



# SWIMMING

## FILMING AND PHOTOGRAPHY

To ensure the privacy of others, cell phone devices, filming or photography will not be permitted during swimming programs or recreational swims. Specified times during lessons may be available. Please speak with the aquatic staff at your pool.

## BATHING/SWIMMING ATTIRE

Bathing/swimming attire is defined as clothing that is clean and used specifically for the purpose of swimming, at the facility's discretion. Children who are not toilet trained must wear a waterproof pant (e.g.: Little Swimmers®) under their bathing suit.

## CHANGE ROOM ADMITTANCE GUIDELINES

For the comfort of all customers, children 7 years of age and older must use the appropriate change room. Family change rooms are available for use at the following locations: South Fletcher's Sportsplex, Chris Gibson Recreation Centre, Chinguacousy Wellness Centre, Century Gardens Recreation Centre, Earnscliffe Recreation Centre, Cassie Campbell Community Centre, Gore Meadows Community Centre.

## POOL FOULINGS

Pool foulings can result in delays in programming or pool shut down. Thank you for your support in keeping our pools clean and safe. Please note the following can help reduce pool fouling:

- Please do not feed children one (1) hour prior to their swimming lesson.
- Please be sure to take your children to the washroom just prior to their swimming program.
- Please ensure that all children who are not toilet trained are in appropriate attire (e.g. Little Swimmers®).

- Please take into consideration how your child is feeling before coming to their lesson.

## DROP-IN PROGRAM AQUATIC ADMISSION STANDARD

### Swim participants 5 years of age or younger:

- Regardless of swimming ability, MUST be directly supervised by a parent/guardian at least 14 years of age, who is in the water wearing bathing attire, within arm's reach, and able to render immediate assistance.
- 1 parent/guardian who is at least 14 years of age may assume responsibility for up to 2 swimmers, requiring direct supervision.

### Swim participants between the ages of 6 and 9 years:

- Those who are able to pass the Facility Swim Test, MUST be accompanied by a parent/guardian at least 14 years of age that maintains visual contact and remains within the pool enclosure at all times.
- Those who are unable to pass the Facility Swim Test, MUST be directly supervised by a parent/guardian at least 14 years of age, who is in the water wearing bathing attire, within arm's reach, and able to render immediate assistance.
- 1 parent/guardian who is at least 14 years of age may assume responsibility for up to 2 swimmers, requiring direct supervision.
- 1 parent/guardian who is at least 14 years of age may assume responsibility for up to 8 swimmers requiring direct supervision, if all children are wearing a lifejacket.

Participants with serious medical conditions must be accompanied by individuals knowledgeable of their condition and responsible for their direct supervision.

## WRISTBAND POLICY

### Orange Wristband:

Children **5 years of age and younger** must be accompanied by a parent/guardian wearing bathing attire, in the water, and within arm's reach. Participants are only allowed in the shallow end and a 2:1 ratio must be maintained.

### Red Wristband:

Children **between 6 and 9 years of age** that are not accompanied by a parent/guardian in the water, requiring that a Facility Swim Test be performed. If the child does not pass the Facility Swim Test admission is denied.

### Yellow Wristband:

Children **between 6 and 9 years of age** that are not able to pass or does not wish to participate in the Facility Swim Test, must be accompanied by a parent/guardian wearing bathing attire, in the water, and within arm's reach. Participants are only allowed in the shallow end and a 2:1 ratio must be maintained (where all participants are wearing lifejackets, this ratio can be increased to 8:1).

### Green Wristband:

Participant who is able to pass the Facility Swim Test may swim in the deep end. Wristband only administered by aquatic staff. All children **under 14 years of age** wishing to swim in the deep end must pass a Facility Swim Test.

### Blue Wristband:

Children **between 10 and 13 years of age** no matter what their swimming ability.

**Wristbands are not required for participants 14 years of age and older.**

## DROP-IN SWIMMING/AQUAFIT/UNDERWATER SPORTS

Swim Membership: For admission seven days a week to all scheduled public swims CITY-WIDE. Aquafit classes and Aqua Rehabilitation are NOT included, please refer to the Fitness Membership page for more options. Annual passes are valid for one year from date of issue.

