



MARCH BREAK

CAMPS

ARCHERY CAMP

Learn or refine your bow and arrow skills. Participants will learn parts of the bow and arrow, proper shooting technique including stances, release, follow-through and anchor points. Campers may also participate in camp activities such as cooperative games, sports, aquatic activities and crafts. These activities vary by location. Before and after care is available; a separate registration and fee is required.

Required Equipment: Comfortable clothing including running shoes.

Age: 8 – 15

Professor's Lake Recreation Centre

Mon-Fri 9:00 am Mar 12 5 \$132.85 882986

BASKETBALL CAMP

Players of all abilities will enhance their offensive and defensive positioning, dribbling, shooting and passing. Technical skills will be taught through instruction as well as game play. Campers may also participate in camp activities such as cooperative games, sports, aquatic activities and crafts. These activities vary by location. Before and after care is available; a separate registration and fee is required.

Required Equipment: Comfortable clothing including running shoes.

Age: 6 – 9

Century Gardens Recreation Centre

Mon-Fri 9:00 am Mar 12 5 \$132.85 885503

BASKETBALL CAMP

Required Equipment: Comfortable clothing including running shoes.

Age: 10 – 13

Class Length: 7 hours

Cassie Campbell Community Centre

Mon-Fri 9:00 am Mar 12 5 \$132.85 878127

Century Gardens Recreation Centre

Mon-Fri 9:00 am Mar 12 5 \$132.85 885512

CHEERLEADING CAMP

This program focuses on stretching, stunts, formations, tricks, cheers and chants. Participants will coordinate various routines that showcase their flexibility, coordination and strength. Campers may also participate in camp activities such as cooperative games, sports, aquatic activities and crafts. These activities vary by location. Before and after care is available; a separate registration and fee is required.

Required Equipment: Comfortable clothing including running shoes.

Age: 6 – 13

Ken Giles Recreation Centre

Mon-Fri	9:00 am	Mar 12	5	\$132.85	880057
Mon	9:00 am	Mar 12	1	\$26.57	880100
Tue	9:00 am	Mar 13	1	\$26.57	880102
Wed	9:00 am	Mar 14	1	\$26.57	880105
Thu	9:00 am	Mar 15	1	\$26.57	880107
Fri	9:00 am	Mar 16	1	\$26.57	880111

LISTINGS LEGEND

Day	Time	Date	No.	Cost	Code
Tue	6:00pm	Dec 5	12	\$34	123456

Day, Time, and Date identify when the course begins
No. indicates how many classes are part of the course
Cost is the price
Code is needed for registering

DANCE CAMP

Learn a new routine each week and perform every Friday! This introductory dance program emphasizes fun and creative movement within a dance environment. Children will learn basic steps in a variety of dance disciplines such as ballet and jazz. Campers may also participate in camp activities such as cooperative games, sports, aquatic activities and crafts. These activities vary by location.

Required Equipment: Comfortable clothing including running shoes.

Age: 4 – 5

Central Public School

Mon-Fri 9:00 am Mar 12 5 \$132.85 885153

Howden Recreation Centre

Mon-Fri 9:00 am Mar 12 5 \$132.85 888321

DANCE CAMP

Required Equipment: Comfortable clothing including running shoes.

Age: 6 – 9

Brampton Soccer Centre

Mon 9:00 am Mar 12 5 \$132.85 876916

Central Public School

Mon-Fri 9:00 am Mar 12 5 \$132.85 885226

CAMPS

DANCE CAMP

Required Equipment: Comfortable clothing including running shoes.

Age: 10 – 13

Brampton Soccer Centre

Mon-Fri 9:00 am Mar 12 5 \$132.85 876917

EINSTEINS CAMP

This hands-on curriculum-based program includes math, science and technology. Campers will improve their math skills while learning about recent technology and conducting science experiments. Participants will learn scientific basics through hands-on activities that focus on observation, discovery and analysis. Campers may also participate in camp activities such as cooperative games, sports, aquatic activities and crafts. These activities vary by location. Before and after care is available; a separate registration and fee is required.

Required Equipment: Comfortable clothing including running shoes.

Age: 6 – 13

Gore Meadows Community Centre

Mon-Fri 9:00 am Mar 12 5 \$160.80 894265

Professor's Lake Recreation Centre

Mon-Fri 9:00 am Mar 12 5 \$160.80 882906

South Fletcher's Sportsplex

Mon-Fri 9:00 am Mar 12 5 \$160.80 889727

FUN WITH SNACKS AND TREATS CAMP

Through this camp, participants will indulge their creative side while working with no bake recipes. Participants will make a variety of intriguing treats and snacks that use basic ingredients without the need to use an oven. Campers may also participate in camp activities such as cooperative games, sports, aquatic activities and crafts. These activities vary by location. Before and after care is available; a separate registration and fee is required.

Required Equipment: Comfortable clothing including running shoes.

Age: 4 – 5

Central Public School

Mon-Fri 9:00 am Mar 12 5 \$132.85 885229

FUN WITH SNACKS AND TREATS CAMP

Required Equipment: Comfortable clothing including running shoes.

Age: 6 – 13

Central Public School

Mon-Fri 9:00 am Mar 12 5 \$132.85 885228



GLEE CLUB CAMP

Sing, dance and have fun! Campers will learn some of today's most popular song lyrics and choreograph their own dances to go along with them. Campers may also participate in camp activities such as cooperative games, sports, aquatic activities and crafts. These activities vary by facility. Before and after care is available; a separate registration and fee is required.

Required Equipment: Comfortable clothing including running shoes.

Age: 6 – 13

Century Gardens Recreation Centre

Mon-Fri 9:00 am Mar 12 5 \$132.85 885516

Jim Archdekin Recreation Centre

Mon-Fri 9:00 am Mar 12 5 \$132.85 877158

GYMNASTICS CAMP

Have fun developing body awareness, coordination, flexibility and strength using Olympic gymnastics equipment. Campers may also participate in camp activities such as cooperative games, sports, aquatic activities and crafts. These activities vary by location. Before and after care is available; a separate registration and fee is required.

Required Equipment: Comfortable clothing including running shoes.

Age: 4 – 5

Ken Giles Recreation Centre

Mon 9:00 am Mar 12 1 \$32.16 880115

Mon-Fri 9:00 am Mar 12 5 \$160.80 880068

Tue 9:00 am Mar 13 1 \$32.16 880117

Wed 9:00 am Mar 14 1 \$32.16 880118

Thu 9:00 am Mar 15 1 \$32.16 880119

Fri 9:00 am Mar 16 1 \$32.16 880122

GYMNASTICS CAMP

Required Equipment: Comfortable clothing including running shoes.

