Treatment, Enforcement**

- Responsible for identifying pillar **objectives**, current **needs** and **gaps**, and a **strategy** to address the gaps and achieve objectives



Peel Public Health **coordinating** and **linking** across pillars

(surveillance & health status data, community consultations, communication and advocacy strategies)

Urgent Response Planning and Coordination (ongoing)

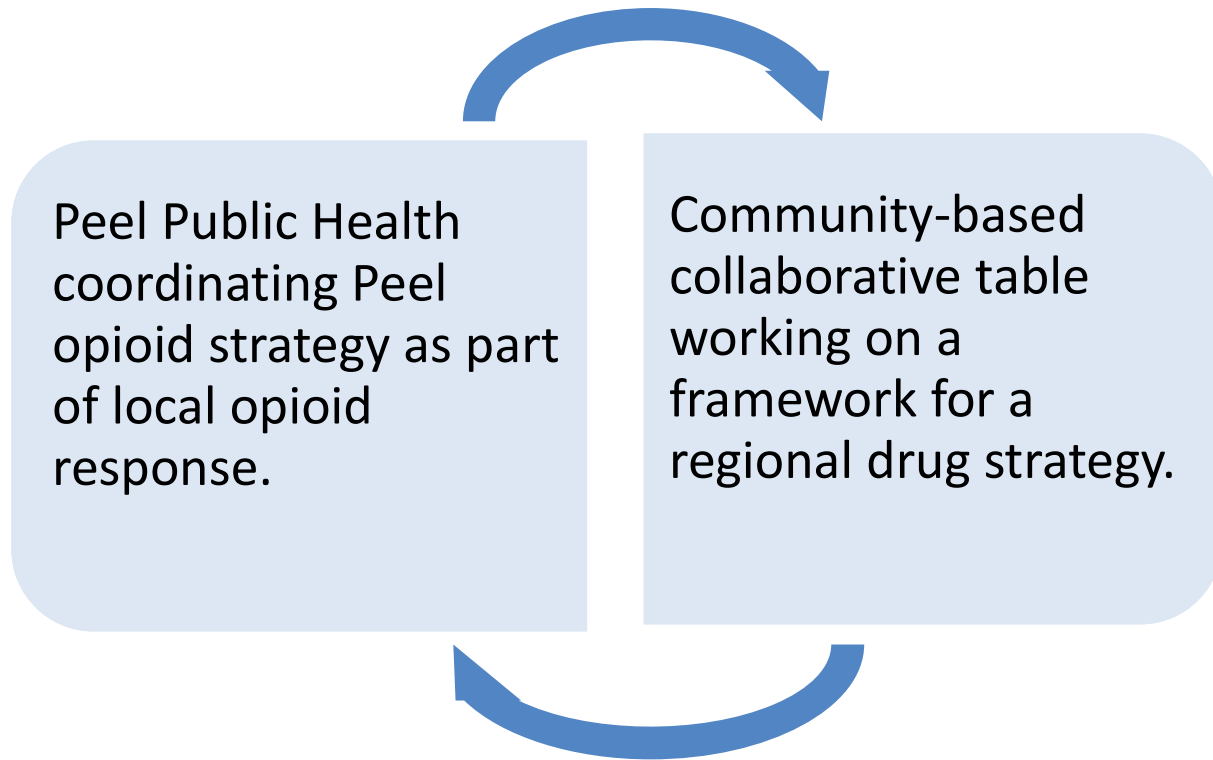
# Opioid Strategy Stakeholders

Brampton Fire and Emergency Services  
Caledon Fire and Emergency Services  
Canadian Mental Health Association-Peel  
Dufferin  
Central West Local Health Integration  
Network  
Dufferin-Peel Catholic District School Board  
Elizabeth Fry Society Peel-Halton  
Four Corners Community Health Centre  
John Howard Society-Peel, Halton, Dufferin  
Medical Program Coordinator, Fire  
(municipal)  
Mississauga Fire and Emergency Services  
Mississauga Halton Local Health Integration  
Network  
Office of the Chief Coroner  
Ontario Addiction and Treatment Centre –  
Brampton

Ontario Provincial Police, Caledon  
Detachment  
Peel Addiction Assessment and Referral  
Centre  
Peel Children's Centre  
Peel District School Board  
Peel HIV/AIDS Network - Peel Harm  
Reduction Committee  
Peel Regional Police  
Punjabi Community Health Services  
Region of Peel – Public Health, Human  
Services, Communications  
Sheridan College  
University of Toronto. Mississauga  
Wellfort

- Bloom Clinic
- Bramalea Community Health Centre
- Four Corners Community Health Centre

# Looking Ahead



## More information

- May 10, 2018 report to Regional Council: *Opioid Strategy for Peel Update*
  - Available at:  
<http://www.peelregion.ca/council/agendas/2018/2018-05-24-revised-rc-agenda.pdf>
- Health Status Report: *Opioids in Peel: A Profile of Opioid Use and Related Harms 2017*
  - Available at:  
<https://www.peelregion.ca/health/resources/pdf/opioids-in-peel.pdf>