SWIM							
TEAM	CHILD/ YOUTH 13 & UNDER	TEEN 14/17	ADULT 18-54	ADULT 55+	SMALL GROUP (4 PARTICIPANTS)	FAMILY	PRIVILEGED SENIOR 70+ APPLIES TO SWIM/ SKATE ONLY
<b>Ticket Price</b>	\$2.00	\$2.25	\$2.75	\$2.25	\$8.00 Extra Person \$1.50		Free
<b>Package of 10</b>	\$18.00	\$20.24	\$24.71	\$20.24		\$72.00	Free
<b>Annual</b>	\$72.00	\$80.95	\$98.85	\$80.95		\$288.01	Free
AQUAFIT							
<b>Ticket Price</b>		\$6.50	\$9.00	\$6.75			
<b>Package of 10</b>		\$58.48	\$80.14	\$60.71			
UNDERWATER SPORTS							
<b>Ticket Price</b>		\$2.25	\$9.00	\$6.50			

## AGE CONVERSION CHART

Ready to progress to school age swimming programs? Please see the chart below for what level to register in.



BEACH ADMISSIONS	Daily Entrance	After 5 pm rate	BOAT RENTALS	Cost	Duration	Capacity
Child/Youth (13 and under)	\$2.75	\$2.00	PEDAL BOAT	\$9.50	30 min.	2 or 4 people
Teen (14 to 17 Years)	\$3.00	\$2.25	CANOE	\$6.00	60 min.	2 adults
Adult (18 to 54 Years)	\$4.00	\$2.75	KAYAK	\$8.75	60 min.	1 or 2 people
Adult 55+ (55 to 69 Years)	\$3.25	\$2.25	STAND UP PADDLEBOARD	\$10.25	60 min.	1 person
Privileged Senior (70+ Years)	FREE	FREE	BOAT PERMITS	\$5.30 Daily	\$112.47 Seasonal	
Group of Four	\$11.50	\$6.75				

Annual and/or monthly memberships (fitness, neighbourhood, or swim/skate) are not permitted for use at Professor's Lake Recreation Centre for beach admission.

Beach Admission and Boat Rentals open daily 10 am - 7 pm  
Please note: All hours of operation are weather and conditions permitting



Professor's Lake is Brampton's hidden gem. This 65-acre spring-fed lake, near Bramalea Road and North Park Drive, has been a family destination for over twenty years. This unique recreation centre includes a sandy beach with a lifeguard-supervised swimming area, water slide, beach volleyball courts, a patio, change rooms and snack bar.

Second-floor lake view rooms and patio are available for rent. Exciting outdoor registered programs for participants of all ages are available such as: kayaking, canoeing, stand up paddleboard, fishing, archery, and geocaching. Unique summer camps with the focus on the outdoors, watersports or science are available for campers between the ages of 6 and 18 years.

Please be aware that smoking, barbecues, animals, alcohol, and fishing are not permitted inside the recreation centre or on the beach.

Please note that for safety reasons, all persons entering the beach area must adhere to our current City of Brampton aquatics admissions standards. Visit [www.brampton.ca](http://www.brampton.ca) or see page XX for more details.