Age: 6 – 13

Ken Giles Recreation Centre

Mon-Fri 9:00 am Mar 12 5 \$160.80 880075

Mon 9:00 am Mar 12 1 \$32.16 880127

Tue 9:00 am Mar 13 1 \$32.16 880129

Wed 9:00 am Mar 14 1 \$32.16 880130

Thu 9:00 am Mar 15 1 \$32.16 880132

Fri 9:00 am Mar 16 1 \$32.16 880133

INCLUSIVE: NO LIMITS CAMP

In this camp program, participants with disabilities will participate in crafts, games, music, swimming and special events that promote fine and gross motor development.

Additional Fees: Services for individuals with needs that require one-to-one supervision are available and can be arranged through the Recreation Division for an additional fee. Deadline to register for this camp is March 8.

Age: 6 – 13

Century Gardens Recreation Centre

Mon 9:00 am Mar 12 5 \$160.80 885523

INCLUSIVE: NO LIMITS CAMP

Additional Fees: Services for individuals with needs that require one-to-one supervision is available and can be arranged through the Recreation Division for an additional fee. Deadline to register for this camp is March 8.

Age: 14 – 20

Loafer's Lake Recreation Centre

Mon 9:00 am Mar 12 5 \$160.80 889480

INCLUSIVE: NO LIMITS CAMP

Additional Fees: Services for individuals with needs that require one-to-one supervision are available and can be arranged through the Recreation Division for an additional fee. Deadline to register for this camp is March 8.
Age: 21+

Loafer's Lake Recreation Centre

Mon-Fri 9:00 am Mar 12 5 \$160.80 889482

KIDS IN THE KITCHEN CAMP

Enjoy the excitement of the kitchen while learning how to plan, shop, prepare, cook and bake many different creations from around the world. Campers may also participate in camp activities such as cooperative games, sports, aquatic activities and crafts. These activities vary by location. Before and after care is available; a separate registration and fee is required.

Required Equipment: Comfortable clothing including running shoes.

Age: 6 – 9

Brampton Soccer Centre

Mon-Fri 9:00 am Mar 12 5 \$160.80 876919

Century Gardens Recreation Centre

Mon-Fri 9:00 am Mar 12 5 \$160.80 885543

Gore Meadows Community Centre

Mon-Fri 9:00 am Mar 12 5 \$160.80 881254

Professor's Lake Recreation Centre

Mon-Fri 9:00 am Mar 12 5 \$160.80 882931

KIDS IN THE KITCHEN CAMP

Required Equipment: Comfortable clothing including running shoes.

Age: 10 – 13

Century Gardens Recreation Centre

Mon-Fri 9:00 am Mar 12 5 \$160.80 885550

Gore Meadows Community Centre

Mon-Fri 9:00 am Mar 12 5 \$160.80 881255

Professor's Lake Recreation Centre

Mon-Fri 9:00 am Mar 12 5 \$160.80 882951

MIND BUSTERS CAMP

Explore the world of science, math, art and language through challenging puzzles, experiments, and strategy games. Campers may also participate in camp activities such as cooperative games, sports, aquatic activities and crafts. These activities vary by location. Before and after care is available; a separate registration and fee is required.

Required Equipment: Comfortable clothing including running shoes.

Age: 4 – 5

Howden Recreation Centre

Mon-Fri 9:00 am Mar 12 5 \$132.80 888314

South Fletcher's Sportsplex

Mon-Fri 9:00 am Mar 12 5 \$132.80 889730

NEIGHBOURHOOD CAMP

Campers will participate in a variety of age appropriate indoor and outdoor activities. Camp games, sports, crafts, aquatic activities and much more will vary by location. Before and after care is available; a separate registration and fee is required.

Required Equipment: Comfortable clothing including running shoes.

Age: 4 – 5

Cassie Campbell Community Centre

Mon-Fri 9:00 am Mar 12 5 \$132.85 878080

Century Gardens Recreation Centre

Mon-Fri 9:00 am Mar 12 5 \$132.85 885559

Chinguacousy Wellness Centre

Mon-Fri 9:00 am Mar 12 5 \$132.85 882867

Chris Gibson Recreation Centre

Mon-Fri 9:00 am Mar 12 5 \$132.85 886847

Gore Meadows Community Centre

Mon-Fri 9:00 am Mar 12 5 \$132.85 881256

South Fletcher's Sportsplex

Mon-Fri 9:00 am Mar 12 5 \$132.85 889721

NEIGHBOURHOOD CAMP

Required Equipment: Comfortable clothing including running shoes

Age: 6 – 13

Cassie Campbell Community Centre

Mon-Fri 9:00 am Mar 12 5 \$132.85 878124

Central Public School

Mon-Fri 9:00 am Mar 12 5 \$132.85 885105

Century Gardens Recreation Centre

Mon-Fri 9:00 am Mar 12 5 \$132.85 885567

Chinguacousy Wellness Centre

Mon-Fri 9:00 am Mar 12 5 \$132.85 882885

NEIGHBOURHOOD GIRLS CAMP

Campers will participate in a variety of age appropriate indoor and outdoor activities. Camp games, sports, crafts, aquatic activities and much more will vary by location. Before and after care is available; a separate registration and fee is required.

Required Equipment: Comfortable clothing including running shoes.

Age: 6 – 13

Cassie Campbell Community Centre

Mon-Fri 9:00 am Mar 12 5 \$132.85 878125

NEIGHBOURHOOD TRIPPERS CAMP

Campers will embark on an adventure once a week and enjoy the traditional camp experience, including cooperative games, sports, aquatic activities and crafts. Activities vary by location. Trip and bus fees are included in the price of the program. Please contact your local recreation centre for more information about weekly destinations.

Required Equipment: Comfortable clothing including running shoes.

Age: 4 – 5

Brampton Soccer Centre

Mon-Fri 9:00 am Mar 12 5 \$160.80 876921

NEIGHBOURHOOD TRIPPERS CAMP

Required Equipment: Comfortable clothing including running shoes.

Age: 6 – 9

Brampton Soccer Centre

Mon-Fri 9:00 am Mar 12 5 \$160.80 876925

PAPER, PAINT AND PLAYDOUGH CAMP

This hands-on camp will encourage creativity and imagination through the use of paper, paint and play dough. Campers may also participate in camp activities such as cooperative games, sports, aquatic activities and crafts. These activities vary by location. Before and after care is available; a separate registration and fee is required.

Required Equipment: Comfortable clothing including running shoes.

