



WALK WITH US

QUEEN & KENNEDY WALKING CLUB

ANY EXCUSE FOR A WALK IS GOOD!

Whether it's for staying in shape, getting a breath of fresh air, improving digestion, sleeping better, taking time to think, or having time with friends. Walking clubs are a great way to meet people, stay fit and discover safe and new places to walk in your neighbourhood.

**PLEASE JOIN US
TUESDAY & THURSDAY EVENINGS**

INAUGURAL WALK

TUESDAY, APRIL, 26, 2011

6:45 PM

SHERIDAN PARKETTE

Accessible Via

Thorsby Court / Church Street / Sophia Street

FOR MORE INFORMATION CONTACT

CHRISTA WILLIAMS

Recreation Programmer – City of Brampton

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BRAMPTON
Flower City