# PROFESSOR'S LAKE RECREATION CENTRE

2019 SUMMER HOURS – JULY 1ST TO SEPTEMBER 4TH

# REGISTERED PROGRAMS

IF YOUR SWIMMER...	REGISTER IN	YOUR SWIMMER WILL LEARN TO...	CLASS RATIO
Is ready to enjoy and explore the water with their parent or guardian.	<b>Splash Parent and Tot 1</b> (4 to 12 Months)	Enter the water, get ready to have their face wet and float on their front and back with assistance.	1:12
Is ready to enjoy and explore the water with their parent or guardian.	<b>Splash Parent and Tot 2</b> (12 to 24 Months)	Float on their front and back with assistance, get their face wet and kick on their front and back.	1:12
Is ready to enjoy and explore the water with their parent or guardian.	<b>Splash Parent and Tot 3</b> (2 to 3 Years)	Jump into the water wearing a lifejacket, complete underwater passes and further develop their floats, glides and kicking with assistance.	1:12
Is just starting out on their own and is not yet comfortable in the water.	<b>Little Splash 1</b> (3 to 6 Years)	Blow bubbles, jump into chest deep water with assistance, front/back floats and glides with assistance. Parent participation is optional.	1:4
Has completed Little Splash 1 and/or can put their face in the water.	<b>Little Splash 2</b> (3 to 6 Years)	Jump into chest deep water unassisted, submerge and exhale underwater and float/glide on their front and back while wearing a lifejacket.	1:5
Has completed Little Splash 2 and/or can float/glide on their front and back assisted for 3-5 seconds.	<b>Little Splash 3</b> (3 to 6 Years)	Hold their breath underwater, recover an object in waist deep water, float/glide on their front and back unassisted. Jump into deep water while wearing a lifejacket.	1:5
Has completed Little Splash 3 and/or can float on their front and back for 5 seconds unassisted.	<b>Little Splash 4</b> (3 to 6 Years)	Jump into deep water return and exit, glide on their side and swim front crawl for 5 metres wearing a lifejacket.	1:5
Has completed Little Splash 4 and/or can swim front crawl for 5 metres wearing a PFD and can glide on their side for 3 metres.	<b>Little Splash 5</b> (3 to 6 Years)	Tread water for 10 seconds, swim back crawl for 5 metres and further develop their front crawl for 5 metres. Introduced to whip kick in a vertical position.	1:5
Has completed Little Splash 4 or has no previous swimming ability.	<b>Splash 1</b> (6 to 13 Years)	Put their face in the water, float/glide on their front and back and kick through the water unassisted for 5 metres. Introduced to front and back crawl with a lifejacket.	1:6
Has completed Little Splash 5 or Splash 1 and/or can jump into chest deep water, float, kick and glide on their front and back.	<b>Splash 2A</b> (6 to 13 Years)	Tread water for 10 seconds, kick for 7 metres and further develop their front and back crawl for 5 metres.	1:6
Has completed Splash 2A and/or can tread water for 10 seconds, and swim front and back crawl for 7 metres.	<b>Splash 2B</b> (6 to 13 Years)	Treading water for 20 seconds, kick for 10 metres, whip kick in vertical position and front and back crawl for 10 metres.	1:6
Has completed Splash 2B and/or can tread water for 20 seconds, swim front crawl with regular breathing for 10 metres and back crawl for 10 metres.	<b>Splash 3</b> (6 to 13 Years)	Tread water for 30 seconds, whip kick on their back for 10 metres, front and back crawl for 15 metres.	1:6
Has completed Splash 3 and/or can whip kick on their back for 10 metres and can complete 15 metres of front and back crawl.	<b>Splash 4</b> (6 to 13 Years)	Tread water for 1 minute, front and back crawl for 25 metres, whip kick on front for 15 metres and the Canadian Swim to Survive Standard: roll into deep water, tread water for 1 minute and swim 50 metres.	1:8
Has completed Splash 4 and/or can tread water for 1 minute, swim 25 metres of front and back crawl and whip kick on their front for 15 metres.	<b>Splash 5</b> (6 to 13 Years)	Eggbeater kick for 30 seconds, further develop their front and back crawl for 50 metres and introduced to breaststroke for 25 metres. Introduced to fitness items including sprints and interval training.	1:10
Has completed Splash 5 and/or can eggbeater kick for 30 seconds, swim front and back crawl for 50 metres, and breaststroke for 25 metres.	<b>Splash 6</b> (6 to 13 Years)	Perform legs-only treading water, scissor kick. They will further develop their breaststroke for 50 metres and front/back crawl for 100 metres. Swim 300 metres continuously.	1:10
Can comfortably swim 100 metres or more of front crawl without stopping.	<b>Brampton Lifesaving Club</b> (7 to 17 Years)	Brampton Lifesaving Club is a competitive lifesaving program open to children 7 to 17 years of age who can swim 100 metres or more without stopping. Participants work to develop skills and gain experience in a variety of competitive lifesaving events. Opportunities to compete at Telegames, pool and waterfront competitions occur several times a year.	1:12
Has completed Splash 6 and/or can eggbeater kick and scissor kick, and sprint breaststroke over 25 metres.	<b>Splash 7</b> (6 to 13 Years)	Develop their strokes with 50 metre swims for front crawl, back crawl and breaststroke. They will learn lifesaving skills such as object carry, contacting EMS and treatment of external bleeding.	1:12
Has completed Splash 7 and/or can carry an object (2.3 kg [5lb] object for 15 metres), and complete a 350 metre fitness workout.	<b>Splash 8</b> (6 to 13 Years)	Further develop their lifesaving skills such as underwater searches, timed object support and be introduced to rescue situations.	1:12
Has completed Splash 8 and/or can complete eggbeater kick on their back for 25 metres, support an object (2.3kg [5lb] for 1 minute), and swim 200 metres in 6 minutes or better.	<b>Splash 9</b> (6 to 13 Years)	Swim a 600 metre workout, 300 metre time swim and 25 metres carrying an object. Lifesaving skills taught include: defence methods, victim removals and treatment of bone and joint injuries.	1:12
Has completed Splash 9 and/or can swim 400 metres continuously, and perform 25 metres of whip kick/scissor kick or eggbeater.	<b>Splash 10: Bronze Star</b> (10 to 13 Years)	Support an object (4.5kg [10lbs] for 1 minute), recognition and rescue techniques including CPR, endurance challenge of 400 metres in 12 minutes or better.	1:16
<b>Any swimming ability welcome.</b>	<b>Swimming Family Private Lessons</b>	Family lessons are designed to teach comfort in the water and work towards building swimming skills and strokes, while participating as a family. One instructor will be assigned to each family with a maximum of 5 participants. These lessons are tailored to individuals who are in the following levels: Little Splash 1 - Little Splash 5, Splash 1 - Splash 3, Teen 1 and Adult 1. Aquatic admission standards apply.	1:5