Age: 4 – 5

Loafer's Lake Recreation Centre

Mon-Fri 9:00 am Mar 12 5 \$132.85 877137

RESPONSIBLE ME CAMP

Participants will work towards their Home Alone certificate through the Canadian Safety Council as well as their Lifesaving Society Emergency First Aid award. Campers may also participate in camp activities such as cooperative games, sports, aquatic activities and crafts. These activities vary by location. Before and after care is available; a separate registration and fee is required.

Required Equipment: Pen and notebook, comfortable clothing including running shoes.

Age: 10 – 13

Century Gardens Recreation Centre

Mon-Fri 9:00 am Mar 12 5 \$160.80 885579

SKATE AND SPLASH CAMP

Enjoy free skating on the ice, and splash in the pool. Campers may also participate in camp activities such as cooperative games, sports, aquatic activities and crafts. These activities vary by location. Before and after care is available; a separate registration and fee is required.

Required Equipment: All participants must wear a Canadian Standard Association (CSA) certified helmet. Facemasks are strongly recommended for all participants. Sharpened hockey or figure skates. Mittens or gloves are required for all participants. Warm clothes including snow pants or slush pants are strongly recommended for all participants. Swimming/bathing attire and comfortable clothing including running shoes.

Age: 6 – 13

Earncliffe Recreation Centre

Mon-Fri 9:00 am Mar 12 5 \$132.85 888423

Jim Archdekin Recreation Centre

Mon-Fri 9:00 am Mar 12 5 \$132.85 880832

SKATING CAMP

This camp is ideal for the beginner as well as the elite skater. Participants will be broken into groups based on ability and will work on improving their skating. This program is ideal for participants who want to refine their skating ability for hockey or figure skating, or would just like to learn the basics. Campers will enjoy two hours of ice time daily. Campers may also participate in camp activities such as cooperative games, sports, aquatic activities and crafts. These activities vary by location. Before and after care is available; a separate registration and fee is required.

Required Equipment: All participants must wear a Canadian Standard Association (CSA) certified hockey helmet. Facemasks are strongly recommended for all participants. Sharpened hockey or figure skates. Mittens or gloves are required for all participants. Warm clothes including snow pants or slush pants are strongly recommended for all participants. Comfortable clothing including running shoes.

Age: 6 – 13

Greenbriar Recreation Centre

Mon-Fri 9:00 am Mar 12 5 \$160.80 884579

South Fletcher's Sportsplex

Mon-Fri 9:00 am Mar 12 5 \$160.80 889728

SKI OR SNOWBOARD CAMP

Campers of all abilities will have the opportunity to choose either skiing or snowboarding. Campers may also participate in various camp activities such as cooperative games, sports and crafts. Rental ski or snowboard equipment is available for an additional fee.

Required Equipment: Warm outdoor clothing including: snow pants, winter jacket, hat, mittens or gloves, scarf or neck warmer and comfortable indoor clothing including running shoes.

Age: 8 – 13

Chinguacousy Ski Chalet

Mon-Fri 9:00 am Mar 12 5 \$283.50 875561

SOCCER CAMP

Learn the fundamentals of soccer, including rules, offensive and defensive positioning, passing, shooting and dribbling. Technical skills will be taught through instruction as well as game play. Campers may also participate in camp activities such as cooperative games, sports, aquatic activities and crafts. These activities vary by location. Before and after care is available; a separate registration and fee is required.

Required Equipment: Comfortable clothing including running shoes, shin pads are recommended.

Age: 8 – 9

Brampton Soccer Centre

Mon-Fri 9:00 am Mar 12 5 \$132.85 876928

SOCCER CAMP

Required Equipment: Comfortable clothing including running shoes, shin pads are recommended.

Age: 10 – 13

Brampton Soccer Centre

Mon-Fri 9:00 am Mar 12 5 \$132.85 876930

SPORTS CAMP

Learn the basic fundamentals of baseball, basketball, dodgeball, soccer and many more sports. This program is geared to enhance physical skills and team play in a non-competitive environment. Sports will vary depending on location. Campers may also participate in camp activities such as cooperative games, sports, aquatic activities and crafts. These activities vary by location. Before and after care is available; a separate registration and fee is required.

Required Equipment: Comfortable clothing including running shoes.

Age: 6 – 7

Brampton Soccer Centre

Mon-Fri 9:00 am Mar 12 5 \$132.85 876931

Cassie Campbell Community Centre

Mon-Fri 9:00 am Mar 12 5 \$132.85 878186

Gore Meadows Community Centre

Mon-Fri 9:00 am Mar 12 5 \$132.85 881260

South Fletcher's Sportsplex

Mon-Fri 9:00 am Mar 12 5 \$132.85 894586

SPORTS CAMP

Required Equipment: Comfortable clothing including running shoes.

Age: 8 – 9

Brampton Soccer Centre

Mon-Fri 9:00 am Mar 12 5 \$132.85 876932

Cassie Campbell Community Centre

Mon-Fri 9:00 am Mar 12 5 \$132.85 878141

Gore Meadows Community Centre

Mon-Fri 9:00 am Mar 12 5 \$132.85 881261

South Fletcher's Sportsplex

Mon-Fri 9:00am Mar 12 5 \$132.85 894587



We're upgrading our registration software to serve you better.

Launching in 2019:

- Customized account settings
- Streamlined booking and scheduling process
- Email updates and up-to-date communications



PerfectMind

www.brampton.ca



BEFORE AND AFTER CARE

Before and after care is available for City of Brampton camp participants. Extended hours are 7:30-9:00 am and 4:00-6:00 pm.

A separate registration and fee is required.

