

Tuesday, July 19, 2011

CITY OF BRAMPTON HELPS RESIDENTS STAY COOL

With the weather forecast for the rest of this week, the City of Brampton has stepped up efforts to enable residents to stay cool. City of Brampton pools, splash pads and recreation centres have extended hours.

Starting tomorrow, Wednesday, July 20 at noon, South Fletcher's Sportsplex, Cassie Campbell Community Centre, Century Gardens Recreation Centre and Earnscliffe Recreation Centre have been designated as cooling stations, and will be open until 9 pm for residents who need to cool off.

The Atrium at City Hall will also be open as a cooling station from 12 pm until 10 pm.

Residents are encouraged to restrict outdoor activity. It is also recommended that the public stay out of the sun, drink lots of water and stay in air conditioned places. Seniors and young children are particularly at risk, and residents are encouraged to check in on friends and family who they think may be vulnerable.

For more information on heat safety, visit Peel Public Health at <http://www.peelregion.ca/health/heat/shelters-guidelines.htm>

BE SAFE IN THE WATER

- Residents are also reminded to play it safe near the water:
- Always keep young children within arms' reach around the water.
- Never swim alone.
- Restrict and control access to backyard pools with fencing on all four sides.
- Put a life jacket on young children when in the pool area or at the beach.
- Designate a backyard pool lifeguard or beach lifeguard among your group.
- Choose lifeguard-supervised beaches and pools for swimming.
- Empty unattended wading pools and buckets of water if not in use.
- If you have a pool or cottage, ensure family members learn lifesaving skills.

The City of Brampton will update this information as conditions change.