IF YOUR SWIMMER...	REGISTER IN	YOUR SWIMMER WILL LEARN TO...	CLASS RATIO
Has completed Splash 10: Bronze Star and/or is a minimum of 13 years of age and a strong swimmer.	<b>Bronze Medallion with Emergency First Aid</b>	Perform tows/carries, and defence and release methods in preparation for challenging rescues of increased risk involving conscious and unconscious victims of various types. Lifesavers develop stroke efficiency and endurance in a timed swim.	1:16
Has completed Bronze Medallion with Emergency First Aid and CPR B	<b>Bronze Cross with Standard First Aid and CPR C</b>	Perform an endurance challenge of 600 metres in 18 minutes or better, spinal injury management in deep water, recognition and rescue techniques.	1:16
No previous swimming ability required.	<b>Swim to Survive 14+ Years</b>	The Swim to Survive program is a Lifesaving Society survival training program targeted to ensure that participants have the required skills to survive an unexpected fall into water.	1:10
Has limited or no previous swimming ability.	<b>Splash Teen 1 (14 to 17 Years)</b> <b>Splash Adult 1 (18+ Years)</b>	Learn to float and glide on their front and back, flutter kick for 10-15 metres and swim front and back crawl for 10-15 metres.	1:12
Has completed Adult/Teen 1 and/or can swim front and back crawl for 10-15 metres.	<b>Splash Teen 2 (14 to 17 Years)</b> <b>Splash Adult 2 (18+ Years)</b>	Become comfortable in deep water and able to tread water for 1-2 minutes. They will further develop their front and back crawl for 25-50 metres.	1:12
Has completed Adult/Teen 2 and/or can swim breaststroke arms 10 metres, swim 25-50 metres of front and back crawl and tread water for 1-2 minutes.	<b>Splash Teen 3 (14 to 17 Years)</b> <b>Splash Adult 3 (18+ Years)</b>	Enhance their front and back crawl, increase their swimming distance 50-100 metres, and complete a 300 metre workout.	1:12

The City of Brampton is committed to providing environments where learning can occur for all. We recognize that there are times where a single gender environment may provide a better learning opportunity for our residents to succeed. Female lessons conducted by female staff and male lessons conducted by male staff are available at select locations.