Age: 4+

Class Length: 90 Minutes

Brampton Soccer Centre

Mon-Fri 7:30 am Mar 12 5 \$50.00 876913

Central Public School

Mon-Fri 7:30 am Mar 12 5 \$50.00 885144

Century Gardens Recreation Centre

Mon-Fri 7:30 am Mar 12 5 \$50.00 885480

Chinguacousy Ski Chalet

Mon-Fri 4:00 pm Mar 12 5 \$50.00 875563

Chris Gibson Recreation Centre

Mon-Fri 7:30 am Mar 12 5 \$50.00 886841

Greenbriar Recreation Centre

Mon-Fri 7:30 am Mar 12 5 \$50.00 884575

Howden Recreation Centre

Mon-Fri 7:30 am Mar 12 5 \$50.00 890008

Jim Archdekin Recreation Centre

Mon-Fri 7:30 am Mar 12 5 \$50.00 877161

Loafer's Lake Recreation Centre

Mon-Fri 7:30 am Mar 12 5 \$50.00 877136

Professor's Lake Recreation Centre

Mon-Fri 7:30 am Mar 12 5 \$50.00 882102

South Fletcher's Sportsplex

Mon-Fri 7:30 am Mar 12 5 \$50.00 889718

Cassie Campbell Community Centre

Mon-Fri 7:30 am Mar 12 5 \$50.00 878072

Chinguacousy Wellness Centre

Mon-Fri 7:30 am Mar 12 5 \$50.00 882103

Earncliffe Recreation Centre

Mon-Fri 7:30 am Mar 12 5 \$50.00 888706

Gore Meadows Community Centre

Mon-Fri 7:30 am Mar 12 5 \$50.00 881253

Ken Giles Recreation Centre

Mon-Fri 7:30 am Mar 12 5 \$50.00 880045

Mon 7:30 am Mar 12 1 \$10.00 880083

Tue 7:30 am Mar 13 1 \$10.00 880086

Wed 7:30 am Mar 14 1 \$10.00 880089

Thu 7:30 am Mar 15 1 \$10.00 880091

Fri 7:30 am Mar 16 1 \$10.00 880095

SPORTS CAMP

Required Equipment: Comfortable clothing including running shoes.

Age: 10 – 13

Brampton Soccer Centre

Mon-Fri 9:00 am Mar 12 5 \$132.85 876933

Gore Meadows Community Centre

Mon-Fri 9:00 am Mar 12 5 \$132.85 881262

South Fletcher's Sportsplex

Mon-Fri 9:00 am Mar 12 5 \$132.85 894588

SWIM, SUN AND FUN CAMP

Campers will participate in a variety of age-appropriate indoor and outdoor activities as well as a level-appropriate swimming lesson to achieve their Brampton Splash levels. Before and after care is available; a separate registration and fee is required.

Required Equipment: Bathing/swimming attire and comfortable clothing including running shoes.

Age: 6 – 9

Loafer's Lake Recreation Centre

Mon-Fri 9:00 am Mar 12 5 \$160.80 889587

South Fletcher's Sportsplex

Mon-Fri 9:00 am Mar 12 5 \$160.80 889729

SWIM, SUN AND FUN CAMP

Required Equipment: Bathing/swimming attire and comfortable clothing including running shoes.

Age: 10 – 13

Loafer's Lake Recreation Centre

Mon-Fri 9:00 am Mar 12 5 \$160.80 889590

South Fletcher's Sportsplex

Mon-Fri 9:00 am Mar 12 5 \$160.80 889731

ARTS

CRAFTS FOR KIDS

Children with an active imagination will enjoy this interactive craft class. Weekly crafts will be based on a different creative theme.

Required Materials: Paint appropriate clothing.

Age: 3 – 6

Class Length: 2 hours

Century Gardens Recreation Centre

Wed 5:00 pm Mar 14 1 \$7.57 885658

Chris Gibson Recreation Centre

Tue 5:00 pm Mar 13 1 \$7.57 886835

Greenbriar Recreation Centre

Tue 1:00 pm Mar 13 1 \$7.57 884451

ENVIRONMENTAL & OUTDOOR

GEOCACHING

Geocaching is a real-world, outdoor treasure hunting game using GPS-enabled devices. Participants navigate to a specific set of GPS coordinates and then attempt to find the geocache (container) hidden at that location. Once found, a cache may provide the visitor with a variety of fun trinkets and rewards. GPS units will be provided.

Required Materials: This program occurs outdoors, please dress for the weather.

Age: 6 – 13

Class Length: 1.5 hours

Professor's Lake Recreation Centre

Tue 10:00 am Mar 13 2 \$9.53 889625

GEOCACHING AFTER DARK PARENT AND CHILD

After a brief introduction to using a GPS technology, participants will be outfitted with a headlamp to light the way on their GPS treasure hunting adventure through the dark. Registered children must be accompanied by a parent/guardian. Headlamps and GPS units will be provided.

Required Materials: Program runs rain or shine, dress for the weather.

Age: 6 – 13

Class Length: 1.5 hours

Professor's Lake Recreation Centre

Wed 7:00 pm Mar 14 1 \$9.53 889626



FIRST AID, CERTIFICATIONS & LEADERSHIP

BRAMPTON LEARN TO SKATE INSTRUCTOR

Learn to teach and evaluate skating skills. Through classroom learning and on-ice practice, instructor candidates explore teaching methods, learning strategies and activities, effective correction techniques and evaluation criteria. Practice teaching is emphasized throughout. Participants will need to complete an on-ice skills assessment throughout this course.

Required Equipment: Single-bladed ice skates and Canadian Standards Association (CSA) certified hockey helmet

Age: 15+

Class Length: 4 hours

Greenbriar Recreation Centre

Tue 9:30 am Mar 13 3 \$87.51 887811

NATIONAL LIFEGUARD

The Lifesaving Society National Lifeguard certification (Pool Option) builds on the fundamental skills, knowledge and values of the Lifesaving Society to develop the practical skills and knowledge required by lifeguards. National Lifeguard is the industry-accepted standard for lifeguards in Canada.

Required Materials: Alert Lifeguard in Action manual will be charged at the time of registration.

Prerequisites: Minimum 16 years of age, Bronze Cross certification, and Standard First Aid certification from one of: Lifesaving Society, St. John Ambulance, Canadian Red Cross Society, Canadian Ski Patrol. Prerequisites need not be current.

Age: 16+

Class Length: 10 hours

South Fletcher's Recreation Centre

Mon 10:00 am Mar 12 3 \$222.03 888765

STANDARD FIRST AID WITH CPR C

Lifesaving Society Standard First Aid provides comprehensive training covering all aspects of first aid. Standard First Aid incorporates Emergency First Aid and is designed for those who require a more in-depth understanding of first aid including: legal implications of first aid treatment, spinal injuries, heat or cold injuries, bone and joint injuries, chest injuries, and medical emergencies. This course also covers all aspects of CPR skills and theory for adult, child and infant victims including two rescuer CPR skills. CPR-C includes the importance of early defibrillation and how to use an AED. CPR-C certification is included in Standard First Aid.

SPRING/SUMMER 2018



Required Materials: Canadian First Aid Manual will be charged at the time of registration.

Age: 13+

Class Length: 9 hours

Central Public School

Tue 9:00 am Mar 13 2 \$97.52 886966

STANDARD FIRST AID WITH CPR C RECERTIFICATION

Current Standard First Aid (SFA) award holders may recertify their Lifesaving Society SFA certification just once on a Lifesaving Society SFA Recertification course not more than 3 years from the Standard First Aid date of issue. To renew SFA certifications subsequently, award holders must repeat the full SFA course. Thereafter, individuals may renew by alternating recertification and original courses. Holders of Standard First Aid certificates from other agencies may not recertify their certificate on a Lifesaving Society SFA Recertification course. They must recertify with the original certifying agency.