# **Community Safety & Well-Being Plan for Peel Region**

Dr. Kate Bingham, Associate Medical Officer of Health, for:  
Dr. Jessica Hopkins, Medical Officer of Health  
Janice Sheehy, Commissioner of Human Services  
Region of Peel  
November 20, 2018

# The Legislation

- Bill 175, the Safer Ontario Act, 2018 received Royal Assent on March 8, 2018
- The Police Services Act, 2018, includes a new requirement for municipal councils to prepare and adopt a community safety and well-being plan (the 'Plan')
- The Plan must be adopted by Peel Regional Council by January 1<sup>st</sup>, 2021



# The Opportunity

- An opportunity for the Region of Peel, local governments, police, health, social services, education and community organizations to formalize working relationships and advance new and existing priorities collaboratively related to community safety and well-being



# Community Safety & Well-Being Defined

- The ideal state of a sustainable community where everyone is safe, has a sense of belonging, opportunities to participate, and where individuals and families can meet their needs for education, health care, food, housing, income, and social and cultural expression



# Shared Leadership for Planning

- System Leadership Table
  - Required by legislation
  - Includes senior leadership representation from LHINs, health care organizations, social service organizations, Police, municipalities, education sectors, and others
  - Secretariat function: Peel Public Health
- Anticipate alignment with existing tables and needed working groups in future

# How We'll Get There

- Develop and implement strategies that address the root causes of issues that negatively impact the safety and well-being of communities
- Strategies to reduce prioritized risk factors may include:
  - providing new services
  - changing existing services
  - improving the integration of existing services
  - coordinating existing services in a different way



# How We'll Get There

- Broad consultation on the proposed priorities and strategies to address them
- A sustainable system to monitor, evaluate and report on the effect of the Plan
- The Plan will be reviewed and revised at regular intervals





# Addressing Root Causes: Mental Health



Analysis and dissemination of data on the status of mental health and wellness in Peel

Collaboration with PDSB and DPCSB on child and youth mental health strategy

YES4MH – Youth Empowering Students for Mental Health  
Mental wellness program in collaboration with PDSB and DCPSB

Implementation of new (2018) Ontario Public Health Standards Mental Health Promotion Guideline

Regional advocacy priorities include increase funding and improved system integration of mental health and addictions treatment system

# Addressing Root Causes: Addictions

Analysis and dissemination of data on the status of substance use and related harms in Peel

Peel Works Needle Exchange Program (PWNEP)

Opioid Strategy for Peel leadership and facilitation

Efforts to prevent problematic youth drug and alcohol use

Advocacy for effective alcohol policies and interventions to mitigate drug and alcohol-related harms