For information on private and small group lessons, including dates and times available, please visit [www.brampton.ca](http://www.brampton.ca) or your local recreation centre.

# ELDORADO PARK POOL

Surrounded by natural forest on the banks of the Credit River, Eldorado Park features the City of Brampton's only outdoor pool.

Tucked in the back corner of Eldorado Park, the Eldorado Pool is the perfect place to spend a summer day. Bring your lunch and enjoy the natural scenic surroundings at one of our covered picnic areas.

**Open daily July 2 - September 3, 2019**  
 Monday to Friday: 2 – 6 pm  
 Saturday, Sunday and Holidays: 10 am – 1 pm and 2 pm – 6 pm

The City of Brampton admission rates and aquatic admittance policy will apply.



## Drop-In Aquatic Therapy

Aquatic Therapy programs are offered in warm water pools. The benefits of warm water aquatic therapy include: pain reduction, improvement of circulation, increased relaxation and decreased muscle guarding, and increased exercise tolerance, allowing you to do more.

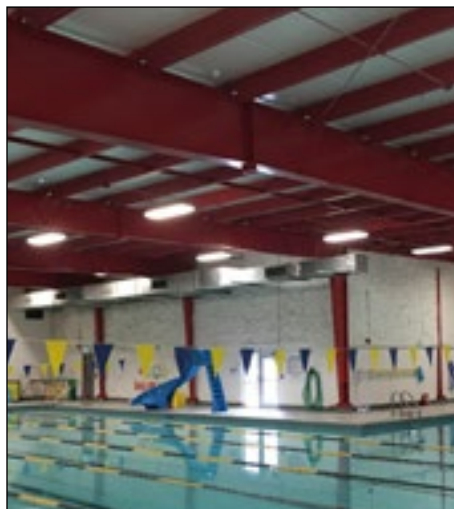
Aquatic Therapy programs can contribute significantly to the maintenance of a healthy, mobile and independent lifestyle. Go online for up-to-date drop-in program schedules.

3-1-1    

[brampton.ca/recreation](http://brampton.ca/recreation) 

**Learn to Swim:** For up-to-date lesson times, locations and fees, and to register, visit [www.brampton.ca](http://www.brampton.ca) or any recreation centre.

### Balmoral Recreation Centre



CENTRE LOCATION	
Balmoral Recreation Centre	225 Balmoral Drive 905.793.8222
AMENITIES	
25 Metres Long 12.8 Metres Wide	1.97 Metres Deep in Shallow End 3.5 Metres Deep in Deep End
ADDITIONAL INFORMATION / PROGRAM INFORMATION	
<b>Opportunities at this facility include:</b> <ul style="list-style-type: none"> <li>Swimming Lessons</li> <li>Public Swims</li> <li>Brampton Lifesaving Club</li> <li>Underwater Hockey and Rugby</li> <li>AquaFit</li> </ul>	<b>Facility amenities include:</b> <ul style="list-style-type: none"> <li>Sauna and hot tub on pool deck</li> <li>Slide</li> <li>Diving Board</li> </ul>
OTHER DETAILS	
Lap Pool Male / Female Change Rooms Parent and Tot; Little Splash 1-5; Splash 1-10; Adult and Teen	Brampton Lifesaving Club practice location