Required Materials: Canadian First Aid Manual may be purchased of an additional fee.

Prerequisites: Lifesaving Society Standard First Aid (within 3 years of the date of issue)

Age: 13+

Class Length: 9 hours

Central Public School

Thu 9:00 am Mar 15 1 \$65.86 886969

FITNESS & HEALTH

YOGA MOTHER AND DAUGHTER

Bond with your daughter while enjoying the mental and physical benefits of yoga. Participants will not only relax but will build trust and communication through partner poses. All participants must register individually.

Mandatory Equipment: Please supply your own non-slip Yoga mat.

Age: 8+

Class Length: 55 Minutes

Cassie Campbell Community Centre

Mon 7:30 pm Mar 12 1 \$4.61 880914

YOGA PARENT AND CHILD

Bond with your child while enjoying the mental and physical benefits of Yoga. Participants will not only relax but will build trust and communication through partner poses. All participants must register. Mandatory Equipment: Please supply your own non-slip Yoga mat.

Age: 8+

Class Length: 55 Minutes

Cassie Campbell Community Centre

Sun 10:00 am Mar 18 1 \$7.57 880940

GENERAL INTEREST

COOKING: BAKE AND TAKE

Participants will have the opportunity to create a variety of homemade cookies and treats. As the homemade goodies are being baked; participants will also create homemade cookie jars with a variety of dry ingredients to try recipes at home.

Age: 6 – 13

Class Length: 2 hours

Century Gardens Recreation Centre

Tue 5:00 pm Mar 13 1 \$16.84 885636

Gore Meadows Community Centre

Wed 5:30 pm Mar 14 1 \$17.70 887800

Fri 4:00 pm Mar 16 1 \$17.70 887801

Greenbriar Recreation Centre

Mon 1:00 pm Mar 12 1 \$16.84 884413

COOKING: CRAZY CUPCAKES

Have fun while learning to bake and decorate an assortment of homemade cupcakes. Participants will learn the basics of how to follow a recipe, apply frosting and how to decorate their creations with sprinkles and icing. Individual cupcake decorating styles will be encouraged through instructor guidance and in-class practice.

Age: 6 – 10

Class Length: 1.5 hours

Century Gardens Recreation Centre

Thu 6:00 pm Mar 15 1 \$10.60 885648

Chris Gibson Recreation Centre

Tue 5:00 pm Mar 13 1 \$10.60 886861

Thu 5:00 pm Mar 15 1 \$10.60 889534

Greenbriar Recreation Centre

Tue 10:00 am Mar 13 1 \$10.60 884433

CREATIVE PLAY AND CRAFTS PARENT AND CHILD

Enjoy creative play and crafts while socializing and interacting with other parents and children. Participate in circle time, songs, finger play and lots of fun with your child. Active parent/guardian participation is required. Maximum 3 children per parent/guardian.

Age: 3 – 6

Class Length: 2 hours

Brampton Soccer Centre

Tue 10:00 am Mar 13 1 \$9.64 876938

Gore Meadows Community Centre

Mon 9:30 am Mar 12 1 \$9.64 887753

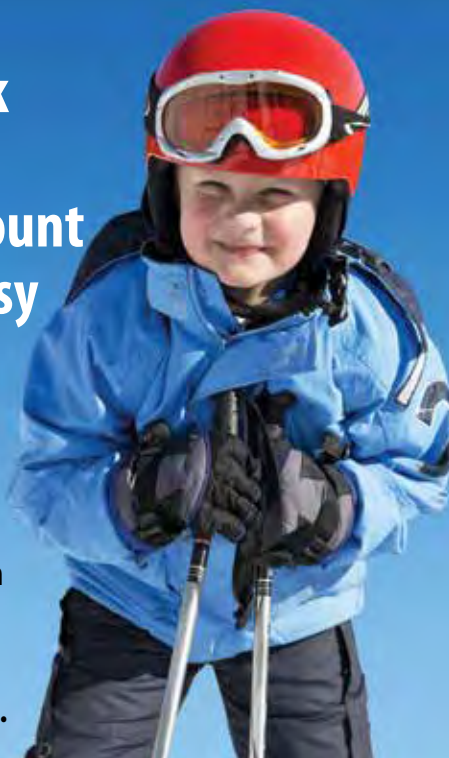
HOMEMADE SOAP MAKING A

Participants will learn to mix, pour and make colourful soap creations themselves using various shapes. They will also learn how to package their homemade soap. Making homemade soap is lots of fun and participants will leave at the end of the class with their creations!

Age: 6 – 13

Class Length: 2 hours

Spend your March Break hitting the slopes at Mount Chinguacousy



**Mount Chinguacousy
is located on the north
east corner of
Bramalea Road
and Central Park Drive.**

Snow School Contact: 905.458.6555 ext. 63707

Greenbriar Recreation Centre

Tue 10:00 am Mar 13 1 \$17.70 888694

HOMEMADE SOAP MAKING B

Participants will take an active role in creating their soap creations by learning how to layer, swirl and add confetti. Participants will leave at the end of the class with their creations!

Prerequisites: Recommended Homemade Soap Making A.

Age: 6 – 13

Class Length: 2 hours

Greenbriar Recreation Centre

Thu 10:00 am Mar 15 1 \$17.70 884479

ROYAL PARTY

Through this program, participants will have the opportunity to play out their fairy-tale dreams. Together with other little prince and princesses, participants will engage in a royal tea party, create special fairy tale themed crafts and play games fit for royalty.

Age: 3 – 6

Class Length: 2 hours

Brampton Soccer Centre

Wed 10:00 am Mar 14 1 \$9.64 876939

Gore Meadows Community Centre

Thu 12:00 pm Mar 15 1 \$9.64 887792

Greenbriar Recreation Centre

Wed 10:00 am Mar 14 1 \$9.64 884455

Fri 10:00 am Mar 16 1 \$9.64 884488

SPA DAY

Learn to perform the perfect skin and manicure routine. Participants will also learn how to create skin and bath products to use at home.

Age: 6 – 10

Class Length: 2 hours

Gore Meadows Community Centre

Tue 6:30 pm Mar 13 1 \$17.70 887779

Fri 12:00 pm Mar 16 1 \$17.70 887780

SUPERHERO PARTY

Through this program, participants will have the opportunity to be their favourite superhero for a day. Together with other superheroes, participants will engage in superhero-themed crafts, games, stories, and more!