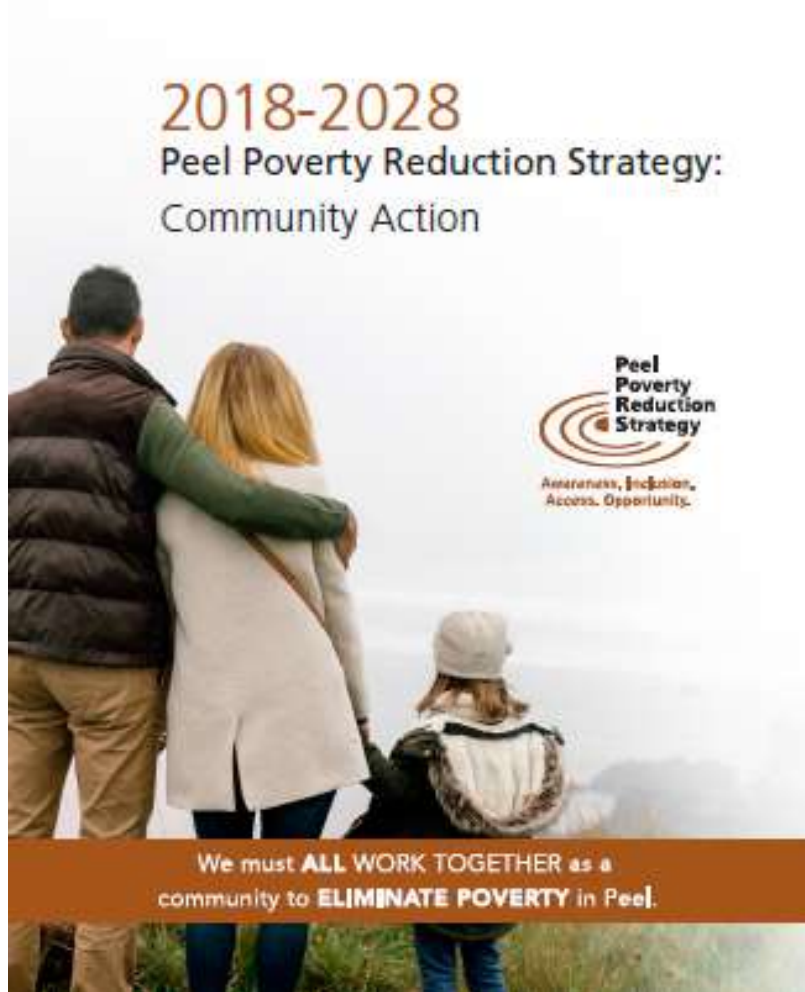


**Opioids** in Peel:  
A Profile of Opioid Use and Related Harms

2017

 **Region  
of Peel**  
working with you

# Addressing Root Causes: Poverty Reduction



Peel Poverty Reduction Strategy 2018-2028

Affordable Transit Program

Oral health services for children and seniors

Families First program which helps single-parent families with opportunities to support health and well-being

Community Benefits Agreements

File your taxes for free: Get your benefits now

Increased awareness of and access to food programs

Child care programs for parents who are precariously employed

# Addressing Root Causes: Housing and Homelessness

Renewal of the Region's 10 Year Housing and Homelessness Plan

Housing Capital Development Master Plan

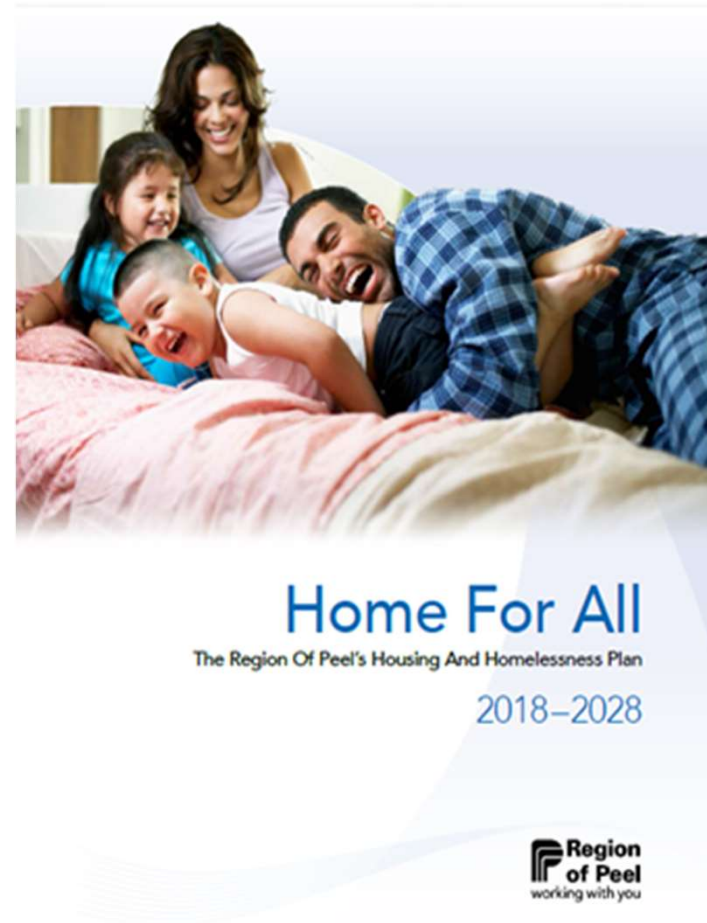
Emergency shelters and transitional housing facilities

Eviction prevention programs

Enumeration of Peel's homeless population and By-name priority list for homeless services

Enhanced focus on the affordable housing needs for middle income households

Funding for supportive housing in Mississauga



# Addressing Root Causes: Programming for At-Risk Youth



Summer Job Challenge for high-risk, vulnerable youth

As the System Manager for the Early Years system, the Region is implementing proactive approaches to support healthy family environments

Proposed Strategy to Address Human Sex Trafficking in Peel Region

Parenting and early learning programs with a focus on vulnerable families

Employment service supports program for youth experiencing barriers to acquiring gainful employment

## More information

- September 13, 2018 report to Regional Council: *Update on development of a Community Safety and Wellbeing Plan required un the Police Service Act, 2018*
  - Available at:  
<http://www.peelregion.ca/council/agendas/2018/2018-09-13-revised-rc-agenda.pdf>
- Province of Ontario: *Community Safety and Wellbeing Planning Framework*
  - Available at:  
<https://www.mcscs.jus.gov.on.ca/english/Publications/MCSCSSOPlanningFramework.html>



## Questions?

Region of Peel

[Kate.bingham@peelregion.ca](mailto:Kate.bingham@peelregion.ca)

[Jessica.hopkins@peelregion.ca](mailto:Jessica.hopkins@peelregion.ca)

[Janice.sheehy@peelregion.ca](mailto:Janice.sheehy@peelregion.ca)