### Cassie Campbell Community Centre

CENTRE LOCATION	
Cassie Campbell Recreation Centre	1050 Sandalwood Parkway W. 905.840.4041
AMENITIES	
25 Metres Long 13 Metres Wide	1.1 Metres Deep in Shallow End 2.8 Metres Deep in Deep End
ADDITIONAL INFORMATION / PROGRAM INFORMATION	
<b>Opportunities at this facility include:</b> <ul style="list-style-type: none"> <li>Swimming Lessons</li> <li>Public Swims</li> <li>Lane Swims</li> <li>Female Only Programs (Swims and Lessons)</li> <li>Brampton Lifesaving Club</li> <li>AquaFit</li> </ul>	<b>Facility amenities include:</b> <ul style="list-style-type: none"> <li>Water Slide</li> <li>Hot tub and Sauna for Fitness Members</li> </ul>
OTHER DETAILS	
Lap and Leisure Pool Family and Male / Female Change Rooms Parent and Tot; Little Splash 1-5; Splash 1-10; Adult and Teen	Brampton Lifesaving Club practice location



### Century Gardens Recreation Centre



CENTRE LOCATION	
Century Gardens Recreation Centre	340 Vodden Street East 905.874.2814
AMENITIES	
23 Metres Long 13.5 Metres Wide	0.76 Metres Deep in Shallow End 1.7 Metres Deep in Deep End
ADDITIONAL INFORMATION / PROGRAM INFORMATION	
<b>Opportunities at this facility include:</b> <ul style="list-style-type: none"> <li>Swimming lessons for all ages</li> <li>Public Swims</li> <li>AquaFit</li> </ul>	<b>Facility amenities include:</b> <ul style="list-style-type: none"> <li>On deck steam room available during any drop-in programs</li> </ul>
OTHER DETAILS	
Leisure Pool Family and Male / Female Change Rooms Parent and Tot; Little Splash 1-5; Splash 1-10; Adult and Teen	

**Learn to Swim:** For up-to-date lesson times, locations and fees, and to register, visit [www.brampton.ca](http://www.brampton.ca) or any recreation centre.

## Chinguacousy Wellness Centre



CENTRE LOCATION	
Chinguacousy Wellness Centre	995 Peter Robinson Blvd. 905.789.6111
AMENITIES	
25 Metres Long 14 Metres Wide	0.95 Metres Deep in Shallow End 1.4 Metres Deep in Deep End
ADDITIONAL INFORMATION / PROGRAM INFORMATION	
<b>Opportunities at this facility include:</b> <ul style="list-style-type: none"> <li>Swimming lessons</li> <li>Leisure Pool</li> <li>Therapy Pool</li> <li>Registered Aqua Therapy Programs include: Arthritis, Shoulders Back and Core, Hip and Knees and Yoga in the Water</li> <li>Female only programs (swims and lessons)</li> </ul>	<b>Facility amenities include:</b> <ul style="list-style-type: none"> <li>Warm water therapy pool with hydrotherapy jets for drop-in and registered programming.</li> <li>Shallow water teaching steps for lessons</li> <li>Access to fitness centre with hot tub, sauna and corresponding change rooms (with valid membership)</li> </ul>
OTHER DETAILS	
Therapy and Lap Pool Family Change Room(s) Parent and Tot 1-3, Little Splash 1-5, Splash 1-9	

## Chris Gibson Recreation Centre

CENTRE LOCATION	
Chris Gibson Recreation Centre	125 McLaughlin Road North 905.874.2820
AMENITIES	
10 Metres Long 4 Metres Wide	0.8 Metres Deep in Shallow End 1.35 Metres Deep in Deep End
ADDITIONAL INFORMATION / PROGRAM INFORMATION	
<b>Opportunities at this facility include:</b> <ul style="list-style-type: none"> <li>Swimming lessons</li> <li>Public Swims</li> <li>Aqua Therapy</li> <li>Aqua Rehab</li> <li>Aqua Fitness</li> <li>Male Only Swims</li> </ul>	<b>Facility amenities include:</b> <ul style="list-style-type: none"> <li>Ramp for accessibility access into the pool</li> <li>Sauna on deck</li> <li>Hot Tub on deck</li> <li>Warm water pool</li> </ul>
OTHER DETAILS	
Therapy and Lap Pool Family Change Room(s) Parent and Tot 1-3, Little Splash 1-5, Splash 1-9	