Age: 3 – 6

Class Length: 2 hours

Greenbriar Recreation Centre

Fri 10:00 am Mar 16 1 \$9.64 884499

Snelgrove Recreation Centre

Thu 10:00 am Mar 15 1 \$9.64 877965

INCLUSIVE PROGRAMS

INTEGRATED SUPPORT WORKER PRE-REGISTRATION

The City of Brampton is committed to providing recreational experiences to all individuals with various abilities. Integration Services encourages participants who have a disability to take part in the City of Brampton's registered programs with additional support on a 2:1 ratio. To request additional support for your child to take part in a City of Brampton registered program, you must first register your child into the program of their choice and then register to request the additional support by using the barcode below that corresponds to the session that you have registered for. Please note that additional support will be scheduled on a first come, first served basis, subject to available staff.

Age: 2+

Class Length: 1 hour

8 Nelson

Mon	9:00 am	Mar 12	5	\$0	884739
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SCIENCE, TECHNOLOGY ENGINEERING & MATH

SCIENCE EXPERIMENTS THAT OOZE AND KABOOM

This program provides participants the opportunity to explore the world of science through fun and interactive experimentation. A knowledgeable instructor will oversee a variety of experiments, and allow participants hands-on experiences to unleash their inner scientist.

Age: 6 – 13

Class Length: 2 hours

Gore Meadows Community Centre

Mon	1:00 pm	Mar 12	1	\$17.70	887763
Thu	6:30 pm	Mar 15	1	\$17.70	887764
Sat	1:30 pm	Mar 17	1	\$17.70	887774

SKI & SNOWBOARD

SKIING LEVEL 1

This program is for skiers with no experience. Participants will enjoy a 1-hour group lesson with a ski instructor followed by 1 hour of practice time afterwards on their own. Participants will learn equipment basics, straight runs and how to glide on a gentle slope.

Required Equipment: All participants require outdoor/snow appropriate clothing (snow pants, winter coat, hat and gloves) and full ski equipment (skis, boots, bindings, ski/snowboard/hockey helmet). Ski rental equipment is an option for an additional fee.

Age: 8 – 13

Class Length: 1 hour

SPRING/SUMMER 2018

Chinguacousy Ski Chalet

Mon	10:00 am	Mar 12	5	\$75.40	875569
Mon	1:15 pm	Mar 12	5	\$75.40	875570

SKIING LEVEL 1 PENGUIN

This program is for skiers with no experience. Participants will enjoy a 1-hour group lesson with a ski instructor followed by 1 hour of practice time afterwards on their own. Participants will learn equipment basics, straight runs and how to glide on a gentle slope.

Required Equipment: All participants require outdoor/snow appropriate clothing (snow pants, winter coat, hat and gloves) and full ski equipment (skis, boots, bindings, ski/snowboard/hockey helmet). Ski rental equipment is an option for an additional fee.

Age: 5 – 7

Class Length: 1 hour

Chinguacousy Ski Chalet

Mon	9:00 am	Mar 12	5	\$75.40	875572
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SKIING LEVEL 2

This program is for skiers with little experience. Participants will enjoy a 1-hour group lesson with a ski instructor followed by 1 hour of practice time afterwards on their own. Participants will learn to develop increased confidence on their skis, control on beginner slopes and link snowplow turns.

Required Equipment: All participants require outdoor/snow appropriate clothing (snow pants, winter coat, hat and gloves) and full ski equipment (skis, boots, bindings, ski/snowboard/hockey helmet). Ski rental equipment is an option for an additional fee.

Prerequisite: Skiing Level 1

Age: 8 – 13

Class Length: 1 hour

Chinguacousy Ski Chalet

Mon	11:00 am	Mar 12	5	\$75.40	875573
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SNOWBOARDING LEVEL 1

This program is for snowboarders with no previous experience. Participants will enjoy a 1-hour group lesson with a snowboard instructor followed by 1 hour of practice time afterwards on their own. Participants will learn to develop confidence on beginner slopes and perform basic pendulum turns. Required Equipment: All participants require outdoor/snow appropriate clothing (snow pants, winter coat, hat and gloves) and full snowboard equipment (snowboard with a metal edge, leash, ski/snowboard/hockey helmet, boots and bindings). Ski rental equipment is an option for an additional fee.

Age: 6 – 7

Class Length: 1 hour

Chinguacousy Ski Chalet

Mon	9:00 am	Mar 12	5	\$90.25	875574
Mon	11:00 am	Mar 12	5	\$90.25	875575

SNOWBOARDING LEVEL 1

Required Equipment: All participants require outdoor/snow appropriate clothing (snow pants, winter coat, hat and gloves) and full snowboard equipment (snowboard with a metal edge, leash, ski/snowboard/hockey helmet, boots and bindings). Ski rental equipment is an option for an additional fee.

Age: 8 – 13

Class Length: 1 hour

Chinguacousy Ski Chalet

Mon	10:00 am	Mar 12	5	\$90.25	875576
Mon	1:15 pm	Mar 12	5	\$90.25	875578

SPORTS

ARCHERY LEVEL 1

This program is for participants who would like to learn how to use a bow and arrow. Participants will learn parts of the bow and arrow, proper shooting technique including stances, release, follow-through and anchor points.

Required Equipment: Running shoes

Age: 8 – 13

Class Length: 2 hours

Professor's Lake Recreation Centre

Wed	11:45 am	Mar 14	2	\$39.44	889627
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GYMNASTICS PARENT AND TOT

An introduction to gymnastics designed to develop agility, balance, coordination and fine motor skills. Parental participation is mandatory.

Age: 2 – 3

Class Length: 1 hour

Ken Giles Recreation Centre

Wed	1:00 pm	Mar 14	1	\$17.70	879998
Thu	1:00 pm	Mar 15	1	\$17.70	880001

GYMNASTICS BEGINNER

Body awareness, co-ordination, flexibility and strength will be developed using balance beams, vault, uneven bars and a large mat area. Program includes active games and fun play.

Age: 3 – 4

Class Length: 1 hour

Ken Giles Recreation Centre

Mon	10:00 am	Mar 12	1	\$17.70	879874
Wed	10:00 am	Mar 14	1	\$17.70	879886
Fri	10:00 am	Mar 16	1	\$17.70	879891

GYMNASTICS BEGINNER

Age: 5 – 6

Class Length: 1 hour

Ken Giles Recreation Centre

Tue	10:00 am	Mar 13	1	\$17.70	879894
Thu	10:00 am	Mar 15	1	\$17.70	879917

GYMNASTICS CHEERLEADING

This program focuses on stretching, stunts, formations, tricks, cheers and chants! Participants will coordinate various routines that showcase their flexibility, coordination and strength.

