

## **HEAT ALERT FOR THE CITY OF BRAMPTON – Monday, July 5, 2010**

Peel Public Health has issued a heat alert for the City of Brampton. Temperatures are expected to reach 33 degrees for today and possibly throughout the week.

Peel Public Health encourages residents to restrict outdoor activity. It is also recommended that the public stay out of the sun, drink lots of water and stay in air conditioned places. Seniors and young children are particularly at risk.

During heat alerts, pools, splash pads and recreation centres have extended hours:

- Eldorado outdoor pool is open until 8:00 pm.
- The City's splash/spray pads will remain open until 9:30 pm
- Gage Park wading pool is open until 8:30 pm.
- Cassie Campbell, South Fletcher's, Earnscliffe and Century Gardens Community Centres have been designated as cooling stations, and are open until 10 pm for residents who need to cool off.

The City of Brampton will update this information as conditions change.

For more information on heat safety, visit Peel Public Health at <http://www.peelregion.ca/health/heat/shelters-guidelines.htm>