## Earncliffe Recreation Centre



CENTRE LOCATION	
Earncliffe Recreation Centre	44 Eastbourne Drive 905.792.2224
AMENITIES	
23 Metres Long 11 Metres Wide	0.85 Metres Deep in Shallow End 2.9 Metres Deep in Deep End
ADDITIONAL INFORMATION / PROGRAM INFORMATION	
<b>Opportunities at this facility include:</b> <ul style="list-style-type: none"> <li>Swimming Lessons</li> <li>Recreational Swims</li> <li>Aquafitness</li> </ul>	<b>Facility amenities include:</b> <ul style="list-style-type: none"> <li>Sauna on pool deck</li> </ul>
OTHER DETAILS	
Lap Pool Family and Male / Female Change Rooms Parent and Tot; Little Splash 1-5; Splash 1-10; Adult and Teen	



**Learn to Swim:** For up-to-date lesson times, locations and fees, and to register, visit [www.brampton.ca](http://www.brampton.ca) or any recreation centre.

### Ellen Mitchell Recreation Centre



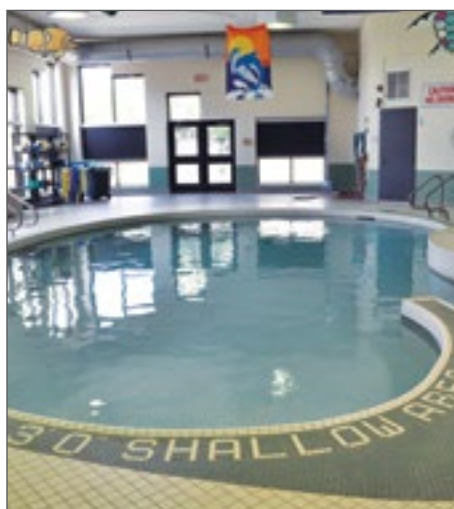
CENTRE LOCATION	
Ellen Mitchell Recreation Centre	922 North Park Drive 905.791.4811
AMENITIES	
18 Metres Long 10 Metres Wide	0.8 Metres Deep in Shallow End 1.6 Metres Deep in Deep End
ADDITIONAL INFORMATION / PROGRAM INFORMATION	
<b>Opportunities at this facility include:</b> <ul style="list-style-type: none"> <li>Swimming Lessons</li> <li>Public Swims</li> <li>Female only programs (swims and lessons)</li> </ul>	<b>Facility amenities include:</b> <ul style="list-style-type: none"> <li>Leisure Pool</li> <li>Sauna on deck</li> <li>Hot tub</li> <li>Slide</li> <li>On deck viewing area</li> </ul>
OTHER DETAILS	
Leisure Pool Family and Male / Female Change Rooms Parent and Tot; Little Splash 1-5; Splash 1-10; Adult and Teen	

### Gore Meadows Community Centre

CENTRE LOCATION	
Gore Meadows Community Centre	10150 The Gore Road 905.874.3477
AMENITIES	
25 Metres Long 20.2 Metres Wide	1.2 Metres Deep in Shallow End 2.75 Metres Deep in Deep End
ADDITIONAL INFORMATION / PROGRAM INFORMATION	
<b>Opportunities at this facility include:</b> <ul style="list-style-type: none"> <li>Swimming Lessons</li> <li>Public Swims</li> <li>Aquafit</li> <li>Lane Swims</li> </ul>	<b>Facility amenities include:</b> <ul style="list-style-type: none"> <li>Accessible pools</li> <li>Spray features</li> <li>Water slide</li> <li>Steam rooms in fitness changerooms (with valid membership)</li> </ul>
OTHER DETAILS	
Lap and Leisure Pool Universal Change Room(s) Parent and Tot; Little Splash 1-5; Splash 1-10; Adult and Teen	