Age: 6 – 10

Class Length: 1 hour

Ken Giles Recreation Centre

Mon	2:30 pm	Mar 12	1	\$17.70	879730
Tue	1:30 pm	Mar 13	1	\$17.70	879743
Fri	2:30 pm	Mar 16	1	\$17.70	879747

GYMNASTICS FITNESS FUSION

Improve strength, balance and coordination with the use of the gymnastics equipment. This high impact active program includes the use of balance beam, trampoline, vault, mini trampolines, rings, ropes and bars.

Age: 6 – 13

Class Length: 1 hour

Ken Giles Recreation Centre

Wed	2:30 pm	Mar 14	1	\$17.70	880026
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GYMNASTICS RHYTHMIC

Body awareness, coordination, flexibility and strength will be developed using the balls, hoops and ribbons, while exploring the fundamentals of gymnastics and dance.

Age: 6 – 10

Class Length: 1 hour

Ken Giles Recreation Centre

Thu	2:30 pm	Mar 15	1	\$17.70	879860
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GYMNASTICS TRAMPOLINE

Body awareness, flexibility and strength will be developed with this energetic program! Basic and intermediate trampoline skills will be taught using Olympic-size trampolines.

Age: 6 – 10

Class Length: 1 hour

Ken Giles Recreation Centre

Mon	11:00 am	Mar 12	1	\$17.70	879929
Tue	2:30 pm	Mar 13	1	\$17.70	880030
Wed	11:00 am	Mar 14	1	\$17.70	879937
Fri	11:00 am	Mar 16	1	\$17.70	879940

GYMNASTICS TRAMPOLINE

Age: 10 – 13

Class Length: 1 hour

Ken Giles Recreation Centre

Tue	11:00 am	Mar 13	1	\$17.70	879951
Thu	11:00 am	Mar 15	1	\$17.70	879956

GYMNASTICS TUMBLING

Develop body awareness, flexibility and strength. Learn basic to intermediate tumbling on a spring floor and tumble track.

Age: 6 – 9

Class Length: 1 hour

Ken Giles Recreation Centre

Mon	1:00 pm	Mar 12	1	\$17.70	879964
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GYMNASTICS TUMBLING

Age: 10 – 13

Class Length: 1 hour

Ken Giles Recreation Centre

Fri	1:00 pm	Mar 16	1	\$17.70	880018
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TENNIS LEVEL 1

This program is for players with no previous tennis experience. Participants will enjoy learning the fundamentals of tennis including rules, scoring, grips, strokes, serving and volleying.

Age: 6 – 10

Class Length: 1 hour

Chinguacousy Park

Mon	9:30 am	Mar 12	5	\$57.25	875568
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TENNIS LEVEL 1

Age: 10 – 13

Class Length: 1 hour

Chinguacousy Park

Mon	10:30 am	Mar 12	5	\$57.25	875571
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TENNIS LEVEL 2

Players will continue to build on skills developed in Level 1. This program will have an emphasis on consistency and ball controls. Players will work on their skills through instruction, single games and double games.

Prerequisite: Tennis Level 1

Age: 6 – 10

Class Length: 1 hour

Chinguacousy Park

Mon	11:30 am	Mar 12	5	\$57.25	875577
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TENNIS SKILLS AND DRILLS PLUS TOURNAMENT

Tennis players will improve their skills through instruction. This program also includes games and a round robin tournament. Please note that due to limited space, we are unable to accommodate spectators. No tennis experience required.

Age: 6 – 13

Class Length: 3 hours

Chinguacousy Park

Mon	1:30 pm	Mar 12	2	\$67.56	875580
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SWIMMING

LITTLE SPLASH 1

Adhering to the Lifesaving Society standards, these preschoolers will have fun learning to get in and out of the water. We'll help them jump into chest deep water. They'll float and glide on their front and back and learn to get their faces wet and blow bubbles underwater. We encourage the parent/guardian to participate until their child lets them know they can do it themselves.

Age: 3 – 6

Class Length: 30 Minutes

Chinguacousy Wellness Centre

Mon	4:15 pm	Mar 12	5	\$35.45	876614
Mon	4:45 pm	Mar 12	5	\$35.45	876615
Mon	5:45 pm	Mar 12	5	\$35.45	876616

LITTLE SPLASH 2

Adhering to the Lifesaving Society standards, Preschoolers learn to jump into chest-deep water by themselves, and get in and get out wearing a lifejacket. They'll submerge and exhale underwater. Wearing a lifejacket they'll glide on their front and back.

Age: 3 – 6

Class Length: 30 Minutes

Chinguacousy Wellness Centre

Mon	4:45 pm	Mar 12	5	\$35.45	876619
Mon	5:45 pm	Mar 12	5	\$35.45	876620

LITTLE SPLASH 3

Adhering to the Lifesaving Society standards, youngsters will try both jumping and a sideways entry into deep water while wearing a lifejacket. They'll recover objects from the bottom in waist-deep water. They'll work on kicking and gliding through the water on their front and back.

Age: 3 – 6

Class Length: 30 Minutes

Chinguacousy Wellness Centre

Mon	4:15 pm	Mar 12	5	\$35.45	876622
Mon	5:15 pm	Mar 12	5	\$35.45	876626

LITTLE SPLASH 4

Adhering to the Lifesaving Society standards, advanced preschoolers will learn to do solo jumps into deeper water and get out by themselves. They'll do sideways entries and open their eyes underwater. They'll master a short swim on their front wearing a lifejacket and gliding and kicking on their side.

Age: 3 – 6

Class Length: 30 Minutes

Chinguacousy Wellness Centre

Mon	5:15 pm	Mar 12	5	\$35.45	876625
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SPLASH 1

Adhering to the Lifesaving Society standards, these beginners will become comfortable jumping into water with and without a lifejacket. In Splash 1 they'll learn to open their eyes, exhale and hold their breath underwater. They'll work on floats, glides and kicking through the water on their front and back.

Age: 6 – 13

Class Length: 30 Minutes

Chinguacousy Wellness Centre

Mon	4:15 pm	Mar 12	5	\$35.45	876630
Mon	4:45 pm	Mar 12	5	\$35.45	876631
Mon	5:30 pm	Mar 12	5	\$35.45	876627
Mon	6:00 pm	Mar 12	5	\$35.45	876705
Mon	6:30 pm	Mar 12	5	\$35.45	876629

REGISTERED PROGRAMS

SPLASH 2A

Adhering to the Lifesaving Society standards, these intermediate beginners will jump into deeper water, and learn to be comfortable falling sideways into the water wearing a personal flotation device. In Splash 2A they'll be able to support themselves at the surface without an aid, learn whip kick, swim 10 m on their front and back, and be introduced to flutter kick interval training (4 x 9 m).

Age: 6 – 13

Class Length: 30 Minutes

Chinguacousy Wellness Centre

Mon	5:00 pm	Mar 12	5	\$35.45	876634
Mon	6:00 pm	Mar 12	5	\$35.45	876636

SPLASH 2B

Adhering to the Lifesaving Society standards, these advanced beginners will jump into deeper water, and learn to be comfortable falling sideways into the water wearing a personal flotation device. In Splash 2B they'll be able to support themselves at the surface without an aid, learn whip kick, swim 15 m on their front and back, and be introduced to flutter kick interval training (4 x 12 m).

Age: 6 – 13

Class Length: 30 Minutes

Chinguacousy Wellness Centre

Mon	4:30 pm	Mar 12	5	\$35.45	876643
Mon	5:30 pm	Mar 12	5	\$35.45	876647
Mon	6:30 pm	Mar 12	5	\$35.45	876653

SPLASH 3

Adhering to the Lifesaving Society standards, these junior swimmers will do in-water front somersaults and handstands. In Splash 3 they'll work on 15 m of front crawl, back crawl and 10 m of whip kick. Flutter kick interval training increases to 4 x 15 m.

Age: 6 – 13

Class Length: 30 Minutes

Chinguacousy Wellness Centre

Mon	4:00 pm	Mar 12	5	\$35.45	876689
Mon	4:30 pm	Mar 12	5	\$35.45	876693
Mon	5:00 pm	Mar 12	5	\$35.45	876698
Mon	6:30 pm	Mar 12	5	\$35.45	876701

SPLASH 4

Adhering to the Lifesaving Society standards, these intermediate swimmers will swim 5 m underwater and lengths of front, back crawl, whip kick, and breaststroke arms with breathing. Their new bag of tricks includes the completion of the Canadian Swim to Survive® Standard. In Splash 4 they'll cap it all off with front crawl sprints over 25 m and 4 x 25 m front or back crawl interval training.

Age: 6 – 13

Class Length: 30 Minutes

Chinguacousy Wellness Centre

Mon	4:00 pm	Mar 12	5	\$35.45	876737
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SPLASH PARENT AND TOT 1

Adhering to the Lifesaving Society standards, this program is designed for the 4 to 12-month-old, this level is all about helping your child feel and explore the water – tickling, floating, splashing, reaching, paddling. You'll learn how to help your child play in and play with the water with comfort and confidence.

Age: 4 – 12

Class Length: 30 Minutes

Chinguacousy Wellness Centre

Mon	5:45 pm	Mar 12	5	\$35.45	876752
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SPLASH PARENT AND TOT 2

Adhering to the Lifesaving Society standards, this program is designed for the 12 to 24-month-old, this level teaches children to get their face wet and blow bubbles (the first step in breath control). With your guidance, your child recovers objects below the surface,

performs front and back floats and learns how to travel at the surface by kicking.

Age: 1 – 2 Years

Class Length: 30 Minutes

Chinguacousy Wellness Centre

Mon	5:45 pm	Mar 12	5	\$35.45	876749
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SPLASH PARENT AND TOT 3

Adhering to the Lifesaving Society standards, this is an advanced level for 2 and 3 year-olds. They'll have fun jumping into the water and getting out without assistance. They learn to hold their breath and open their eyes underwater to recover an object from the bottom. Mastering front and back floats in starfish and pencil positions and kicking on front and back provide the building blocks for swimming stroke development in the Preschool program.

Age: 2 – 3

Class Length: 30 Minutes

Chinguacousy Wellness Centre

Mon	5:15 pm	Mar 12	5	\$35.45	876758
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SWIMMING FAMILY PRIVATE LESSON

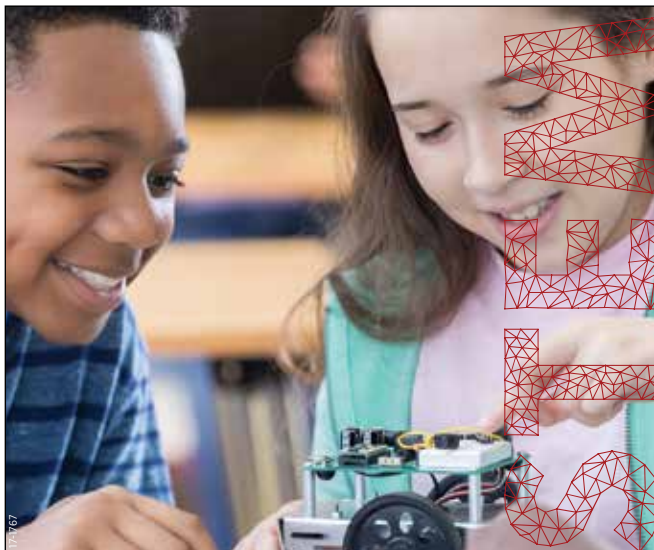
Family lessons are designed to teach comfort in the water and work towards building swimming skills and strokes, while participating as a family. One instructor will be assigned to each family with a maximum of 5 participants. These lessons are tailored to individuals who are in the following levels: Little Splash 1 - Little Splash 5, Splash 1 - Splash 3, Teen 1 and Adult 1. Aquatic admission standards apply.

Age: 3+

Class Length: 45 Minutes

Chinguacousy Wellness Centre

Mon	6:15 p m	Mar 12	5	\$104.80	876784
Mon	6:15 pm	Mar 12	5	\$104.80	876780
Mon	6:15 pm	Mar 12	5	\$104.80	876782



ROBOTICS AND ENGINEERING

The City of Brampton is launching new STEM (Science, Technology, Engineering, and Math) programming!

STEM programs give eager young minds early exposure to stimulating activities that will kick start their futures!

- Gain critical thinking and inquiry skills
- Develop problem solving abilities
- Innovate and explore new ideas

See page 100 for details.

brampton.ca/recreation

BRAMPTON

10x TICKET & MULTI-VISIT PASS NOTICE

Brampton Recreation multi-visit passes purchased before February 6, 2016 **will expire as of January 1, 2020.**

Did you buy a 10x ticket or multi-visit pass for drop-in programs prior to February 6, 2016? These passes now have a two (2) year expiry in which the pass can be used, so be sure to use up your visits!

Check with your local recreation centre's Customer Service Representative to see if you have any outstanding visits left on your account.

Visit www.brampton.ca/dropinfilter to find an exciting opportunity that meets your interests and fits with your schedule.



brampton.ca/dropinfilter