### Jim Archdekin Recreation Centre



CENTRE LOCATION	
Jim Archdekin Recreation Centre	292 Conestoga Drive 905.840.1023
AMENITIES	
10 Metres Long 5.5 Metres Wide	0.91 Metres Deep in Shallow End 1.47 Metres Deep in Deep End
ADDITIONAL INFORMATION / PROGRAM INFORMATION	
<b>Opportunities at this facility include:</b> <ul style="list-style-type: none"> <li>Swimming Lessons</li> <li>Public Swims</li> <li>Parent and Child Public Swims</li> <li>Therapeutic Swims</li> <li>Aqua Rehabilitation Programs</li> </ul>	<b>Facility amenities include:</b> <ul style="list-style-type: none"> <li>Warm water pool with jets for drop-in therapy programs</li> <li>Sauna and hot tub on pool deck</li> </ul>
OTHER DETAILS	
Leisure Pool Male / Female Change Rooms Parent and Tot; Little Splash 1-5; Splash 1-2B	

**Learn to Swim:** For up-to-date lesson times, locations and fees, and to register, visit [www.brampton.ca](http://www.brampton.ca) or any recreation centre.

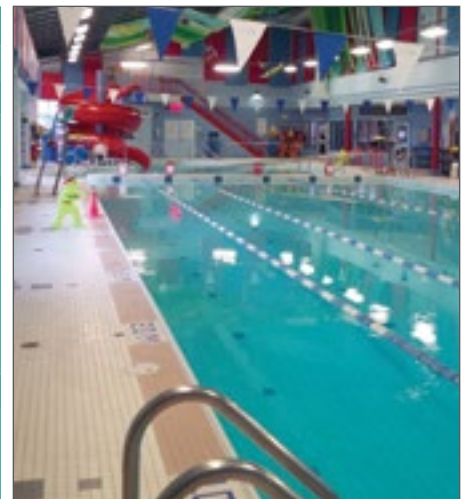
## Loafer's Lake Recreation Centre



CENTRE LOCATION	
Loafer's Lake Recreation Centre	30 Loafer's Lake Lane 905.846.2370
AMENITIES	
20 Metres Long 8.4 Metres Wide	0.76 Metres Deep in Shallow End 1.7 Metres Deep in Deep End
ADDITIONAL INFORMATION / PROGRAM INFORMATION	
<b>Opportunities at this facility include:</b> <ul style="list-style-type: none"> <li>Swimming Lessons</li> <li>Public Swims</li> <li>Female Only Swimming Lessons</li> <li>Aquafit</li> </ul>	<b>Facility amenities include:</b> <ul style="list-style-type: none"> <li>Duck slide</li> <li>Slide</li> <li>Hot tub on pool deck</li> <li>Sauna in male and female change rooms</li> </ul>
OTHER DETAILS	
Leisure Pool Male / Female Change Rooms Little Splash 1-5; Splash 1-9; Adult and Teen	

## South Fletcher's Sportsplex

CENTRE LOCATION	
South Fletcher's Sportsplex	500 Ray Lawson Boulevard 905.874.2856
AMENITIES	
25 Metres Long 10.9 Metres Wide	1 Metre Deep in Shallow End 2 Metres Deep in Deep End
ADDITIONAL INFORMATION / PROGRAM INFORMATION	
<b>Opportunities at this facility include:</b> <ul style="list-style-type: none"> <li>Swimming Lessons</li> <li>Public Swims</li> <li>Brampton Lifesaving Club</li> <li>Aquafit</li> <li>Female only programs (swims and lessons)</li> </ul>	<b>Facility amenities include:</b> <ul style="list-style-type: none"> <li>Sauna and hot tub on pool deck</li> <li>2-Storey water slide</li> </ul>
OTHER DETAILS	
Lap and Leisure Pool Family and Male / Female Change Rooms Parent and Tot; Little Splash 1-5; Splash 1-10; Adult and Teen	



# Drop-in Swimming Programs

For up-to-date drop-in program schedules and fees please visit [www.brampton.ca/dropinfilter](http://www.brampton.ca/dropinfilter)

# LEARN TO SWIM

For up-to-date lesson times, locations and fees, and to register, visit [www.brampton.ca](http://www.brampton.ca) or any recreation centre.